## **Tobacco Use and Winnebago County High School Students**

## What is the problem?

- 32.5% of students reported that they have tried cigarette smoking.
- **7.8%** of students reported that they smoked a whole cigarette for the first time before age 13 years.
- **15.0%** of students reported that they smoked a cigarette during the past 30 days.
- Among students who reported current cigarette use, 3.1% smoked more than 10 cigarettes per day on the days they smoked.
- **5.2%** of students reported that they smoked a cigarette on school property during the past 30 days.
- **12.0%** of students reported that they smoked cigarettes daily, that is, at least one cigarette every day for 30 days.
- **9.8%** of students who smoke reported that they have tried to quit smoking cigarettes at least once over the last 12 months.
- **6.0%** of students reported that they used chewing tobacco, snuff, or dip during the past 30 days.
- **9.2%** of students reported that they smoked a cigar, cigarillo, or little cigar during the past 30 days.

## What are the solutions?

K-12 skill-based health education
Ban all tobacco use 24/7 at all school functions
Evidence-based tobacco prevention programs
Access to cessation programs
Peer education programs and advocacy
Trained staff
Coordination of school and community-based efforts
Regular assessment of tobacco control and prevention efforts

What are some resources to help address the problem?

- Centers for Disease Control Smoking and Tobacco Use http://www.cdc.gov/tobacco/index.htm
- Center for Tobacco Research and Intervention <a href="http://www.ctri.wisc.edu/">http://www.ctri.wisc.edu/</a>
- Tobacco Control Resources for Wisconsin <a href="http://www.tobwis.org/">http://www.tobwis.org/</a>
- Wisconsin Tobacco Prevention and Control Program <a href="http://dhs.wisconsin.gov/tobacco/">http://dhs.wisconsin.gov/tobacco/</a>
- CDC Division of Adolescent and School Health http://www.cdc.gov/HealthyYouth/tobacco/index.htm

## **Wisconsin Resources**

- DPI School Tobacco Prevention Programhttp://sspw.dpi.wi.gov/sspw\_tobaccoprog
- Resources for School Tobacco Programs: A Selected List (2007 Edition) http://sspw.dpi.wi.gov/files/sspw/pdf/tobaccoprograms.pdf
- School Tobacco Policy Resources <a href="http://sspw.dpi.wi.gov/sspw\_tsignage">http://sspw.dpi.wi.gov/sspw\_tsignage</a>
- Wisconsin Success Stories Tobacco Free Youth <a href="http://sspw.dpi.wi.gov/files/sspw/pdf/tobfreeyouth.pdf">http://sspw.dpi.wi.gov/files/sspw/pdf/tobfreeyouth.pdf</a>
- Wisconsin Safe & Healthy Schools Center <a href="http://www.wishschools.org">http://www.wishschools.org</a>
- CESA6 Safe and Healthy Schools Network http://www.cesa6.org