# Tobacco Use and Winnebago County High School Students

### What is the problem?

- **36.6%** of students reported that they have tried cigarette smoking.
- 9.5% of students reported that they smoked a whole cigarette for the first time before age 13 years.
- **18.4%** of students reported that they smoked a cigarette during the past 30 days.
- Among students who reported current cigarette use, 2.1% smoked more than 10 cigarettes per day on the days they smoked.
- 7.0% of students reported that they smoked a cigarette on school property during the past 30 days.
- 13.5% of students reported that they smoked cigarettes daily, that is, at least one cigarette every day for 30 days.
- 11.8% of students reported that they have tried to quit smoking cigarettes at least once over the last 12 months.
- 7.0% of students reported that they used chewing tobacco, snuff, or dip during the past 30 days.
- 14.4% of students reported that they smoked a cigar, cigarillo, or little cigar during the past 30 days.

## What are the solutions?

K-12 skill-based health education Ban all tobacco use 24/7 at all school functions Evidence-based tobacco prevention programs Access to cessation programs Peer education programs and advocacy Trained staff

Coordination of school and community-based efforts Regular assessment of tobacco control and prevention efforts

#### What are some resources to help address the problem?

- Centers for Disease Control Smoking and Tobacco Use <u>http://www.cdc.gov/tobacco/index.htm</u>
- Center for Tobacco Research and Intervention <u>http://www.ctri.wisc.edu/</u>
- Tobacco Control Resources for Wisconsin <u>http://www.tobwis.org/</u>
- Wisconsin Tobacco Prevention and Control Program <a href="http://dhs.wisconsin.gov/tobacco/">http://dhs.wisconsin.gov/tobacco/</a>
- CDC Division of Adolescent and School Health http://www.cdc.gov/HealthyYouth/tobacco/index.htm

#### Wisconsin Resources

- DPI School Tobacco Prevention Program <u>http://dpi.wi.gov/sspw/tobaccoprog.html</u>
- Resources for School Tobacco Programs: A Selected List (2007 Edition) <u>http://dpi.wi.gov/sspw/pdf/tobaccoprograms.pdf</u>
- School Tobacco Policy Resources <u>http://dpi.wi.gov/sspw/tsignage.html</u>
- Wisconsin Success Stories Tobacco Free Youth <u>http://dpi.wi.gov/sspw/pdf/tobfreeyouth.pdf</u>
- CESA Safe and Healthy Schools Network <u>http://www.cesa6.org</u>