

Aging & Disability Resource Center of Winnebago County Newsletter

August 2020



WHAT DOES AN ELDER BENEFIT SPECIALIST DO?

The Aging Disability Resource Center (ADRC) has 2 Elder Benefit Specialist.

Elder Benefits Specialists (EBS) are dedicated to providing public education about issues that affect people over the age of 60. Specifically, an EBS can help you understand Medicare Parts A & B, Medicare Part D Prescription Drug, and other drug programs such as Senior Care and Medicare Part C, and Medicare Replacement Plans. They can also check to see if you might be eligible for any help paying for the costs of medical care or prescriptions. They hold Welcome to Medicare presentations throughout the year. Call the ADRC or check our ADRC Facebook page to get the date for the next presentation!

The ADRC monthly newsletter offers information about upcoming events, hot topics, and staff introductions. If you would like to receive one please contact Rebecca at 920-236-1227 or rgroleau@co.winnebago.wi.us

MEET THE STAFF



Joan Jaworski

Hi, my name is Joan Jaworski. I am an Elder Benefit Specialist for Winnebago County. As Part of the ADRC, I advocate for individuals age 60 years or older. I can provide information on public benefits and Medicare. I am married with 3 adult children, none of which live in WI. My spare time is spent traveling to visit them and my 4 grandchildren. Covid 19 has made seeing family especially difficult. We connect with many phone chats and even reading bedtime stories by SKYPE. So, if you're thinking of someone during this time of physical distancing pick up the phone and give them a call. It may make you both happy!

Winnebago County ADRC

220 Washington Ave Oshkosh
877-886-2372

211 N Commercial St Neenah
adrc@co.winnebago.wi.us

Mexican Corn Bread Salad

What You'll Need

- 1 (1-ounce) package dry ranch-style dressing mix
- 1 cup sour cream
- 1 cup mayonnaise
- 6 corn bread muffins
- 2 (16-ounce) cans pinto beans, rinsed and drained
- 1 green bell pepper, chopped
- 1 (16-ounce) package frozen corn, thawed
- 3 large tomatoes, chopped
- 10 slices bacon, cooked and crumbled
- 2 cups (8 ounces) shredded Mexican cheese blend
- 6 scallions, sliced

What to Do

1. In a small bowl, combine dressing mix, sour cream, and mayonnaise; set aside.
2. Crumble half the corn muffins into a large glass bowl or trifle dish. Place a layer of beans over corn muffins, then bell pepper, half of dressing mixture, corn, tomatoes, bacon, remaining corn muffins, remaining dressing mixture, cheese, and scallions.
3. Cover and chill at least 2 hours before serving



Benefit Highlights

Stimulus Payments

By now most people have received their stimulus payments via direct deposit, paper check, or prepaid debit card in the mail. Anyone who has not yet received the payment and does not plan to file a 2019 tax return should use the non-filer tool to request a payment.



People who received their stimulus money via a prepaid debit card should keep the card even after the money on it has been spent. If the federal government approves a second stimulus payment in the future, the payment could be electronically loaded on that same card.

How will this stimulus payment affect my public benefits?

The stimulus payment is an advance tax credit. As such, both federal and state law dictate that it is an exempt asset (not countable) for the first 12 months after receipt of the funds. It will only count as an asset if the money has not been spent at 12 months.

What if the person I am a guardian or power of attorney for has passed away?

If the person passed away before the stimulus payment was received, the money should be returned to the IRS in one of the following ways:

If the payment was a paper check:

1. Write "Void" in the endorsement section on the back of the check.
2. Mail the voided Treasury check immediately to the appropriate IRS location listed below.
3. Don't staple, bend, or paper clip the check.
4. Include a note stating the reason for returning the check.

If the payment was a paper check and you have cashed it, or if the payment was a direct deposit:

1. Submit a personal check, money order, etc., immediately to the appropriate IRS location listed below.
2. Write on the check/money order made payable to "U.S. Treasury" and write 2020EIP, and the taxpayer identification number (social security number, or individual taxpayer identification number) of the recipient of the check.

Include a brief explanation of the reason for returning the money.

