

Could this be of interest to you?

New Support Group

This support group was created to help caregivers who have loved ones living in a facility. We recognize that it is difficult to remain connected with loved ones while facilities are doing their best to keep COVID from entering. This support group will take place virtually to start, and they will continue to monitor the COVID-19 situation to determine when it is safe to return to in-person meetings. Meetings will be open, with no requirement to RSVP.

The support group will take place monthly on
the 2nd Thursday at 12pm

Join at www.bit.ly/FacilitySupportGroup

*Please call or email for the passcode

This group is coordinated by the Fox Valley Memory Project. However, the person living in the facility does not have to have Dementia. This group is for anyone. Participants can live outside of the Fox Valley.

Contact information:

Harper Smith
Program Coordinator
Fox Valley Memory Project
1800 Appleton Road
Menasha WI 54952
920-225-1711
harper@foxvalleymemoryproject.org



Kathy Glander—Editor



Park View Health Center
Over a Century of Quality Care

725 Butler Avenue
Oshkosh, WI 54901-8149

Oshkosh Phone: 920-237-6300
Neenah Phone: 920-727-2883
Fax: 920-237-6944
TTY Phone: 920-237-6974

www.co.winnebago.wi.us/parkview
"Like" us on Facebook!

Jan/Feb/Mar
2021



Park View Health Center Newsletter

Meet our new Administrator, **Kara Gruber**



Park View welcomes Kara (*pronounced like Sarah*) Gruber, as our new Administrator! Kara's first day is Monday, December 28th.

Kara states:

"I began my career in nursing and over time was searching for professional growth, so I pursued my Bachelor's degree in Healthcare Administration through the University of Phoenix. I love caring for our seniors which led me to pursue the Nursing Home Administrator program through UW-Madison. I have over 12 years of experience in skilled nursing and long-term care.

I currently live in Green Bay with my 6-year-old pup, Stella. In my free time, I enjoy CrossFit, reading, painting, and spending time with friends and family. I also enjoy traveling and my favorite destinations include anywhere with a beach.

I am truly looking forward to meeting the residents and team members at Park View. I will be bringing my kind, compassionate, and caring attitude along with my clinical expertise to serve Park View and the members of the community."

Never Take for Granted

Taken from an article by Tom Whitehurst, Jr., of the Corpus Christi Caller Times:

This is the good kind of viral — a poem — making the rounds on social media, that can uplift anyone affected or infected by coronavirus:

“When this is over, may we never again take for granted

- A handshake with a stranger
- Full shelves at the store
- Conversations with neighbors
- A crowded theater
- Friday night out
- The taste of communion
- A routine checkup
- The school rush each morning
- Coffee with a friend
- The stadium roaring
- Each deep breath
- A boring Tuesday
- Life itself.

When this all ends, may we find that we have become more like the people

- We wanted to be
- We were called to be
- We hoped to be.

And may we stay that way—better for each other because of the worst.”



The author, **Laura Kelly Fanucci**, a Minnesota resident, writes a syndicated column, “Faith at Home,” published in Catholic newspapers nationwide, and has written six books.

She didn’t mention “coronavirus,” “virus” or “pandemic” once in this poem. Did you notice? Probably not. Anyone who reads it will know what the “this” in “when this is over” is. But she may have mentioned everything you’ll never take for granted again once we’re past all of “this.”

The poem has already been shared thousands of times on social media. Fanucci told the Caller-Times via email that she has been amazed by the response to her poem.

“At this point it’s been shared over 83,000 times on Facebook and 48,000 times on Instagram, as far as I can track,” she wrote. “So it’s certainly struck a chord (although it feels strange to call something ‘viral’ in this present crisis). I’ve seen it translated into several languages and have been asked for permission to reprint it in countless places.”

“The words came to me in the middle of the night. Our youngest child is only 3 weeks old, so I’m up with him at all hours. Everything feels darker and more frightening at night, so I started wondering what small good I could offer to people as a writer. Since then, it took on a life of its own. I’ve simply been sitting back and watching, hoping it offers people some hope and comfort in such an anxious time.”

