

Aging & Disability Resource Center of Winnebago County Newsletter



What's the difference between Medicare and Medicaid?

Medicare is defined as a **federal health program** that pays for some of the medical and hospital expenses of people over 65 years of age, and in some cases people under age 65 with specific medical disabilities or diseases. Because it is using Social Security funds, there is a work history requirement for eligibility. Medicare has copays and deductibles.

Medicaid is a **state** health care program that assists low-income families or individuals in paying for doctor visits, hospital stays, long-term medical, custodial care costs and more.

Medicaid is a joint program, funded primarily by the federal government and run at the state level, where coverage may vary. There may be income and asset limits for eligibility. Medicaid has minimal copays.

A key difference between Medicare and Medicaid is that one is primarily **age-based**, and the other is **income-based** benefiting people with limited financial resources (assets), regardless of age.

At the ADRC we have Disability Benefit Specialists (helps ages 18-59) and Elder Benefit Specialists (helps ages 60+) that specialize in helping with your Medicare and Medicaid questions. We also have a Medicaid Assistant on our team.



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211 N. Commercial St, Neenah
877-886-2372
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Website: www.co.winnebago.wi.us/adrc

MEET OUR STAFF



**Amy
Schneider**

Hi, my name is Amy and I have been working with Winnebago County for a little over a year. I am a Medicaid Assistant with the ADRC. I assist the Information & Assistance Specialists with customers who need help with completing and follow up with their Medicaid applications. I have a passion for working with those in need of assistance and resources. I also love interacting with the customers I get to work with and it is very gratifying when we get approval. I have two children. One daughter who will be 26 and one son who is 22 and will bittersweetly be leaving the nest to move to Indiana to pursue his career. I also have a grandson Jase who is the light of my life, he keeps me busy. I am married to my wife and love spending time with family, watching Netflix and taking our two energetic dogs out running. I am looking forward to being able to get out and do more with loved ones hopefully in the near future.

Valentine's Day Candy

Ingredients:

- 1 cup butter
- 1 cup brown sugar
- Club crackers
- 3/4 cup dark chocolate chips
- 3/4 cup white chocolate chips
- Red candy melts

Instructions:

- Combine butter and sugar in small saucepan. Bring mixture to a boil and boil steadily for 4 minutes.
- While the sugar mixture is boiling, line a jelly roll pan with tin foil, then lay down one layer of Club crackers.
- Pour the boiled sugar mixture over the crackers, and bake in a 350-degree oven for 10 minutes.
- Remove the pan from the oven and sprinkle with chocolate chips and candy melts.
- Cover pan with tin foil and let it sit for 5 minutes.
- Remove foil and spread the melted chocolate over the crackers.
- Allow the candy to cool, then place the pan in the freezer for 1-2 hours.
- After the candy has set, crack it into small pieces.



What kind of flowers should you not give on Valentines Day?



Cauliflowers 😊





Project Lifesaver available throughout all of Winnebago County in Spring 2021!

What is Project Lifesaver?

Project Lifesaver uses radio technology designed to track someone who is missing. This is used for individuals diagnosed with a condition that involves a risk of wandering – like Dementia, Autism, or another cognitive impairment. This proven technology has allowed law enforcement to locate someone from minutes to hours instead of days.

The cost to participants/families is a one-time fee of \$300, however there are sponsorships available for those participants/families who are unable to afford the program. There is annual fee of \$25 to cover the cost of the batteries. A member of the Project Lifesaver team meets with the participant monthly to change the batteries.

In our area, Project Lifesaver is currently only available in the City of Oshkosh and the Town of Grand Chute. Todd Wrage is a Patrol Sergeant with the Oshkosh Police Department and is the administrator of Project Lifesaver for the City of Oshkosh. He anticipates that by Spring 2021, there will be coverage county-wide.

If you would like additional information on this program please contact Todd at (920) 236-5757.

*Donations are accepted to purchase equipment and offset the cost for families with financial hardship. Checks may be payable to the City of Oshkosh with "Project Lifesaver" in the memo line.



Per the
Alzheimer's Association:
"6 in 10 people with dementia will wander. A person with Alzheimer's may not remember his or her name or address, and can become disoriented, even in familiar places."



Dementia Friends USA is a global movement that is changing the way people think, act, and talk about Dementia. Developed by the Alzheimer's Society in the United Kingdom, the **Dementia Friends** initiative is underway in the USA. By helping everyone in a community understand what Dementia is and how it affects people, each of us can make a difference for people touched by Dementia.

If you would like to become a Dementia Friend or learn more about this initiative, contact Alisa Richetti at (920) 236-1227. This training can be available via Zoom.



Have you seen these purple angel stickers around town?

Purple Angel is a training that is available to businesses throughout Winnebago County that are looking for a better understanding of what Dementia is. This training helps teach businesses how to communicate better with customers who may have memory loss and what to do if they come upon a concerning situation. The training also helps to provide support to their employees who may be caregivers so that they may have a better understanding of what resources are available.

If you see the Purple Angel sticker at one of your local businesses, it signifies that their staff has been trained.

