

Winnebago Aging & Disability Resource Center Newsletter

220 Washington Ave, Oshkosh 211 N. Commercial St, Neenah
877-886-2372

Email: adrc@co.winnebago.wi.us
Website: www.co.winnebago.wi.us/adrc



September 2021

Are You a Caregiver?

Are you a friend, family member, paid caregiver, or a significant other that provides care to an individual that needs help with daily tasks such as medication management, financial assistance, transportation, or help with getting groceries?? If yes, then you can consider yourself a caregiver. A caregiver is someone that provides care to an individual that can no longer carry out some or many daily tasks without assistance. Many of us do not realize that we are caregivers. We think that we are simply doing what needs to be done for someone we care about. We all are caregivers at some point in our lives, whether it's your job to provide care to individuals, or caring for your children, parents, friends, or spouses. Sometimes caregiving can become very overwhelming and stressful. It can wear on us physically and/or mentally. As a caregiver you need to remember to take care of yourself before taking care of others. The ADRC has a great opportunity for those looking to learn about how to reduce stress, guilt, anger, and depression related to caregiving. The workshop is called **Powerful Tools for Caregivers**. It is a 6-week workshop that teaches you how to take care of yourself while caring for someone else. You will be given tools on how to manage your time, set goals, and solve problems. This workshop is free and when you register you will receive a book. The workshop will be held at the Senior Center in Oshkosh starting Thursday October 14th 10:30-12pm and will go through November 18th. If you would like to register or have any questions, please contact Alisa at 920-236-1227 or email arichetti@co.winnebago.wi.us

Meet the Team



Beth Roberts
Division Manager

Hello. I am Beth Roberts and have been the ADRC Director for the past five years. I have worked for Winnebago County Human Services for about

28 years. I started as a Service Coordinator for people with developmental disabilities. Since then, I have worked with Adult Protective Services, Adult Foster Care, Children's Long-Term Support and Early Intervention. I also worked for Parents Advocating for Children's Educational Rights, the State of Minnesota and the State of Wisconsin, all involving people with disabilities. I really enjoy the variety of what I am currently involved with, the ability to be an advocate and the people I work with.

When I am not working, my favorite things to do are in or on the water, including fishing, boating water skiing and swimming. Luckily, I have lived in "Oshkosh on the Water" most of my adult life. I also like to listen to live music and watch sporting events. Sketching and photography are other interests of mine. In addition to being on the water, I find working outside relaxing. I have two cats and an adult son who are also part of my life.

SQUASH CASSEROLE

INGREDIENTS

4 tbsp. butter, divided
2 lb. yellow squash, sliced into 1/2" coins
1 onion, chopped
2 cloves garlic, minced
Kosher salt
Freshly ground black pepper
1/4 tsp. cayenne pepper
2 large eggs
1/2 c. sour cream
1/4 c. mayonnaise
1 1/2 c. shredded Cheddar
1c. freshly grated Parmesan
2 sleeves Ritz crackers, crushed

DIRECTIONS

Preheat oven to 350° and lightly grease a medium casserole dish. In a large skillet over medium heat, melt 2 tablespoons butter. Add the squash and onion and cook, stirring often, until the squash is tender, about 8 minutes. Stir in garlic and season with salt, pepper and cayenne pepper. Transfer mixture to a colander set over a bowl and let drain for 5 minutes. Discard liquid.

In a large bowl, whisk together eggs, sour cream, and mayonnaise. Stir in cheddar and Parmesan and season mixture with salt and pepper. Gently fold in squash mixture then transfer mixture to the prepared baking dish. Melt remaining 2 tablespoons of butter and toss with Ritz crackers. Sprinkle cracker mixture over casserole. Bake until golden and bubbly, about 20 minutes.



Saturday, September 4, 2021

10:00am-4pm (or until out)

\$8/Adults \$5/Children

Located at: 130 W Larrabee St. Omro

Donations/Questions please call (920)685-0380 ext. 21



Wellness Plus

Evidenced Based Classes for 2021

Stepping On

Register by calling 920-232-3000

Oshkosh| Seniors Center| Sept 9- Oct 20, Thurs, 1-3pm

Tai Chi

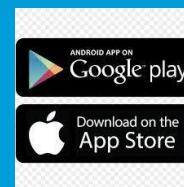
Register by calling 920- 886-6060

Neenah| Memorial Park| Sept 13-Oct 21, Mon & Thurs, 1-2pm

Strong Bodies

Register by calling 920-232-3000

Oshkosh Sunnyview | Sept 7- Dec 2, Tues & Thurs, 9-10am
Neenah| YMCA| Sept 7-Nov 30, Tues & Thurs, 10-11am



Oshkosh Police partner with Relay app for non-emergency reports

This new crime reporting mobile app will allow residents to report non-emergencies directly to patrol officers in real-time. For more questions, contact the Oshkosh Police Department at 920-236-5700.

