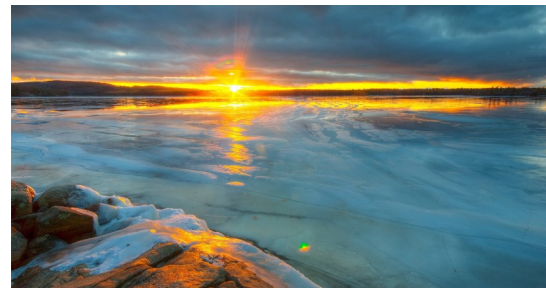


## A look back at 2019

- Garden time ran every Tuesday afternoon during the growing season in conjunction with the Winnebago County Master Gardeners' Program, led by our Medical Director, Dr. William Weber and his brother Tom Weber.
- The "Friends of Park View" volunteer group played a vital role in providing support to our residents through their time, talents and fundraising efforts. In addition, all proceeds from the gift shop were once again given towards the residents' needs fund.
- Park View's 1st Annual Chili Cook-Off was a huge success and great fun.
- There was wonderful success doing "Waffle Wednesdays" each month on a different neighborhood; made to order big waffles with a multitude of toppings were offered. "Waffle Wednesdays" will continue in 2020.
- Local Historian, Randy Domer, presented a session on Oshkosh's rich history.
- Our Triobike Project came to fruition and jettisoned in popularity, starting with rides in May. Many individuals from the community came forward to volunteer as pilots, as well!
- Residents participated in the "Wisconsin Free Fishing Weekend" in June.
- "Afternoons on the Patio" with music, refreshments and triobike rides for residents were scheduled many times throughout the nice weather.
- Park View's 2nd Annual Car Show was a success once again with approximately 40 collector vehicles on display.
- PVHC's "Fair Week" provided participation in daily, fair-themed activities.
- Park View recognized "Patriot's Day" on 9/11 this year with a social time; the Veteran's Museum brought over military vehicles for display.
- All PVHC volunteers were celebrated at a "Volunteer Recognition" in September.
- Park View sponsored their first CNA Training Class through Fox Valley Technical College.
- The 1st Annual German Fest drew large crowds of residents and their loved ones. Attendees tasted Reuben sandwiches and German treats, along with specialty, non-alcoholic beers, while German music from Helmut and Darlene permeated throughout the Atrium and Great Room.
- PVHC's annual "Community Trick-or-Treat" was once well-attended, with approximately 150 costumed children participating. The Activities Department set up numerous fun games for the children to play while gathering treats as prizes.
- The Veteran's Day Ceremony was a moving experience to attend. War-time memories from some of our own Veterans were shared with those in attendance. Omro Post 234 provided their services in the Presentation of Colors, the presentation of "thank you" roses to each Veteran in attendance, and other services during the ceremony.
- Newsweek magazine announced Park View as the "Best Nursing Home in Wisconsin" and one of the top 20 in the nation.
- Park View hosted a few "Learning in Retirement" presentations through UW Oshkosh.
- There were several Christmas and holiday celebrations and events, including "Resident Shopping Day," tree decorating parties, caroling groups, and Carrie's Cause poinsettias distribution to every resident.
- Fox Valley Technical College and UW Oshkosh Nursing Department have both continued to utilize PVHC as a training ground for their Nurse and CNA programs.
- PVHC achieved a deficiency-free annual State health survey again this past year.
- PVHC participated in an "Active Intruder" training provided by the Oshkosh Police Department.

**It will be exciting to see what is around the corner in 2020! Best wishes in the New Year!**

—Marleah Keuler Grahek, Administrator



Oshkosh Phone: 920-237-6300  
Neenah Phone: 920-727-2883

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Jan/Feb/Mar  
**2020**



# Park View Health Center Newsletter

## Dr. William Weber 30 Years of Faithful Service

Since January 1, 1990, in what was to have been a temporary stint with Park View, Dr. William Weber, a practicing physician in Oshkosh, was drawn into becoming our Medical Director for a much longer time frame than he anticipated! What drew him were his observations of the quality of care being provided to residents for long-term and short-term skilled nursing care, and he liked taking part in that kind of environment.



Dr. Weber has been a consultant in quality assurance and ethics meetings, infection control and prevention decision-making, and overall has provided the leadership and service that goes above and beyond the norm in a medical director capacity. He has brought along his caring heart with him in every instance concerning Park View.

His leadership has spread to the outdoors, as well. Dr. Weber has been instrumental, along with his brother Tom Weber, in being a part of the Winnebago County Master Gardens Project here for many years. They both have been giving of their time, talents, and work ethic in making our gardens as magnificent as they are today.

