

# Aging & Disability Resource Center

Winnebago County





## What help is available from the ADRC?

- Information & Assistance
- Long-Term Care Options Counseling
- Access to Long-Term Care Programs
- Benefits Counseling
- Prevention Services
- Dementia Information & Assistance
- Advance Directives
- Adult Protective Services
  - Guardianship
  - Protective Placement



## Who does the ADRC serve?

- Adults 18 years and older with physical and/or intellectual disabilities
- Persons over 60 years of age
- Family, caregivers, and others who need information about community resources and Wisconsin's Long-Term Care programs and services



# ADRC Specialists

- ADRC Specialists can provide you with:
  - Eligibility criteria for Long-Term Care Programs
  - Housing Options
  - Health and Wellness
  - Home Care
  - Adaptive Equipment
  - Employment resources for adults with disabilities or older adults
  - Home maintenance
  - Nutrition
  - Transportation resources
  - Application assistance for Supplemental Security Income Exception (SSI-E), FoodShare, and Medicaid
  - Advance Directives
  - Adult Protective Services (APS) referrals
  - The Alzheimer's Family Caregiver Support Program (AFCSP) and The National Family Caregiver Support Program (NFCSP)



# Elder Benefit Specialist (EBS)

- Provide information regarding public benefit programs to persons who are 60 years of age and older
  - Understanding Medicare Parts A & B
  - Medicare Part D Prescription Drug & Other Drug Programs such as Senior Care Program
  - Medicare Supplemental Health Insurance
  - Medicare Part C- Medicare Advantage Programs
  - FoodShare
  - Social Security
  - SSI (Supplemental Security Income)
  - Medical Assistance (Medicaid, MA) applications
  - Spousal Impoverishment
  - Other concerns affecting older persons



## Disability Benefit Specialist (DBS)

- Provide current, accurate information regarding public benefit programs to individuals who are 18-59 years of age
  - Social Security Disability Income (SSDI) applications and appeals
  - Supplemental Security Income (SSI) applications and appeals
  - Medicare, including Medicare Part D
  - Medicaid (Medical Assistance)
  - Disability insurance issues
  - FoodShare and other public assistance programs



# Adult Protective Services (APS)

- APS serves older persons and adults over the age of 18 with disabilities who are in need of assistance due to abuse, neglect, self-neglect and/or exploitation, and financial abuse/exploitation.
- Adult Protective Services receives and responds to referrals. If an investigation occurs responses may include:
  - Welfare checks and investigations
  - Referrals to Information & Assistance Specialists
  - Assess for least restrictive interventions
  - Advance Directive & Supported Decision-Making Education
  - Guardianship (court ordered)
  - Protective Placement (only with Guardianship)
  - Protective Services (only with Guardianship)
  - Involve law enforcement to pursue criminal charges
  - Offer resources for families about attorneys for private representation



# Dementia Care Specialist (DCS)

- Provide free information and assistance to adults with memory concerns or who have a diagnosis of a dementia.
  - Memory Cafes and SPARK!
- Provide information and support to family members and friends who are caregivers.
  - Support groups, Powerful Tools for Caregivers, respite resources
- Provide information about Alzheimer's Family Caregiver Support Program (AFCSP) and The National Family Caregiver Support Program (NFCSP)
- Help train businesses and community members on how to be dementia-friendly.
  - Purple Angel Program







# Winnebago County Health and Human Services Wellness Plus

- **Classes Descriptions**
- [Strong Bodies](#) - simple scripted, evidence based program that improves bone density, balance and strength for participants 55+.
- [Stepping On](#) - is a community-based falls prevention program aimed at educating participants and building confidence to reduce and eliminate falls.
- [Living Well With Chronic Conditions](#) - helps participants with chronic health conditions such as: arthritis, diabetes, high blood pressure, and anxiety live better.
- [Healthy Living With Diabetes](#) - This workshop is designed to help adults with type 2 diabetes or pre-diabetes learn self-management skills and increase their confidence in managing their diabetes.
- [Healthy Living With Chronic Pain](#) - This workshop is designed for adults with on-going (chronic) pain to learn skills to effectively manage pain and improve energy, mental health, and quality of life.
- [Powerful Tools for Caregivers](#) - A class for family caregivers. The Powerful Tools for Caregivers program will provide you with strategies to better handle the unique caregiver challenges you face.
- [Tai Chi](#) - Now piloting Tai Chi classes in a few locations. [Contact Joanne](#) if you would be interested in bringing a Tai Chi class to your community.
- [Walk with Ease](#) - An evidence based class designed to reduce pain and build strength and confidence through walking.
- Register by phone 920-232-3000 or email [health@co.Winnebago.wi.us](mailto:health@co.Winnebago.wi.us)



## Winnebago County Transportation

- **Transportation Options:**
- Reduced fare for paratransit and taxi services for disabled individuals, and those 60 and older call: 920-225-1719 or toll free: 888-200-0576
- Employment related transportation needs call: 920-225-1719 or toll free: 888-200-0576
- GO Transit: 920-232-5340
- Oshkosh City Cab: 920-426-1551
- Cabulance, Inc: 920-426-3900
- Call and talk to our staff about transportation options at: 888-886-2372
- [Going Places Winnebago County](#)



How do  
|  
contact  
the ADRC??

- Call: 877-866-2372
- Email: [adrc@co.winnebago.wi.us](mailto:adrc@co.winnebago.wi.us)
- Visit:
  - 220 Washington Ave, Oshkosh
  - 211 N. Commercial St, Neenah
- Like us on Facebook at:
  - ADRC of Winnebago County
  - Dementia Friendly Winnebago County
- Resource Directories available upon request or [online Resource Directory](#)
- ADRC Newsletter available
- Volunteer Guardian inquiries: 920-236-4668 or email [adrc@co.winnebago.wi.us](mailto:adrc@co.winnebago.wi.us)