Upcoming September Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 SPARK! The Building for Kids Children's Museum 1:00pm	2 FVMP Memory Café River Thyme Bistro 1:30pm Virtual ADRC Caregiver Support Group 3:30pm-4:30pm Omro Night Market 4pm-7pm	3	4 Appleton Farmers Market 8am-12:30pm Neenah Farmers Market 8am-12pm Oshkosh Farmers Market 8-am12pm
5	6 Labor Day 	7 TLC Caregiver Support Group 1pm Caregiver Support Group 2:30pm Oshkosh Committee on Aging 8am	8 "Culture and Equity in Dementia Care" Class (read more in newsletter) 1pm-2pm FVMP Memory Café Mosquito Hill 1:30pm	9 Virtual ADRC Caregiver Support Group 3:30pm-4:30pm Omro Night Market 4pm-7pm	10 Menasha Committee on Aging 1pm	11 Appleton Farmers Market 8am-12:30pm Neenah Farmers Market 8am-12pm Oshkosh Farmers Market 8-am12pm "Love Survives the Fog" Play (read more in newsletter)
12 Grandparent's Day 	13 FVMP Virtual Chair Yoga 11am "Culture and Equity in Dementia Care" Class (read more in newsletter) 1pm-2:30pm SPARK! The Trout Museum of Art 1pm FVMP Memory café Kaukauna Public Library 1:30pm Memory Care Respite Neenah 1:30pm-3:30pm	14 SPARK! Bergstrom Mahler Museum, Neenah 10:30am	15 FVMP Virtual memory Café 1:30pm	16 Virtual Kairos Alive 1:30pm FVMP Memory Café River Thyme Bistro 1:30pm ADRC In-Person Caregiver Support Group 3:30-4:30pm Omro Night Market 4pm-7pm	17	18 Appleton Farmers Market 8am-12:30pm Neenah Farmers Market 8am-12pm Oshkosh Farmers Market 8-am12pm
19	20 FVMP Virtual Chair Yoga 11am FVMP Memory Café Neenah Public Library 1:30pm ADRC Committee Meeting 3pm 	21 TLC Caregiver Support Group 1pm "Culture and Equity in Dementia Care" Class (read more in newsletter) 6pm-7pm World Alzheimer's Day 	22	23 Virtual Kairos Alive 1:30pm Virtual ADRC Caregiver Support Group 3:30pm-4:30pm Omro Night Market 4pm-7pm	24	25 Appleton Farmers Market 8am-12:30pm Neenah Farmers Market 8am-12pm Oshkosh Farmers Market 8-am12pm Oshkosh: Alzheimer's Association Walk, Menominee Park Start: 8:30am Walk: 10am (read more in newsletter)
26	27 FVMP Virtual Chair Yoga 11am FVMP Memory Café Oshkosh 20 th YMCA 1:30pm	28 "Culture and Equity in Dementia Care" Class (read more in newsletter) 6pm-7pm	29 SPARK! Paine Art Center Oshkosh 1pm FVMP Memory Café Kimberly Municipal Complex 1:30pm	30 Virtual Kairos Alive 1:30pm Virtual ADRC Caregiver Support Group 3:30pm-4:30pm Omro Night Market 4pm-7pm Welcome to Medicare via zoom at 5:30pm		

- Please view our online calendar for additional events:
www.co.winnebago.wi.us/adrc/dementia-and-alzheimer-resources/event-calendar/month

Calendar Contact Information:

