

PARENTING EDUCATION & SUPPORT

Babe's, 1331 E Wisconsin Ave, Appleton.....
..... **733-2144 or emergency 733-6886**
Family Training Program (referral only) **722-5511**
Hope Center of Family Services **233-1926**
Mercy Medical Center/Nurse Direct..... **1-800-362-9900**
Parent Connection **233-6630 or 831-1135**
Parents Anonymous..... **235-1002 or 735-5432**
Parents as Teachers-Neenah & Menasha/Parents Plus **731-0555**
Teen Pregnancy & Parenting Program (St. E's) **738-2033**
TCRMC-Appleton (Monday 1-2:30 Mom & Me Program)..... **1-800-236-2236**
Winnebago Co. Dept. of Human Services ... **236-4600 or 727-2882, ext. 4600**

PREGNANCY TESTING/COUNSELING

AAA Pregnancy Counseling Center..... (Free) **739-0039**
Bella Medical Clinic..... **231-6006 or 1-877-316-9791**
Children's Service Society..... **235-1002 or 725-5432**
Lutheran Social Services..... **235-4307 or 734-9171**
Planned Parenthood
..... **1-800-230-7526 Appleton 731-6304, Oshkosh 235-0115**
Youth Go..... **722-1435**
Womankind..... **731-4354**

SEXUAL ABUSE SERVICES

Crisis Intervention Services of Winnebago Co. **233-7707 or 727-7707**
Reach Counseling Services **426-1460 or 722-8150**

SMOKING, ALCOHOL AND DRUG USE CESSATION PROGRAMS/EDUCATION/SUPPORT

Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. The effects can be short or long term and may be physical, mental, social, emotional, and financial. You are not alone. Many others know what it's like and can help you quit, give you tips, and support you along the way.

Alcoholics Anonymous..... 855-972-1343
Al-Anon <https://al-n.org>
AMS Methadone Clinic..... 232-2332
American Lung Association of Wisconsin 1-800-586-4872
Appleton Comprehensive Treatment Center..... 753-8816
Dr. Steven Klein (hypnosis)..... 749-1005
Dick Nooe (hypnosis)..... 725-7102
First Breath www.firstbreathmoms.org or text FBINFO to 97779
Nova Treatment Center 800-298-8170
St. Elizabeth's Hospital or Mercy Medical Center
..... Nurse Direct 1-800-362-9900
Substance Abuse and Mental Health Helpline (SAMHSA)..... 1-800-662-4357
Valley Health Services 733-4443
Wisconsin Quit Line 800-784-8669
Wisconsin Addiction Recovery Helpline..... 833-944-4673

TRANSPORTATION

A-Cab, 24/7 access for Neenah, Menasha & Appleton..... **809-5995**
Access to Jobs (reduced taxi fare for low income workers), Oshkosh
..... **232-5340**
American Red Cross (medical appointment transportation for veterans)
..... **232-7660**
Appleton-Neenah-Menasha Taxi..... **733-4444**
Dial-A-Ride **Neenah-Menasha** **832-8890**
Oshkosh 426-1551
Leaven (only Neenah and Menasha)..... 738-9635
Oshkosh City Cab 235-7000
Oshkosh Transit 232-5340
Valley Transit..... 832-5800
Winnebago Co. Dept. of Human Services (Volunteer Service)
..... 236-4650 or 727-2882, ext. 4650

Developed by: **Winnebago County Health Department**
112 Otter Ave, PO Box 2808
Oshkosh, WI 54903-2808
www.co.winnebago.wi.us/health

RESOURCES FOR PREGNANT WOMEN & FAMILIES WINNEBAGO COUNTY

(920 area code unless otherwise noted)

2-1-1-Information & Referral / United Way Fox Cities
..... **211 locally or 800-924-5514**

ADOPTION SERVICES

Adoption Choice, Inc **1-800-236-7863**
Adoption Services Inc..... **877-335-6750**
Bethany Christian Services **923-6577**
Catholic Charities **1-877-500-3580 ext. 8234**
Lutheran Social Services..... **1-800-291-4513**

BREASTFEEDING EDUCATION/SUPPORT

Aurora Medical Center **456-7364**
Birth Place-St. E.'s & Mercy **738-2734 or 223-1280**
Children's Hospital of WI **969-5379**
Lactation Consult (Appleton Medical Ctr)..... **738-6253**
LaLeche League **Katherine 760-963-0400**
Theda Clark Lactation Office..... **729-2225**
Winnebago Co. Health Dept. – Allison, IBCLC **765-4375**
Winnebago Co. WIC Program **232-3350 or 729-2945**

CHILD CARE

Child Care Resource & Referral, Inc. Kimberly .. **886-1211 or 1-800-749-KIDS**
Outagamie County Dept. of Health and Human Services **888-256-4563**
Winnebago County Human Services Family Team..... **236-4600 or 727-2882**