We are grateful for giving hearts...

Monetary Gifts Received:

- Carla & Darel Ader
- Algoma Boulevard United Methodist Church Youth Group
- American Legion Auxiliary #364
- Anonymous
- Anonymous
- Anonymous
- Anonymous
- Anonymous
- Bethany United Church of Christ- Joan & Pat Adkins
- Jaclyn & Sheldon Cooper
- Betty Groth
- Lillian Hansche
- Douglas & Jean Neitzel
- Ardyce Zillges
- Friends of Park View
- Judith Gerken
- Steven & Debra Guenther
- Dianna Gwiazdzinski
- Immanuel Ladies Guild - Immanuel Lutheran Church
- Todd & Mary Krueger
- Larsen-Winchester Lioness Club
- Linda Londowski
- US Connect
- Westward 4-H
- Winnebago County Retired Educators Association—
- Joanne Abendroth
- Sue Britton
- Bonita Cernohous
- Susan Davies
- Linda Dittburner
- Meredith Duprey
- Joanne Forseth
- Barbara Gusick
- Constance Koch
- Ann Leonard
- Jacqueline Tyers
- Nancy Wilhelm
- Joan Zemlock
- Lisa Zemlock
- WPS Foundation-Matching Gift

In-Kind Gifts Received:

- American Legion Post 234
- Cathy Ballard
- Nancy Bielak
- Sue Bushman
- & Mary Dejoria
- Dick Fernau & Lana
- Girl Scout Troop #2253
- Kay Helke
- Vivian Kohler
- Thomas Korn
- Gretchen McLlarky
- Franki Moscato
- Marilyn Nelson
- Daniel Peters
- Tracy Scheuering
- Pat Steuber
- Ann & Tim Torgersen
- UW Oshkosh Counseling Center

Honorary or Memorial Donations Received:

- Anonymous
- Peg Babbitz
- Steve & Sharon Docherty
- Ron & Cathy Duerkop
- Tom Ellis
- Joyce Frank & Valinda Applebee
- Jackie Fell Fredrich & David Fell
- Tom Geske
- Don Glander
- Fred & Kathryn Glander
- Steve & Joan Habeck
- Jan Klemm
- Denise Koch
- Debra & Larry Last
- Janet Murphy
- PVHC Activities Staff
- Lee & Sally Poklasny
- Greg & Margie Rankin
- Sandra Schmidt
- Becky Stoffel
- Valley Christian School
- Steve Vanderloop
- Matthew & Kathleen VanderVeldon
- Robert & Lisa Weber
- Jerry & Jane Wilson
- Cary Wright

Endowment Fund Earnings

1. PVHC Endowment Fund through the Oshkosh Area Community Foundation-\$1,645.00
2. PVHC Endowment Fund from the Thomas A. Plein Foundation, through the Community Foundation of the Fox Valley Region-\$3,142.76.
3. Marie & Bobby Pesch Mental Health Fund through the Oshkosh Area Community Foundation-\$3,311.00

Grant Approvals

- The Green Bay Packers Foundation awarded Park View \$3,000 in a matching gift towards the “Dr. William G. Weber Memorial Gathering Area” out on the Park View grounds.
- The Ladies Benevolent Society: Advocates for Older Adults, through the Oshkosh Area Community Foundation, granted Park View \$4,000 for the purchase of a blanket warming cabinet for the COVID Unit, with moving to Parkside One once the COVID Unit is no longer needed.
- The Oshkosh Area Community Foundation-Community Impact Committee awarded Park View \$5,000 for the Virtual Visits Project, allowing PVHC to purchase 10 iPads for residents’ use.

