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# Breakwater Launches Virtual Lunch and Learn Series

## Winnebago Recovers Series Focuses on Substance Use and Opioid Response

**OSHKOSH, Wis. (February 25, 2022)** – Breakwater, Winnebago County's substance use prevention coalition, will be holding a virtual lunch and learn series, focusing on substance use and the opioid response in Winnebago County. The series is intended for everyone impacted by substances and anyone interested in seeing Winnebago County grow and thrive as a recovery-friendly community.

"Everyone in our community has been impacted in some form by substance use," said Hannah Wilz, Breakwater Coordinator for the Winnebago County Health Department. "We hope this series, which has been a collaborative community effort, will connect everyone with the appropriate resource tools when needed."

This FREE lunch and learn series is open to everyone and will be held virtually on Tuesdays beginning March 1, 2022 from Noon to 1:00 p.m. Dates and topics for the series can be found below.

March 1: **Resource Navigation & Family/Friend Support**

March 8: **Breakwater: Prevention Coalition**

March 15: **Harm Reduction**

March 29: **Treatment**

April 5: **Recovery & Housing**

April 12: **Peer Support**

Community members can register for the entire series or just the dates or topics they are interested in by visiting <https://wchd.pub/wcrecovers>.

If you have any questions, or want more information on Breakwater or substance use in Winnebago County, please contact the Winnebago County Health Department at 920-232-3000, or visit [www.breakwaterwi.org](http://www.breakwaterwi.org).

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