Dr. Weber's last day as PVHC's Medical Director will be January 3rd. On Monday, January 27th, from 2-4 p.m., we will be celebrating Dr. Weber's 30 years of dedicated and caring service. Please join us and stop in to congratulate him on his many years with Park View!

## Welcome, Dr. John Steiner



John Steiner, MD has accepted the position as Park View's Medical Director, succeeding William Weber, MD.

Dr. Steiner specializes in internal medicine with a special interest in geriatrics. He has over 28 years of experience in the field of medicine. He graduated from Medical College of Wisconsin with his medical degree in 1991. He is affiliated with numerous hospitals in Wisconsin, and currently follows the care of many residents at Park View, through Aurora Health Care.

Dr. Steiner's first day of service will be January 4, 2020. He says he "is looking forward to being Medical Director at one of the best facilities (he has) had the opportunity to work in."

Please welcome Dr. Steiner to Park View as you see him in the neighborhoods.

## Welcome, Figgy!

“Fig” (nicknamed “Figgy”), a female French Bulldog, will be joining Park View in the new year. She was born in Iowa and Figgy will be an 8-week-old puppy when she is taken home with Carrie Baxter-Crist, Social Wellness Manager, and her husband, Mike, the end of December.

Figgy will be a regular fixture at Park View, with her needs being taken care of by the Activities Department, led by Carrie. As Figgy becomes familiar with her surroundings on a small scale, she will also be in training and gradually eased into being a part of the Neighborhoods, but it is important to realize that this will be over time. A lot will depend on Figgy and her own readiness to be out and about.

Figgy will go home every night with Carrie, and be cared for by Carrie on the weekends. But her primary home during the weekdays will be here with all of us.



Why have Figgy on board as a friend here at Park View? Pets have the ability to engage residents in ways humans often cannot. Once you see a resident's face light up and smile upon seeing a pet, it is hard to put into words the benefits. Anything that brings even a moment of joy to our residents is worth it. Pets give residents something to do, and talk and think about, other than him or herself. Pets provide a source of touch and affiliation. They encourage and increase communication between other residents, staff and visitors, help newcomers meet new friends, remind them of their own pets, stimulating exercise and activity, heightening self-confidence, esteem, and a sense of achievement. Last but not least, pets help people cope with stress, illness, loss and depression.

Be on the look out for brief visits on each neighborhood in the new year, in order to welcome Figgy!

## A special initiative in the New Year

Through a partnership with Thrivent Financial and “Journey Together”, Park View residents will be making doggie treats which will be provided to “Journey Together.”

What is “Journey Together?”

Journey Together Service Dog Inc. is a volunteer organization that provides highly trained service dogs to people diagnosed with Post Traumatic Stress Disorder (PTSD). Dogs are placed at no charge with qualified Wisconsin residents who are 18 years or older.

As noted on the “Journey Together” website, “dogs in training reside at the Oshkosh Correctional Institution. Inmates apply to become dog handlers. Those accepted into the program volunteer their time to provide care and training of the dogs. Community volunteers also play key roles in the program. Some go into the prison to instruct training classes for the inmates. Others take dogs on trips in public so the dogs can gain the experience essential for them to be service dogs for individuals who have been diagnosed with PTSD.

Journey Together Service Dog Inc. never charges for a service dog. The organization is run by a group of dedicated volunteers who find satisfaction in providing highly trained dogs to those who can benefit from the help of a dog.”

A group of Park View residents will be participating in helping to make the treats and will provide to trainers and owners of “Journey Together” dogs. The goal will be to make doggie treats from two fun recipes, wrap and label for a Valentine's Day give-away to “Journey Together,” as well as provide some treats for the PVHC Gift Shop for residents and loved ones who may want to purchase them.

This activity is being led by Anne and Steve Haberkorn; along with Brenda Cirricione of “Journey Together;” Tim Laurin, PVHC Lead Activity Specialist, Jennifer Van Dyn Hoven and Shannon Tynan, Activity Specialists, and Jennifer Wilson, Resident and Legion Volunteer.