Wisconsinites should return the money to:

Fresno Refund Inquiry Unit 5045 E Butler Avenue Mail Stop B2007 Fresno, CA 93888

Check out the official IRS website for information on what to do if you haven't received your payment yet, frequently asked questions and who to contact with questions.

Go to <https://www.irs.gov/coronavirus/get-my-payment>

Upcoming August Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Caregiver Support Group	3	4
5	6	7	8 Virtual Memory Cafe	9 Caregiver Support Group	10	11
12	13	14 Virtual Bingo	15	16 Caregiver Support Group	17	18
19	20	21	22	23 Caregiver Support Group	24	25
26	27 Virtual Memory Café	28 Virtual Bingo	29	30 Caregiver Support Group	31	

**Why did it get
so hot in the
baseball stadium
after the game?**

All of the fans left.

Events:

Aug 8th & 27th Memory Café 1-2pm
 Aug 14th & 28th Virtual Bingo 1:30-2:30
 Every Thursday Virtual Support Group 3:30-4:30

To find out zoom info contact
 Rebecca Groleau 920-236-1227

What are home delivered meals? What is FoodShare?

By: Melissa Sell, CSW - Information & Assistance Specialist

Many older adults and adults with disabilities are living on Social Security. Living on a fixed income with rent, utilities, medical bills, etc... can leave many with little room to buy healthy, nutritious food. In addition, many individuals have mobility and medical issues which makes grocery shopping and meal prepping very difficult tasks.



Home delivered meals are one option for older adults who have a hard time preparing a meal. In addition to a nutritious meal, the beautiful thing about home delivered meals is that it serves as a check-in. For both of the home delivered meals programs in Winnebago County, if the individual does not answer the door or phone, an emergency contact is called to check on the wellbeing of the individual who is supposed to receive the meal. The check-in also serves as a social interaction that they would not have otherwise had. There are some wonderful connections created between the volunteers and the recipient of the meals.

There are two home delivered meal programs in Winnebago County: Advocap and the Valley VNA. Advocap operates a home delivered meal program for all of Winnebago County. The individual must be homebound and age 60+. Spouses of older adults and adults with disabilities are also able to get a meal. The ADRC of Winnebago County provides Older American Act funding to Advocap so they can operate both a home delivered meal program and meal site program for all of Winnebago County. The individuals who receive home delivered meals must be homebound and age 60+. There is no set cost to each meal, rather individuals are encouraged to donate towards the cost. However, no one will be denied a meal if they cannot donate. Lunch time meals are delivered Monday through Friday. Re-heatable meals are also available for the weekend. The meals are a general, low salt diet. Meals can be scheduled for one to five days a week. They are prepared by a caterer called Canteen. To learn more, contact Advocap at 920-725-2791.

The Valley VNA also operates a home delivered meal program in our county. Their program serves individuals who live in the city of Neenah or city of Menasha. The individual does not have to be homebound to have these meals and there are no age requirements. Each meal is \$5.25 and they are offered Monday through Friday. Meals can be scheduled for one to five days a week. Special diets are offered; such as gluten free, low-sodium, diabetic, mechanical soft, cardiac, etc... The meals are prepared at Thedacare Hospital in Neenah. To learn more, call the Valley VNA at 920-727-5555.

Generally, there are meal sites all over the county. However, due to the pandemic, many meal sites are either delivering meals to the individuals or are not operating their meal site right now. If you are interested in getting a list of meal sites across the county, please call the ADRC at the number below.

There are several companies who offer frozen meals. There are fees for the meals and most have shipping costs. For a list of some of these companies, please call the ADRC at the number below.

FoodShare, also known as the **Supplemental Nutrition Assistance Program** (SNAP) and formerly called Food Stamps, provides low-income households with money they need to buy groceries. The money is deposited each month on a debit card (also known as an EBT or Quest card). These cards can generally be used at local farmer's markets. Please call the Economic Support Call Center at #1-888-256-4563 to learn more about eligibility and apply over the phone. You can also apply online at <https://www.dhs.wisconsin.gov/foodshare/index.htm>

Looking for a list of food pantries? Please call the ADRC at #877-886-2372.

Looking to volunteer and deliver meals? Contact the Valley VNA at 920-727-5555 or Advocap at 920-725-2791.

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