- Fox Valley Memory Project (FVMP) Memory Café & TLC Caregiver Support Group & Virtual Chair Yoga
 - Contact Harper: 920-225-1711 or harper@foxvalleymemoryproject.org
- YMCA Memory Café
 - Contact Siri: sirismits@oshkoshymca.org
- Men's Support Group and Caregiver Support Group
 - Contact Walt: 920-277-8965 or wzerrenner@gmail.com
- ADRC Caregiver Support Group
 - Contact Alisa Richetti: 920-236-1227 or arichetti@co.winnebago.wi.us
- Alzheimer's/Dementia Support Group
 - Contact Bethel Home – Joan Keltesch (920) 232-5214
- Virtual Kairos Alive (Interactive music and dance program for individuals with memory loss)
 - Contact: Email info@kairosalive.org to sign up
- SPARK!
 - Paine Art Center, Oshkosh: 920-235-6903
 - Bergstrom Mahler Museum, Neenah: 920-751-4658
- Memory Care Respite
 - Contact: 920-383-1180 or memorycarerespite@gmail.com
- Winnebago County Human Services (WCHS) Board Meeting
 - Contact Pam: PBartelt@co.winnebago.wi.us
- ADRC Committee Meeting: Contact ADRC@co.winnebago.wi.us
- Neenah Committee on Aging: Contact ckasimor@ci.neenah.wi.us
- Menasha Committee on Aging: Contact msackett@ci.menasha.wi.us
- Oshkosh Committee on Aging: Contact judy.richey@aol.com



THE LARSEN WINCHESTER LIONS CLUB NEEDS YOUR DONATIONS!!!

The Larsen Winchester Lions Club needs wheelchairs and electric scooters. If you have any laying around and would like to get rid of them please consider donating.

They are open on Tuesdays 9am-11am or Saturdays 9am-11am. Donations can also be left outside the loading dock door during non-business hours. Please do not leave donations on rainy/snowy days.

Name change!

FISC

(Financial Information & Service Center)
is now called:

Goodwill - Financial & Debt Solutions

- What do they offer? Financial counseling can help you get a better handle on your financial situation and how you can improve it. They provide help with budgeting and debt counseling.
- Free initial consult
- Face to face or over the phone
- (800) 366-8161
- <https://www.goodwillncw.org/financial-and-debt-solutions/financial-counseling/>



Dementia Resources

Cultura y Equidad en el cuidado de demencia Septiembre 2021

Dos talleres virtuales gratis para concientizar al público sobre la perspectiva cultural Latina sobre la demencia en Wisconsin.

Aprendiendo de la comunidad Latina en Wisconsin



Martes, 21 de Septiembre, 2021 (Español)

o

**Martes, 28 de Septiembre, 2021 (Inglés)
De 6:00 a 7:00 P.M.**

Únase a la exploración de las perspectivas sobre la demencia en las comunidades Latinas en Wisconsin.

Conferencista: Al Castro

Al Castro, MS, CSW, dirige el departamento de Estudios Científicos sobre la salud al igual que el Centro Geriátrico Latino Clínica de Memoria de el Centro de la Comunidad Unida (UCC) en Milwaukee, Wisconsin. La organización UCC proporciona programas a los hispanos y a los residentes de todas las edades en las áreas de educación, artes culturales, recreación, desarrollo comunitario y servicios humanos y de salud.



UCC ayuda a las personas a alcanzar su potencial centrándose en el patrimonio cultural como un medio para fortalecer el desarrollo personal y promoviendo altos estándares académicos en todos sus programas educativos.

Regístrese Aquí: bit.ly/dac0921 (en Español) o <http://bit.ly/dac0928> (Inglés) o llame 800-272-3900

Patrocinadores de este:



Culture And Equity in Dementia Care September 2021

A free series of virtual classes to increase cultural awareness of Dementia from the Latino, Native American, and Black Communities Perspective in Wisconsin.

Learning from Wisconsin's Black Communities

Wednesday, September 8, 2021 at 1:00 PM- 2:00 PM

Join us to explore dementia issues from the perspective of Wisconsin's Black Communities. **Presenter: Gina Green Harris**

Register: bit.ly/dac0908 or call 800-272-3900



Learning from Wisconsin's Tribal Communities

Monday, September 13, 2021 at 1:00 PM- 2:30 PM

Join us to explore dementia issues from the perspective of Wisconsin's Tribal Communities. **Presenters: Mary Wolf & Elaina Seep**

Register: bit.ly/dac0913 or call 800-272-3900



Learning from Wisconsin's Latino Community

Tuesday, Sept. 21, 2021 (en Español), 6:00 PM- 7:00 PM

Tuesday, Sept. 28, 2021 (English), 6:00 PM- 7:00 PM

Join us to explore dementia issues from the perspective of Wisconsin's Latino Communities. **Presenter: Al Castro**

Register: bit.ly/dac0921 (en Español) or <http://bit.ly/dac0928> (English) or call 800-272-3900



Event Sponsors:



On Saturday, September 11 at 2:00 pm at the Fox Cities Performing Arts Center, Family Caregivers Rock will be granting John Weyers' wish. The one-act educational play, *Love Survives in the Fog*, that John wrote gives a glimpse into his loving journey as a family caregiver as well the journey of a loved one living with dementia.

