

Alcohol Use and Winnebago County High School Students

What is the problem?

- **63.8%** of students reported that they have had at least one drink of alcohol in their life.
- **19.1%** of students reported that they had their first drink of alcohol before the age of 13.
- **35.9%** of students reported that they had at least one drink of alcohol during the past 30 days.
- **22.1%** of students reported binge drinking (5 or more drinks of alcohol in a row) in the past 30 days.
- **44.6%** of students reported they strongly disapprove or disapprove of people binge drinking once or twice each weekend.
- **30.1%** of students reported that people their age would say it is okay to binge drink once or twice each weekend.
- **66.8%** of students reported that they feel their parents think drinking alcohol at least twice a month is very wrong or wrong.

What are the solutions?

K-12 skill-based health education
Evidence-based alcohol prevention programs
Trained staff
Parent and community education
Coordination of school and community-based efforts
Regular assessment of alcohol prevention efforts

What are some resources to help address the problem?

- SAMSHA Programs, <http://www.samhsa.gov/>
- National Clearinghouse for Alcohol and Drug Information <http://ncadi.samhsa.gov/>
- National Institute on Alcohol Abuse and Alcoholism <http://www.niaaa.nih.gov/>
- Office of National Drug Control Policy <http://www.whitehousedrugpolicy.gov/>
- Treatment Finder <http://findtreatment.samhsa.gov>

Wisconsin Resources

- Department of Public Instruction AODA Program
<http://dpi.wi.gov/sspw/aodaprogram.html>
- Wisconsin Clearinghouse for Prevention Resources <http://wch.uhs.wisc.edu/>
- CESA Safe and Healthy Schools Network www.cesa6.org