Memories from the Holidays



Gerry Bierman decorating a Christmas tree in the Great Room

Emergency Preparedness Information

The safety of our residents and staff is our main priority. In the event of a disaster in which the facility's emergency operation plan is activated, residents and families should be aware of what to expect. Important information for residents and families to be mindful of during an emergency is described below:

- ⇒ It is important to notify staff when a resident is leaving and returning to facility. Such notification is necessary to ensure staff can locate all residents in the event of an emergency. In addition, there are circumstances under which a resident may be disqualified from insurance coverage benefits if he or she leaves the facility for any extended period of time.
- ⇒ Sheltering in place will always be attempted before an evacuation. This means that residents and staff will stay in the building in their usual locations during an emergency, if it is deemed safe to do so.
- ⇒ Residents may be transferred to a different location within the building during an emergency. If so, residents and resident representatives will be notified of their new location within the building.
- ⇒ The facility maintains inventory of emergency supplies in the event sheltering in place is a continuous need for a period of time.
- ⇒ If evacuation to another facility is necessary, the resident and resident representative will be notified of the destination location, time of transfer, and means of transport. Family may be requested to assist with transport.
- ⇒ Depending on the need, residents may be transferred to the hospital, another long-term care facility, or temporary shelter with facility staff.
- ⇒ A resident may be transferred into the care of a family member to a home setting temporarily, if deemed appropriate.
- ⇒ HIPAA is not waived in emergency events. Resident information needs to be protected at all times however, certain information can be shared during emergency events if the protected health information is disclosed for public health emergency purposes.
- ⇒ In the event of a facility-wide emergency, a Hotline may be set up for families to call to obtain information regarding residents.
- ⇒ Staff will direct residents in the event of an emergency, but residents and families should also be aware of actions to take:
 - Fire- Shelter in place in the resident's room with the door shut. Do not travel through the hazardous area. Staff or emergency personnel will direct if evacuation from the neighborhood is warranted.
 - Severe Thunderstorm or Tornado Watch- Return indoors and to the neighborhood for quick response if the watch escalates.
 - Severe Thunderstorm or Tornado Warning- Find shelter in an area with no windows. On the neighborhoods, the bathing spas and hallways are designated shelter areas.
 - Unauthorized Intruder or Facility Lockdown- Return to resident's room or other safe area to hide and shut the door. Barricade the door with whatever is available i.e., furniture.

The facility conducts periodic emergency preparedness drills in order to practice the emergency operation plan. We understand this may be disruptive to residents, and we appreciate your cooperation with emergency drills.

Park View: Past/Present/Future

Park View, as well as other facilities, has had to evolve and adapt throughout the COVID-19 pandemic. It's remarkable how in times of hardship come ideas and concepts to impact residents' lives that normally would not have been considered!

- The expanded use of Closed Circuit Channel 15 for activity programming provided "togetherness" as a community through virtual participation. Some of the uses this past year were:
 - "Park View Lotto" was developed for Channel 15, temporarily replacing the Park View community bingo times each month.
 - "Park View News" was a regular telecast to residents in their rooms.
 - Exercise times have been a regular offering via Channel 15.
 - Virtual tours around the world were offered.
 - Monthly Zoom meetings between veterans in the community have been occurring in order to keep up with the Veterans Coffee Club that had been meeting in the Great Room pre-COVID.
 - Residents were able to create and share stories based on one picture.
 - Book club/story-telling time has been provided several times on Channel 15, with Activity Staff reading to residents.
 - Virtual tours within the building (i.e., the Park View rooftop, cooking shows in Food & Nutrition Services area, etc.) were provided to residents via Channel 15, as well.

On the flip side—in utilizing Channel 15 in this way, deficiencies in the system have also become apparent, which has now led to looking into funding for improvements to make the closed circuit experience a more dependable one for residents. These improvements would include Channel 15 functionality and projection improvements, and music channels.

- Providing porch visits between residents and their loved ones throughout the warmer weather was not without its "creative planning." Staff did everything they could to make these visits happen amidst COVID protocols.
- Food and Nutrition Services have been providing extra-special treats for staff all throughout the year.