John Weyers had a 30-year career as a nurse in long-term care working with residents living with dementia. When John retired, he never anticipated a 15-year journey as a personal caregiver for his wife, Doris. He finds therapeutic value in journaling and writing about his journey of caring for someone living with dementia. Although this is the first play John has written, he is a published collaborative author in two family caregiving books. John and Doris have been married 51 years and have five children Linda, Barbara, Jim, Lisa, and Jonathan. John is known for his positive attitude and he shares, "Underneath the confusion and anxiety of dementia, love still lives and is felt, if we look and listen for it."

LOVE SURVIVES IN THE FOG

A One Act Memory Care Play written by John Weyers ©2020

Followed by a short discussion facilitated by Mosaic Family Health



Saturday, September 11, 2021
2:00 pm Matinee
Kimberly Clark Theater
Fox Cities Performing Arts Center

Reserved seats available for a \$20 donation at FamilyCaregiversRock.org or FoxValleyMemoryProject.org



CULTURAL PROGRAMS THAT ENGAGE AND INSPIRE!



SPARK! is a cultural program for people with memory loss and their care partners. SPARK! provides an opportunity for those with dementia and their care partners to enjoy time together in a comfortable setting, guided by trained docents and volunteers. Programming at each organization is different. The atmosphere is welcoming and stimulating. Attendees enjoy a wonderful time and are eager to come back for more. Through an emphasis on program development and applied research, SPARK! strives to offer hope to families while keeping them active in their communities.

In the Fox Valley, we are fortunate to have a number of SPARK! programs.

The Paine Art Center

1410 Algoma Blvd
Oshkosh, WI 54901
(920)235-6903

info@thepaine.org

*Next program is Wednesday, September 29th 1:00 PM to 2:00 PM
Held on the last Wednesday of each month

Bergstrom-Mahler Museum of Glass

165 N. Park Avenue
Neenah, WI 54956
(920)751-4658

moeller-roy@bmmlgass.com

*Next Program is Tuesday, September 14th 10:30 am – 11:30 am
Held on the second Tuesday of each month.

The Trout Museum of Art

111 West College Avenue
Appleton, WI 54911
(920)733-4089

mhoffman@troutmuseum.org

*Next Program is Monday, September 13th 1:00pm
Held on the second Monday of each month

The Building for Kids Children's Museum

100 West College Avenue
Appleton, WI 54911
920-734-3226 x 119

msharp@buildingforkids.org

*Next program is Wednesday September 1st at 1:00pm
Held on the first Wednesday of the month and is currently virtual.

All programs are free and request that you contact them to register in advance.

Walk Details

2021 Walk to End Alzheimer's – Oshkosh

**Saturday, September 25,
2021**

Schedule of Events

8:30am – Event opens

9:45am - Ceremony

10am – Walk

Location

Menominee Park, Oshkosh

Contact

Maggie Lamal | 920-260-4530
malamal@alz.org

General Information

(from Alzheimer's Association Website)



Where do the funds go?

All funds raised through Walk to End Alzheimer's further the care, support and research efforts of the Alzheimer's Association. The Alzheimer's Association is a nonprofit 501(c)3 organization. All donations are tax-deductible as allowed by law.

Do I have to register in order to Walk?

Yes, we want to know you're walking with us and need every participant to sign a standard waiver through their official registration. There is no registration fee for Walk. However, we ask every participant to make a personal donation and commit to raising funds in the fight against Alzheimer's.

Do I need to register my children for Walk?

Yes, children should register. Parents/guardians can register children online or complete an offline registration form and sign the waiver on behalf of the child.

Event Specifics

Will there be COVID-19 safety measures in place at Walk?

The health and safety of our participants, staff and volunteers are our top priorities. Walk events will be designed with this in mind including a venue layout that allows for physical distancing, hand sanitizer stations, contactless registration and more. The Association will continue to closely monitor Centers for Disease Control and Prevention (CDC), state and local guidelines and adjust our event-day safety protocols as needed.

Are pets, strollers, bicycles and skates allowed on Walk day?

