



*"Lots of
laughter and
compassion.
Just what I
needed."*



*"Meeting
other
people with the
diagnosis helps
you feel like
you're not
alone."*

**It helps to have friends
around every corner.**

Oshkosh Area Memory Cafés

- 2nd Wednesday of each month • Oshkosh Public Library • 1:00 – 3:00 pm
- Last Monday of each month • Oshkosh YMCA - 20th St. • 1:00 – 3:00 pm

Get out, get active and get connected through the **Oshkosh Memory Café!**

A Memory Cafe offers a comfortable way for you and your care partner to have fun and socialize with others who are living in the early stage of Alzheimer's disease or another dementia.

No charge to participate. Attend one, or both, of the Oshkosh café offerings!

- Alzheimer's Association
1.800.272.3900 to learn more
and to reserve your spot!

HELPLINE 1.800.272.3900

alzheimer's  association®

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