## We are grateful for giving hearts...

### Honorary or Memorial Donations Received:

Tim Abraham  
Kristi Clark  
Cathy Duerkop  
Tony Beyer & Alice Law  
Heather Ehlike  
Jennifer Kujawa  
Daniel & LeAnne Last  
Larry & Debra Last  
Tim Laurin  
Donna Molus  
Len & Mary Place  
Patti Porto  
Michael & Karrie Suess  
Rita & Darrel Voight  
Joseph Yanacek II

### Monetary Gifts Received:

Anonymous  
Anonymous  
Anonymous  
Anonymous  
Kathleen Aschenbach, Winn. Cty. Retired Educators Assoc.  
Clara Dorsey  
Lorraine Fernau  
Lana Fisher  
Furman Family  
Maribeth Gabert  
Curtis & Judith Gerken, Winn. Cty. Retired Educators Assoc.  
Jennifer Kujawa  
Larsen-Winchester Lioness Club  
Beverly Lawson  
Dean & Jean Sandeman, Winn. Cty. Retired Educators Assoc.  
Carol Stewart, Winn. Cty. Retired Educators Assoc.  
US Connect  
US Venture Inc.-Community Engagement Committee

### In-Kind Gifts Received:

Peg Babbitz  
Amy & Chris Bintiff  
Chris Cannon  
Dawn Cotter  
Lorraine Fernau  
Pat Gollither  
Diane Harrington & Sarah Schneider  
Tim Killilea  
Debbie Koehler  
Jennifer Kujawa  
Tristie Ludwig  
Diane Nelson  
Carla Olson  
OPD-Public Affairs/Prev. Officer Katherine Mann, area businesses and individuals  
Preceptor Alpha Mu  
Helen Schwochert  
Patti & Jerry Sowls  
Sally Viertel  
Charlotte Vilwoc  
Hank & Judy Weyers  
Winnebago County Retired Educators Association  
Holly Wisnefske

### Endowment Fund Earnings

1. PVHC Endowment Fund through the Oshkosh Area Community Foundation
2. PVHC Endowment Fund from the Thomas A. Plein Foundation, through the Community Foundation of the Fox Valley Region

### Grant Approval

Ladies Benevolent Society: Advocates for Older Adults, through the Oshkosh Area Community Foundation graciously approved monies towards Park View's End of Life Care Project! Thanks to this special group who provide so much for our residents!

### Endowment Funds

A gift to one of Park View's endowment funds will allow an expansion of your giving. Building on an endowment creates a lasting support towards our residents' needs. We are able to use the interest earned on endowed funds towards the residents, while the principals remain as a permanent source of income. Endowments can also provide stability during tough economic times.

Having endowments established through the **Oshkosh Area Community Foundation**, the **Thomas A. Plein Foundation through the Fox Valley Community Foundation**, and the **Marie & Bobby Pesch Mental Health Fund through the Oshkosh Area Community Foundation** assures the funds will be invested safely and wisely by local money managers, and that your intent as a donor will be followed. Contributing to our endowment funds allows you to create a supportive legacy for the residents of Park View for years to come.

For direction regarding Park View's endowment funds contact Kathy Glander, Administrative Coordinator, at 920-237-6901, or [kglander@co.winnebago.wi.us](mailto:kglander@co.winnebago.wi.us).

# Memories from the Holidays

Here are some of the photos from “Resident Shopping Day” we have shared on our Facebook Page. If you haven’t “liked” Park View Health Center yet, please consider being a part of this growing club on Facebook!



# Emergency Preparedness Information

The safety of our residents and staff is our main priority. In the event of a disaster in which the facility’s emergency operation plan is activated, residents and families should be aware of what to expect. Important information for residents and families to be mindful of during an emergency is described below:

- ⇒ It is important to notify staff when a resident is leaving and returning to facility. Such notification is necessary to ensure staff can locate all residents in the event of an emergency. In addition, there are circumstances under which a resident may be disqualified from insurance coverage benefits if he or she leaves the facility for any extended period of time.
- ⇒ Sheltering in place will always be attempted before an evacuation. This means that residents and staff will stay in the building in their usual locations during an emergency, if it is deemed safe to do so.
- ⇒ Residents may be transferred to a different location within the building during an emergency. If so, residents and resident representatives will be notified of their new location within the building.
- ⇒ The facility maintains inventory of emergency supplies in the event sheltering in place is a continuous need for a period of time.
- ⇒ If evacuation to another facility is necessary, the resident and resident representative will be notified of the destination location, time of transfer, and means of transport. Family may be requested to assist with transport.
- ⇒ Depending on the need, residents may be transferred to the hospital, another long-term care facility, or temporary shelter with facility staff.
- ⇒ A resident may be transferred into the care of a family member to a home setting temporarily, if deemed appropriate.
- ⇒ HIPAA is not waived in emergency events. Resident information needs to be protected at all times however, certain information can be shared during emergency events if the protected health information is disclosed for public health emergency purposes.
- ⇒ In the event of a facility-wide emergency, a Hotline may be set up for families to call to obtain information regarding residents.
- ⇒ Staff will direct residents in the event of an emergency, but residents and families should also be aware of actions to take:
  - Fire- Shelter in place in the resident’s room with the door shut. Do not travel through the hazardous area. Staff or emergency personnel will direct if evacuation from the neighborhood is warranted.
  - Severe Thunderstorm or Tornado Watch- Return indoors and to the neighborhood for quick response if the watch escalates.
  - Severe Thunderstorm or Tornado Warning- Find shelter in an area with no windows. On the neighborhoods, the bathing spas and hallways are designated shelter areas.
  - Unauthorized Intruder or Facility Lockdown- Return to resident’s room or other safe area to hide and shut the door. Barricade the door with whatever is available i.e., furniture.