CHILDBIRTH EDUCATION

Aurora Medical Center **456-7376**
Bella Medical Clinic **231-6006**
Berlin Memorial Hospital **361-1313**
Mercy Medical Center. **Nurse Direct 1-800-362-9900**
St. Elizabeth's Lifespan **Nurse Direct 1-800-362-9900**
ThedaCare Reginal Medical Center-Appleton **1-800-236-2236**
ThedaCare Reginal Medical Center-Neenah **1-800-236-2236**
St Agnes **800-922-3400**

CHILD DEVELOPMENT CONCERNS / SPECIAL HEALTH CARE NEEDS

ARC Fox Cities, Menasha **725-0943**
Birth to 3, Outagamie & Winnebago Counties **997-1484**
Children with Special Health Care Needs **877-568-5205**
Early Intervention Services
..... **Appleton 749-5870, Oshkosh 236-4803, Winnebago Co 725-8771**
Special Education Services (over age 3yrs.)
..... **Appleton 832-6129, Menasha 751-5083**
..... **Neenah 751-6818, Oshkosh 424-0112**
..... **Omro 685-7400 ext. 530, Winneconne 582-5804**
Wisconsin First Step..... **1-800-642-7837**

CHILD SUPPORT/PATERNITY

Winnebago Co. Child Support Agency (PaternityUnit) ..**727-2880 or 236-4770**

CLOTHING & BABY EQUIPMENT

2nd Chance Thrift Store 230-3565
(vouchers available through referral for clothing or other household needs)
Bella Medical Clinic (earn while you learn for 1st time parents) 231-6006
Bethesda Thrift Mart-Neenah(Need Referral) 725-7467
Community Clothes Closet.....(Need Referral) 731-7834
(Bundle of Joy Program for New Moms, call for details)
Fox Valley Thrift Shoppe-Appleton..... **954-9200**
Goodwill Services **233-3897 or 731-6605**
Mother & Unborn Baby Care (Earn as you learn program – clothing, diapers,
furniture **733-7334**
Once Upon a Child, Appleton **731-8612**
Red Cross Vouchers only for clothing and furniture..... **231-3590**
St. Vincent DePaul **235-9368 or 727-1766**
Salvation Army (vouchers available) **232-7660**
Too Little for Me Shop..... **731-7300**

COUNSELING-FAMILY/INDIVIDUAL/MARITAL

Ascension Behavioral Health Services
.....**Mercy 236-8570 or St. Elizabeth’s 730-7300**
Aurora Behavioral Health **456-2030**
Catalpa **750-7000 or 1-877-235-9777**
Crisis Intervention Helpline-Winnebago Co. **233-7707 or 727-7707**
Fox Valley Pastoral Counseling..... **739-9319**
Family Service Assn. of Fox Valley **739-4226**
Grieving Center for Children **731-0555**
Oshkosh Counseling Wellness Center **231-2858**
Partnership Community Health Center-Behavioral **731-7445**
*Private Agencies.....**Look in Yellow Pages**
Reach Counseling Service 24 hour crisis line.....
.....**426-1460 Oshkosh or 722-8150 Menasha**
ThedaCare Behavioral Health
.....**Neenah 729-2145, Menasha 720-2300, Oshkosh 233-3838**
Winnebago Co. Family Court Counseling (Custody/Visitation Issues/Physical
Placement)..... **236-4606 or 727-2880, ext. 4606**
Youth Go Teen Counseling & Mentoring **722-1435**

DOMESTIC VIOLENCE SERVICES/SHELTER

Christine Ann Domestic Abuse Services
..... **Oshkosh 235-5998, Neenah 729-5727**
Harbor House Domestic Abuse Services, Appleton **832-1667**
Unidos – Latino Immigrant/migrant Communities (bilingual) .. **1-800-510-9195**

EMERGENCY SERVICES..... **911**

Crisis Intervention-Winnebago Co. **233-7707 or 722-7707**

EMPLOYMENT

ADVOCAP **Neenah 725-2791, Oshkosh 426-0150**
Fox Cities Workforce Development Center (**DVR, Job Service, Goodwill**)
..... **997-3272**
Oshkosh Workforce Development Center (**DVR, Job Service, W2**) .. **232-6200**
UMOS (United Migrant Opportunity Services) 734-1451
Winnebago County Dept of Human Services - W2 Neenah... 729-4797

EMPLOYMENT (continued)

Action Employment and Training **730-9366**

ENERGY ASSISTANCE

ADVOCAP (Weatherization) **426-0150 or 1-800-631-2791**
Energy Services Inc. for Winnebago County (call for appointment)
(303 Pearl Ave Suite D, Oshkosh or 310 DePere St, Menasha)
..... **1-800-506-5596**
Leaven (only Neenah or Menasha) **738-9635**

FINANCIAL SERVICES ASSISTANCE

Badgercare:

Apply online **ACCESS.wi.gov** or call Winnebago County Human Services
..... **236-4600**

MyACCESS mobile app can be downloaded for free from the App
Store or the Google Play Store.