Contact our Dementia Care Specialist, Alisa Richetti if your business is interested in becoming more Dementia aware by completing this free training. You can reach her by calling (920) 236-1227 or emailing ARichetti@co.winnebago.wi.us

Coming Together with the African American Community: Advancing Health Equity through Alzheimer's Resources, Caregiver Support and Research

Thursday, February 18

8:30-9:30 a.m. presentation; 9:30-10:00 a.m. panel Q&A

Join us for a timely discussion about Alzheimer's and dementia.



Keynote

Carl V. Hill, Ph.D., M.P.H.

Alzheimer's Association Acting Chief
Diversity & Inclusion Officer and
Vice President of Scientific Engagement



Moderator

Gina Green-Harris, MBA

Director, UW Center for Community
Engagement and Health Partnerships in
Milwaukee, Wisconsin Alzheimer's Institute,
Regional Milwaukee Office and Alzheimer's
Association Wisconsin Board Member

Registration: bit.ly/DrCarlHill

*A special program in honor of
Black History Month*

alzheimer's
association

Upcoming February Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Public Meeting: Winnebago County Human Services Board Meeting at 3pm	2 Virtual Memory Café 11am-12pm Public Meeting: Oshkosh Committee on Aging at 8am	3 Farmers to Families Food Box Program 4:30pm-6:30pm *First come, first serve Oshkosh West High School	4 Farmers to Families Food Box Program 10am-12pm *First come, first serve Timber Rattlers Stadium	5 Virtual Memory Café 1:30pm-2:30pm	6 Oshkosh Farmers Market Menominee Nation Arena 8am-12:30pm
7	8 Public Meeting: ADRC Committee Meeting at 3pm	9 Virtual Memory Café 11am-12pm Public Meeting: Winnebago County Specialized Transportation Meeting at 1:30	10 Farmers to Families Food Box Program 4:30pm-6:30pm *First come, first serve Oshkosh West High School	11	12 Virtual Memory Café 1:30pm-2:30pm Public Meeting: Menasha Committee on Aging at 1pm	13
14 	15 ADRC Committee Meeting 3pm	16  Virtual Memory Café 11am-12pm	17 Welcome to Medicare Presentation 1-2pm	18 Alzheimer's Association Presentation – Advancing Health Equity (see details in newsletter) 8:30am-10am Public Meeting: Neenah Committee on Aging at 9:15am	19 Virtual Memory Café 1:30pm-2:30pm	20 Oshkosh Farmers Market Menominee Nation Arena 8am-12:30pm
21	22 Virtual Memory Café 1pm-2pm	23 Virtual Memory Café 11am-12pm	24	25	26 Virtual Memory Café 1:30pm-2:30pm	27
28						

Contact Information:

- Winnebago County Human Services Board Meeting: PBartelt@co.winnebago.wi.us
- Winnebago County Specialized Transportation Meeting: BCeman@co.winnebago.wi.us
- ADRC Committee Meeting: ADRC@co.winnebago.wi.us
- Neenah Committee on Aging: ckasimor@ci.neenah.wi.us
- Menasha Committee on Aging: msackett@ci.menasha.wi.us
- Oshkosh Committee on Aging: judy.richey@aol.com
- To get Zoom information for other events: ARichetti@co.winnebago.wi.us or (920) 236-1227



COVID-19 VACCINE INFORMATION

Per the Winnebago County Public Health Department, they recommend that individuals find vaccine information by:

- Visiting the Department of Health Services website:
<https://www.dhs.wisconsin.gov/covid-19/vaccine.htm>



- Call 2-1-1
- Sign up for weekly updates from the Department of Health Services and daily COVID-19 updates from the Winnebago County Health Department. You can find the sign-ups for these off the Winnebago County Public Health Website: <https://www.co.winnebago.wi.us/health> and click "COVID-19 Vaccine Updates".
- Updates are changing rapidly

Who is paying for the COVID-19 vaccination?

Per the Centers for Disease Control (CDC) website: "Vaccine doses purchased with U.S. taxpayer dollars will be given to the American people at no cost. However, vaccination providers can charge an administration fee for giving someone the shot. Vaccination providers can be reimbursed for this by the patient's public or private insurance company or, for uninsured patients, by the Health Resources and Services Administration's Provider Relief Fund. No one can be denied a vaccine if they are unable to pay the vaccine administration fee."

Who is eligible for the COVID-19 vaccine?

Current eligible populations

- Frontline health care personnel
- Residents in skilled nursing and long-term care facilities
- Fire and police personnel, Correctional staff
- Adults aged 65 and over

Next eligible populations

Starting around March 1:

- Education and child care
- Individuals enrolled in Medicaid long-term care programs
- Some public-facing essential workers
- Non-frontline essential health care personnel
- Staff and residents in congregate living facilities





Free Tax Help – 2021

AARP (American Association of Retired Persons) assists with free, simple tax preparation every year. If you have a complex tax situation, they may ask you to seek aid from an accountant or tax preparer. Per the AARP website:

- "AARP Foundation Tax-Aide provides in-person and remote tax assistance free of charge to anyone, with a special focus on taxpayers who are 50 or older or who have low to moderate income.
- Tax-Aide volunteers are located nationwide, and are trained and IRS-certified every year to make sure they know about and understand the latest changes and additions to the tax code."