The facility conducts periodic emergency preparedness drills in order to practice the emergency operation plan. We understand this may be disruptive to residents, and we appreciate your cooperation with emergency drills.

## Food for Thought...

### Handling Residents' Food

Below are procedures to follow when handling food for your loved one while here at Park View:

- ◆ Wash Hands:
  - ◆ Before handling food, wet hands, apply soap provided, scrub lathered hands for at least 20 seconds, rinse hands thoroughly, dry hands with single use paper towel and turn off faucet with paper towel to prevent contamination of hands.
  - ◆ Do not touch ready-to-eat foods with bare hands; use utensil or single-use glove.
- ◆ Remove any foil or wrapper from the plate or personal container.
- ◆ Place a plate cover dome on the plate or loosen the container lid before placing in the microwave.
- ◆ Set time on microwave.
- ◆ When the microwave is done, allow food to sit covered for 2 minutes before testing the food temperature.
- ◆ Utilize a T-stick, located in the household kitchen, to test the food temperature. Insert the white plastic-coated end of the T-stick into the center of the entrée. **DO NOT REMOVE THE PROTECTIVE PLASTIC COATING ON THE T-STICK.** Wait 10 seconds.
- ◆ Remove T-stick from food. If plastic coated end has turned brown, the food has reached the recommended temperature.
- ◆ If the plastic-coated end remains white, heat longer. Use the same T-stick for the same food item until the recommended temperature is reached.
- ◆ Clean any spills or food debris left in microwave.



**“Spring passes and one remembers one’s innocence. Summer passes and one remembers one’s exuberance. Autumn passes and one remembers one’s reverence. Winter passes and one remembers one’s perseverance.”**

—Yoko Ono, artist and activist

### “Soft-touch” massage is available to residents

Certified therapists are available to perform soft-touch massage on residents’ shoulders, hands, feet, etc., all while residents are sitting in a chair or lying in bed.

If you haven’t yet considered this soothing treatment for your loved one and would like to, contact a nurse from the neighborhood. There is also funding available for those who would need the assistance.



## Focus on Our Volunteers

### Resident Confidentiality Guidelines

This is our annual reminder to all volunteers that we are responsible to maintain strict confidentiality in all aspects of the resident’s life.

Residents have a right to confidentiality in three areas: medical, financial, and personal matters. Information volunteers obtain regarding the resident is privileged, confidential and must remain within Park View Health Center, as stated in the HIPAA Agreement signed when becoming a volunteer. Please do not discuss resident information with anyone outside the facility. If there is a question regarding residents who directly affect volunteer service, please ask staff in private.

An important aspect of the volunteer role is to uphold the resident’s right to have their health status, behavior, treatment, and all other personal business kept confidential.

Some suggestions on how to do that are:

- Discuss confidential medical, financial, and personal matters in private.
- Redirect questions about confidential matters to the resident, unless authorized by the resident to share such information.
- Become the resident’s advocate by helping others maintain confidentiality.

Respect a resident’s choice not to share information.

**Confidentiality pertaining to cameras, video cameras, phone cameras, etc.:**

Because we must respect the rights and confidentiality of our residents, we ask that volunteers do not use cameras or video cameras.

### Welcome to our new volunteers!

Gary Allen

Stacy Frakes

Patricia Geffers

Meghan Helms

Jody Klapa

Kelley Lee

Tricia Nobbe

Larry Phillips

Robin Phillips

Lee Poklasny

Janice Faust

Maxine Nobbe

Dave Nobbe

Peter Geffers

### Our volunteers accomplished so much for the holidays!

Volunteers were faithfully here to assist in the annual “Resident Christmas Shopping Day,” the annual “Adopt-a-Resident” program, and they were involved in the solid schedule of activities offered to residents all during the month of December.

The volunteers’ caring hearts were a blessing, and PVHC is grateful for their willingness and donation of time, talents, and gifts during the holiday season, as well as all throughout the year.

We wish each of our volunteers a blessed new year ahead. And we thank them for their service.