



# Which Long-Term Care Program Is Best for Me?

## Which statement best describes YOU...

I would like to have help in getting the services I need.

I would like to manage my own services and supports.

I would like to have help to coordinate my long-term care services. I want to use Medicare or Medicaid to pay for my doctor and my medications.

I would like to direct my own care and have the help of a care team. I want to self-direct all, or some of my services within a budget, allowing me to recruit, hire and schedule services I choose. I want to leave management of some of my services to my care team. Family, friends and others may help me self-direct.

I would like to be in charge of and be responsible for all of my long-term care services. An IRIS consultant and a fiscal employer agent will help me. Within a budget I am allowed to recruit, hire, and schedule my long-term care providers and services, or I may purchase services from an agency. Family, friends and others may help me self-direct.

Tell Me More about...  
**Family Care**

Tell Me More about...  
**Self-Directed Supports in Managed Long-Term Care**

Tell Me More about...  
**IRIS (Include, Respect, I Self-Direct)**







# Key Questions:

## Highlighting differences between options for self-direction in Family Care / Partnership / PACE and IRIS

*This document answers key questions that highlight differences between self-directing one's services and supports in Family Care, Partnership and Program of All-Inclusive Care for the Elderly (PACE), and IRIS (Include, Respect, I Self-Direct).*

### Key Question: How much of my services can I self-direct?

#### Family Care/Partnership/PACE (managed long-term care)

Individuals who select Family Care, Partnership or PACE can also choose to self-direct many of their services and supports or they can choose to direct only the services and supports they selected.

The managed care organization (MCO) will continue to manage any services the individual does not choose to self-direct. Please note that family, friends and others may help.

#### IRIS (Include, Respect, I Self-Direct)

Individuals who choose IRIS, self-direct all of their long-term care services and supports. Family, friends, their IRIS consultant, and others may help.

The individual will be able to access services and supports available through the Medicaid card and include these services in their support and service plan.

Individuals eligible for personal care services may choose whether to self-direct personal care or use their Medicaid card to access personal care through an agency.

### Key Question: How are services paid?

#### Family Care/Partnership/PACE (managed long-term care)

A fiscal intermediary uses dollars allocated by the managed care organization to pay all claims that are listed on the individual's Self-Directed Service (SDS) plan after the individual authorizes the payment.

#### IRIS (Include, Respect, I Self-Direct)

The IRIS fiscal employer agent (FEA) pays all claims that are listed on the service and support plan after the individual approves the payment.



## Key Question: How is a service and support plan developed?

### Family Care/Partnership/PACE (managed long-term care)

During the assessment process, individuals identify the services and supports they would like to self-direct. Based on what it would otherwise pay for that set of services, the MCO's interdisciplinary care management team designates an amount of money the individual can use to pay for services and supports. Individuals create a Self-Directed Service (SDS) plan that outlines how they will direct those services and supports.

This "SDS Plan" is approved by the individual's care management team.

The interdisciplinary care management team will continue to manage any services and supports the individual does not choose to self-direct.

### IRIS (Include, Respect, I Self-Direct)

The ADRC informs individuals of their monthly budget estimate during enrollment counseling. Within their monthly budget amount, and with the help of a chosen IRIS consultant, individuals create their own plan of services and supports. The IRIS consultant agency (ICA) approves the support and service plan. Individuals have access to a wide range of services including a service option called "Customized Goods and Services." Individuals may apply to the Department of Health Services for adjustments to their budget amount if they are not able to develop a cost effective support and service plan within the initial monthly budget estimate.

If you choose to also self-direct personal care, a separate budget will be developed using the Personal Care Screening Tool. The personal care budget is in addition to your IRIS budget.

## Key Question: Can my family and friends be paid to provide care?

### Family Care/Partnership/PACE (managed long-term care)

The individual can select their own workers, including family, friends and neighbors. These individuals must meet qualification requirements including background checks and attend any required training.

### IRIS (Include, Respect, I Self-Direct)

The individual can select their own workers, including family, friends and neighbors. These individuals must meet qualification requirements including background checks and attend any required training.

## Key Question: Do I have to hire my workers directly?

### Family Care/Partnership/PACE (managed long-term care)

The individual can employ workers directly or use a co-employment agency that would offer help with recruiting, screening, hiring, training and firing workers. Individuals may also purchase services and supports through an agency.

### IRIS (Include, Respect, I Self-Direct)

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# Covered Services ...in Wisconsin's Long-Term Care Programs

The following chart is a **partial** listing of long-term care and health related services. The chart indicates whether the service is included in the specific program's benefit package. The services that a person actually receives are based on assessed needs and other program specific requirements. Some services may require prior authorization.

Long-Term Care Service	Family Care*	IRIS**	Medicaid "ForwardHealth" Card
<b>Service Coordination / Care Management</b>	Included: you will work with a nurse and a care manager	Included: you will work with an IRIS consultant and a Fiscal Employer Agent to help you manage your services	
<b>Home Health or Personal Care</b>	Included	<i>Choose to use your Medicaid "ForwardHealth" Card to purchase this service or self-direct this service</i>	Included
<b>"Supportive Homecare"</b> This includes assistance with daily activities and tasks such as eating and grooming; and assistance with household tasks, for example, meal preparation, laundry and house cleaning.	Included	Included	
<b>Nursing Home</b>	Included	<i>Use your Medicaid "ForwardHealth" Card***</i>	Included
<b>Assisted Living / Residential Care Services</b>	Included, but limited	Included in part***	
<b>Adult Day or Respite Care</b>	Included	Included	



**Long-Term Care Service**

**Family Care\***

**IRIS\*\***

**Medicaid "ForwardHealth" Card**

Home Delivered Meals

Included

Included

Home Modifications

Included

Included

Non-Medical Transportation

Included

Included

Medical Transportation

Included

*Use your Medicaid "ForwardHealth" Card*

Included

Hospice

*Coordinated by the MCO and/or paid for using your Medicare or "ForwardHealth" Card*

*Use your Medicare and/or Medicaid "ForwardHealth" Card to purchase this service*

Included

Wheelchairs and other equipment

Included

*Use your Medicaid "ForwardHealth" Card*

Included

Adult diapers, gloves, and other medical supplies

Included

*Use your Medicaid "ForwardHealth" Card*

Included

Mental Health, Mental Health Day Treatment and Community Support Programs (CSP)

Included

*Use your Medicaid "ForwardHealth" Card*

Included

Counseling and Therapeutic Services

Included

Included

Included

Alcohol and Drug Treatment

Included

*Use your Medicaid "ForwardHealth" Card*

Included

Daily Living Skills Training

Included

Included

Communication Aids / Interpreter

Included

Included

Employment Services

Included

Included

Customized goods and services

Included