Neenah/Menasha area

- AARP is not coming to the Neenah Library this year, but will be helping with tax prep at other locations
- Appointments are necessary
- Call #920-215-1040
- Leave a message and someone will call back to schedule the appointment

Oshkosh area

- AARP is not coming to the Oshkosh Senior Center this year, but will be helping with tax prep at the Oshkosh Public Library
- Appointments are necessary
- Call #920-385-6756
- Call for an appointment between the hours of 9am-1 pm ONLY
- Leave a message and someone will call back to schedule the appointment

*Per the IRS website, there are not any VITA (Volunteer Income Tax Assistance) locations in our area at this time.



January 2021

FARMERS TO FAMILIES FOOD BOX

FREE FOR THE
OSHKOSH COMMUNITY

When: Wednesdays, **February 3 and 10**
4:30 - 6:30 pm (do not arrive before 4)

Where: Oshkosh West High School
375 N Eagle Street, Oshkosh

The USDA is partnering with farmers, distributors and nonprofits to ensure that **everyone** has access to the fresh produce, meat and dairy they need during the COVID-19 crisis. Receive your food box at the Oshkosh drive-thru distribution. Be sure to clear out your trunk before you come. First come, first served basis.

NO INCOME REQUIREMENTS.

Valley COOPERATIVE
ASSOCIATION
Share in what's possible.

FEEDING
AMERICA
Eastern Wisconsin

Oshkosh logistics partners: Oshkosh Area Community Foundation, Oshkosh Area United Way, Oshkosh Area Community Pantry, Father Carr's Place 2B, Oshkosh Corporation, Amcor, J.J. Keller Foundation, Oshkosh Area School District, UW Oshkosh

****There is also an Appleton location on Feb 4th from 10am-12pm at the Timber Rattlers Stadium (2400 N. Casaloma Dr, Appleton)***

- Feeding America has partnered with the USDA to distribute this food.
- Open to the public.
- Do not exit vehicle at any time.
- Follow directions on posted signs.
- Have room in your vehicle's trunk or backseat to accommodate boxes of food.
- First come, first served – so get there early!
- There are no income or asset limits – anyone is welcome

Across

- 1. Mast attachment
- 5. Greeting bearer
- 9. Stinging insects
- 14. Pokémon character #63
- 15. Water in Juárez
- 16. Alan or Adam of film
- 17. "Ode on a Grecian Urn," e.g.
- 19. Alpaca's cousin
- 20. Think about overnight
- 21. Suitcase ID
- 23. Feel sorry for
- 24. Lion's locks
- 25. ___-Lorraine
- 28. Warm up in the ring
- 30. Scrooge's epithet
- 33. Bold
- 34. Big blast of the '50s
- 35. Start of a long-distance call

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Down

- 1. Fifth Avenue store
- 2. Biblical brother
- 3. "Dies ___" (Latin hymn)
- 4. Note excusing tardiness
- 5. "Breakfast at Tiffany's" author
- 6. Serious suffering
- 7. Street, in Montreal
- 8. "___ Yankees"
- 9. Sam's Club parent company
- 10. Senator Specter
- 11. Kid's conveyance
- 12. Fine cotton
- 13. Glitch
- 14. Huffs and puffs
- 15. Orphan's lack
- 16. Artists' subjects
- 17. Tortes and petits fours
- 18. Surface to polish
- 19. Yes-___ question
- 20. "Cut it out!"
- 21. Silent performer
- 22. Folk singer Burl
- 23. In the mail
- 24. Copycat
- 25. Anxiety
- 26. Fisherman's boxful
- 27. Sirloin slicer
- 28. Vampire killer
- 29. Yappy dog, briefly
- 30. Photographer Adams
- 31. Hermann who wrote "Siddhartha"
- 32. Jalopy
- 33. Govt. debt instrument
- 34. Beyond fabulous
- 35. Backyard cooking devices

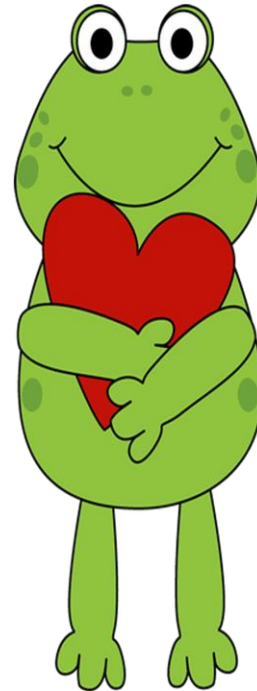
*** Answers on the next page**

ANSWERS

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- BE MINE
- LOVE
- FEBRUARY
- CHAMPAGNE
- BOYFRIEND
- ROMANCE
- RED ROSES
- BOUQUET
- VALENTINE
- GIRLFRIEND
- CUPID
- SWEETHEARTS
- ADMIRER
- CHERUB
- DATE
- CHOCOLATES