We do allow strollers, but for everyone's safety, we discourage skateboards, bicycles, inline skates and wheelie footwear. Depending on the Walk location rules, well-behaved dogs are welcome, but must be on a leash at all times.

What happens if it rains?

Walk is a rain or shine event. However, in the case of severe weather, we will cancel. If this is the case, we will update our Walk homepage on or before the morning of the event.

Still have questions?
Coordinator: Maggie Lamal
Phone: 920-260-4530
Email: malamal@alz.org



September 12th is Grandparents' Day

"A Grandparent is a little bit parent, a little bit teacher, and a little bit best friend" – Unknown
Grandparents are some pretty amazing people! Below are some resources for grandparents who may be raising their grandchildren.

Grandparents Raising Grandchildren

Amy Goyer with AARP has created "The Guide for GrandFamilies" which provides tips, tools, and resources to help grandparents who are new to raising grandchildren. To view the guide, visit this link:

<https://gwaar.org/aarp-grandparent>



Grandparenting and Kinship Care Resources

Below information gathered from GWAAR (Greater Wisconsin Area on Aging Resources)

Kinship Care refers to the care of children by grandparents and other relatives. Relatives are the preferred resource for children who must be removed from their birth parents because it maintains the children's connections with their families. Kinship care may be formal and involve a training and licensure process for the caregivers or it may be informal and involve only an assessment process to ensure the safety and suitability of the home. In all these situations, additional support is helpful when children are moved to relatives' homes. Below are some programs and agencies that can help.

Wisconsin Kinship Care Program

This program, located in every county and tribe in Wisconsin, offers a monthly payment to help qualified kinship families support the children they are caring for. Find your local Kinship Care Coordinator and more information about this program. The Kinship Coordinator in Winnebago County is Cindy Young. She can be reached by calling (920) 236-4619 or emailing CMYoung@co.winnebago.wi.us

National Family Caregiver Support Program

Every county and tribe in Wisconsin has programs to support caregivers. The National Family Caregiver Support Program has a specialized program called: Relative as Parents Program (RAPP). Sometimes grandparents and other relatives are surrogate parents when the biological parents are unable to care for their child. This program can be used to help serve the grandparents/relative if they are related by blood, marriage, or adoption and meet the following:

- is age 55 or older
- is the primary caregiver
- lives with the child
- the child is under age 19 or is age 19-59 with a disability

You may have also heard this program called: Grandparent and Relative Caregivers Programs.

Memo from the WI Dept of Health Services:

Wisconsin Eliminates Waitlist for Long-Term Care Services for Medicaid-Eligible Adults

Success achieved in decades-long effort to ensure Wisconsinites who are elderly or have physical or developmental disabilities can receive home and community-based services. On February 28, 2021, a 40-year-old individual with a physical disability from Adams County was referred to IRIS (Include, Respect, I Self-Direct), Wisconsin's self-directed long-term care program. This individual was the last person waiting to join one of Wisconsin's long-term care programs that provide home and community-based services to eligible adults who are elderly or have physical or intellectual disabilities.

"Wisconsin's long-term care programs embrace a person-centered approach that allows people to live their best life in their homes and communities," said DHS Interim Secretary Karen Timberlake. "This achievement is the culmination of over four decades of work by advocates, state and county agency staff, tribal leaders, legislators, providers, stakeholders, families, self-advocates, and citizens. While we are proud to have reached this important milestone, we will continue to find new ways to keep our state at the forefront of long-term care."

In 1999, Wisconsin took an important step forward on the journey to achieve a long-term care system that would ensure anyone who was eligible for Medicaid long term care services, and wished to stay in their home or in a community-based setting, was able to do so. The then Wisconsin Department of Health and Family Services authorized the pilot of the Family Care program in five counties. IRIS (Include, Respect, I Self-Direct), the state's self-directed program for Wisconsin's frail elders and adults with disabilities, was created in 2008.

Over the years with subsequent budgets, Family Care and IRIS expanded throughout the state with the last county adopting Family Care on July 1, 2018. Currently, more than 77,000 individuals participate in Wisconsin's Family Care, Family Care Partnership, PACE, and IRIS programs.

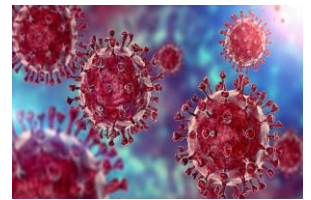
Winnebago County: Long-Term Care Programs

Winnebago County has two long-term care programs. Family Care and IRIS (Include, Respect, I Self-Direct). The ADRC of Winnebago County assesses eligibility for these programs.