FISC-Consumer Credit Counseling..... **1-800-366-8161 or 886-1000**
Oshkosh Family, Inc. (Budgeting Help)..... **231-9520**
Winnebago Co. Dept. of Human Services

East Central Income Maintenance Partnership Call Center
..... **1-888-256-4563**

Family Support Program (Child w/disability only)
..... **727-2893 or 236-4818**

Food Share - MA **236-4600 or 727-2882, ext. 4600**

FOOD/NUTRITION

ADVOCAP **426-0150 or 1-800-631-2791 or 725-2791**
Fr. Carr’s Place 2B, 1965 Oshkosh Ave, Oshkosh **231-2378**
Oshkosh Area Community Pantry **231-9960**
Ruth’s Pantry – Grace Lutheran Church Winchester **836-2382**
St. Joes Food Program, Menasha..... **734-9461**
Salvation Army **Appleton 734-3324, Oshkosh 232-7660**
UW Extension - Pantries and Meal Sites information **232-1973**
Winnebago Co. WIC Program..... **232-3350 or 729-2945**
Winnebago Co. Dept. of Human Services(Food Share)
..... **236-4600 or 727-2882, ext.4600**
Winneconne Area Assistance Center **582-0639**

HEALTH DEPARTMENTS

Appleton Health Department..... **832-6429**
Calumet County Health Department **1-833-620-2730 ext. 4503**
Menasha Health Department **967-5119**
Outagamie County Health Department **832-5100**
Winnebago Co. Health Dept (includes Oshkosh and Neenah)
..... **232-3000 or 727-2894**

HEALTH INSURANCE PLANS AND APPLICATIONS

Online at **healthcare.gov**

Partnership Community Health Center..... **731-7445**

HOUSING/RENT

ADVOCAP repairs, budgeting for home ownership
..... **426-0150 or 1-800-631-2791**
Dominion Management, section 8, housing elderly & families **729-6336**
Fair Housing Council of Fox Valley (Advocacy for housing discrimination)
..... **734-9641**
Fr. Carr’s Place 2B (Emergency Shelter) **231-2378**
Leaven (only Neenah and Menasha) **738-9635**
Neenah Court Apartments **722-9136**
Oshkosh Housing Authority **424-1450**
Project Home..... **734-7726**
Red Cross - Oshkosh, if evicted- voucher assistance **231-3590**
Salvation Army partial rent assistance when funds available..... **232-7660**
UMOS (United Migrant Opportunity Services)..... **734-1451**
Winnebago Co. Crisis Intervention Helpline **233-7707 or 722-7707**
Winnebago Co. Dept. of Human Services... **236-4600 or 727-2882, ext. 4600**
Winnebago Co. Housing Authority **727-2880**
Habitat for Humanity, Greater Fox Cities Area **954-8702**
Habitat for Humanity, Oshkosh **235-3535**

IMMUNIZATIONS

Your child’s doctor knows your child’s health best. It is recommended that your
child’s doctor be contacted first regarding immunizations. Additional sources of
immunizations include:

(SEE: **HEALTH DEPARTMENTS**)

LEGAL AID/SERVICES

ABC for Health (health benefits for children with disabilities) .. **1-800-585-4222**
Consumer Protection Services..... **1-800-422-7128**
Legal Action of Wisconsin, INC..... **1-800-236-1128**
Legal Helpers **230-6800**
ProSe Divorce (Self-Help and meditation).....
..... **Appleton 738-9761 or Oshkosh 232-1235**
ProSe Today (Self-Help)..... **233-0310**
Winnebago Co. Conflict Resolution Ctr. (Free Mediation Services).....
..... **727-2880 or 236-4711**
Winnebago Co. Family Court Counseling ... **236-4606 or 727-2880, ext. 4606**

MEDICAL CARE/CLINICS & PRENATAL

Ascension..... 233-1700
Aurora Health Center Oshkosh 303-8700
Bella Medical Clinic..... 231-6006
Family Health, Wild Rose (Bilingual Services & Sliding fee Scale
..... 1-800-942-5330
Partnership Community Health (medical & dental) 731-7445
Network HMO-Nurse Direct 1-800-362-9900 or Appleton 738-2230
..... Oshkosh 231-6578
St Francis Community Clinic – Medical & Dental (also emergency dental).....
..... 231-2378
ThedaCare 1-800-236-2236 or 830-6877
UWO Student Health (students only) 424-2424
Tri-County Comm.Dental Clinic-Emerg.Dental Cares Appleton 882-5500