With the potential light at the end of the "COVID tunnel," thoughts turn back to outdoor activities with the coming of spring:

- New and improved garden areas. This will include work on the "Dr. William G. Weber Memorial Gathering Area" located just east of the Master Gardens, as well as the newly improved Master Gardens, with its new and winding concrete walkways.
- Getting the triobikes tuned-up for use once again.
- Virtual/digital upgrades (as mentioned above). We welcome donors who may feel led to contribute towards a blue tooth sound system for the outdoor community areas, or any of the technical improvements being sought in the coming months.

Event planning continues for 2021 in the hope there will be some normalcy coming back to our world. Knowing PVHC Staff, those plans will be nothing short of amazing!

We, at Park View Health Center, wish you a very happy, healthy New Year!



Focus on Our Volunteers

Resident Confidentiality Guidelines

This is our annual reminder to all volunteers that we are responsible to maintain strict confidentiality in all aspects of the resident's life.

Residents have a right to confidentiality in three areas: medical, financial, and personal matters. Information volunteers obtain regarding the resident is privileged, confidential and must remain within Park View Health Center, as stated in the HIPAA Agreement signed when becoming a volunteer. Please do not discuss resident information with anyone outside the facility. If there is a question regarding residents who directly affect volunteer service, please ask staff in private.

An important aspect of the volunteer role is to uphold the resident's right to have their health status, behavior, treatment, and all other personal business kept confidential.

Some suggestions on how to do that are:

- Discuss confidential medical, financial, and personal matters in private.
- Redirect questions about confidential matters to the resident, unless authorized by the resident to share such information.
- Become the resident's advocate by helping others maintain confidentiality.

Respect a resident's choice not to share information.

Confidentiality pertaining to cameras, video cameras, phone cameras, etc.:

Because we must respect the rights and confidentiality of our residents, we ask that volunteers do not use cameras or video cameras.

A Glimpse into Adaptation

One can only imagine the many alterations that have had to be incorporated here at Park View, as well as all other nursing facilities, since COVID-19 reared its ugly head. Our own staff attempted to manage the increasing responsibilities brought on by the pandemic while managing their own workloads. But it became apparent within a few months into the malevolence of the virus that more help was needed.

Becky Stoffel, a regular volunteer at Park View, accepted temporary, part-time employment in managing the flow of COVID testing 4 days per week, putting together some forms) for residents and staff.

There is a great deal of work behind pre-includes disassembling each packet, writing organizing the packets by neighborhood for same in preparation for each of the three hands out these individual test packets to the atrium, on their way to the PVHC garage Staff.

There's far more entailed with this process accuracy and many steps to accomplish that many months now. She is a warm person with an upbeat, smiling countenance that shows through her mask. COVID testing is not something staff relish taking the time from their full schedules to do every week, but Becky has the care and kindness that can make staff's days a bit brighter.

Pam Gardner-Hale is brand new to her temporary, full-time position of working at the "front of the frontlines"—the lobby area. Her responsibilities include greeting those entering the building who may have been cleared for compassionate care visits, as well as healthcare providers and vendors who need to enter to handle matters within the facility. But this initial interaction involves much more than saying "hi;" she makes sure each person 1) signs the check-in log, 2) gets temperatures checked, 3) sanitizes their hands, and 4) she herself performs actual rapid COVID testing on each person, and 5) helps them dress in gowns, masks, goggles and gloves before going further into the facility.

This is merely a glimpse into how Park View has had to adapt in these times of the COVID-19 pandemic.



A line of "distanced" staff is forming to pick up their testing packets from Becky Stoffel.

View, accepted temporary, part-time employment packets to residents and staff. Becky is here 3-600+ packets (which include vials, swabs, and

ping COVID testing packets for distribution. It data on each vial, and reassembling and or-resident testing each week. She does the staff testing times per week. In addition, Becky each staff person who lines up at her station in to be swabbed for COVID-19 by PVHC Nursing

than noted; it's tedious, but one that requires exactness. Becky has been handling it all for COVID testing is not something staff relish taking the time from their full schedules to do every week, but Becky has the care and kindness that can make staff's days a bit brighter.