Family Care is a program that provides a full range of long-term care services. Long-term care is any service or support that a person may need as a result of a disability, getting older, or having a chronic illness that limits their ability to do the things that are part of their daily routine. This includes things such as bathing, getting dressed, making meals, going to work, and paying bills. The Family Care Program is a Medicaid-based program that provides support to individuals who meet certain eligibility criteria. There are three managed care organizations (MCOs) in our county that administer the program: *Community Care, Inc., Lakeland Care, Inc., and Inclusa*. There is a care manager and nurse assigned to each member in the program that assesses the individual's needs and create a care plan to meet those needs. This may include services like in-home care, medication management, transportation, and possible residential placement in a facility if needed. The goal of this program is to help an individual to stay in their home or least restrictive setting.

IRIS is a program that allows you to direct your own services and supports. IRIS recognizes that you are the decision-maker in your life, including determining your daily activities and the types of support or assistance you need to meet your long-term care needs. IRIS is a Medicaid-based program that provides support to individuals who meet certain eligibility criteria. There are four consulting agencies in our county that administer the program: MILC (Midstate Independent Living Choices), TMG (The Management Group), Advocates 4U, and Connections. The consultant can provide the individual with support on creating their own care plan using a budget of money that is based off the individual's needs. They may pay for things like in-home care, medication management, transportation, and possible residential placement in a facility if needed. The goal of this program is to help an individual to stay in their home or least restrictive setting

Both programs have a lot to offer. The ADRC helps provide you information on these programs and makes sure you know what options are available to you.



What are the top 5 things I need to know about the Delta Variant?

Information from the CDC:

The Delta variant is more contagious than previously known variants and that requires us to change our recommendations.

1. Getting vaccinated prevents severe illness, hospitalization, and death; it also helps reduce the spread of the virus in communities.
 - We **STRONGLY** encourage everyone to get vaccinated.
 - Unvaccinated people should get vaccinated and continue masking until they are fully vaccinated (two weeks after 1 dose of Johnson and Johnson or two weeks after the second dose of Pfizer or Moderna).
 - With the Delta variant, this is more urgent than ever.
2. **Data show Delta is different than past versions of the virus: it is much more contagious.** The highest spread of cases and severe outcomes is happening in places with low vaccination rates and among unvaccinated people.
 - Some vaccinated people can get the Delta variant in a breakthrough infection and may be contagious.
 - Even so, vaccinated individuals represent a very small amount of transmission occurring around the country.
 - **Virtually all hospitalizations and deaths continue to be among the unvaccinated.**
3. CDC recommends universal indoor masking for all teachers, staff, students, and visitors of K-12 schools, regardless of vaccination status. Children should return to full-time in-person learning in the fall with layered prevention strategies in place.
4. In areas with substantial and high transmission (substantial or high: orange or red on the CDC map), CDC recommends that everyone (including fully vaccinated individuals) wear a mask in public indoor settings to help prevent spread of the Delta variant and protect others.
5. CDC recommends that community leaders encourage vaccination and masking to prevent further outbreaks in areas of substantial and high transmission.

COVID-19 Funeral Assistance

The COVID-19 pandemic has brought grief to many families. FEMA's (Federal Emergency Management Agency) mission is to help people before, during and after disasters. Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA is providing financial assistance for COVID-19 related funeral expenses incurred after January 20, 2020. For more information on how to apply, who is eligible, please see link below or call #844-684-6333.

<https://www.fema.gov/disaster/coronavirus/economic/funeral-assistance>

Our last newsletter reported the eviction moratorium ended on 7/31. Due to substantial spread of COVID, 2/3 of Wisconsin counties (including Winnebago) was extended to 10/3.

WHEELCHAIR WASH

The ADRC of Winnebago County helped host a wheelchair wash on August 7th. 13 individuals had their chairs cleaned and inspected. Thanks to J&R Auto who held the event at their location. A big thanks to sponsors: Winnebago County Public Health, Make the Ride Happen, Numotion, and Options for Independent Living. Also thank you to the volunteers who helped make this event possible!



options
for independent living^{inc}

Covey



PublicHealth
Prevent. Promote. Protect.
Winnebago County
Health Department

numotion
Mobility and independence start here.[®]



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SINCE 1957

