

Aging & Disability Resource Center of Winnebago County Newsletter

June 2020



WELCOME TO THE ADRC

Thank you for picking up the first newsletter for the Aging & Disability Resource Center (ADRC) of Winnebago County. Our staff at the ADRC is dedicated to helping the community by connecting them to the many great resources that Winnebago County has to offer.

Our staff consists of 10 Information & Assistance Specialists, 4 Adult Protective Service Workers (APS), 1 Dementia Care Specialist, 2 Elder Benefit Specialists (EBS), 2 Disability Specialists (DBS), 2 Support Specialists, 1 ADRC Assistant, 2 Program Supervisors, and our Long-Term

Division Manager.

Our mission is to empower and support seniors, people with disabilities and their families, by providing useful information and finding the help people seek so they may live with dignity and security, and achieve maximum independence and quality of life.

Our monthly newsletter is going to offer information about upcoming events, hot topics, and staff introductions. If you would like to receive one please contact Rebecca at 920-236-1227 or rgroleau@co.winnebago.wi.us

MEET THE STAFF



Beth Biesinger

Hello my name is Beth Biesinger! I have been an Information & Assistance Specialist with the ADRC of Winnebago County, since they opened, February 1, 2010. I have seen lots of changes and growth and still find my job to be very interesting and rewarding. In my free time I like to travel, walk, bike and read. I am married and have two adult children and enjoy spending time with family and friends a great deal. My current health challenge during this physical distancing time of Covid-19 is to walk 6-8 miles a day. I have found phone chats to be a real joy as well as podcasts and music while walking. I feel maintaining social connections during this time in any creative way is key to good emotional and physical health. Take good care of yourself and continue to think of others.



Winnebago County ADRC

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Creamy Grape Salad

TOTAL TIME: Prep/Total Time: 20 min. **YIELD:** 21-24 servings.

Ingredients

1 package (8 ounces) cream cheese, softened
1 cup sour cream
1/3 cup sugar
2 teaspoons vanilla extract
2 pounds seedless red grapes
2 pounds seedless green grapes
3 tablespoons brown sugar
3 tablespoons chopped pecans

Directions

1. In a large bowl, beat the cream cheese, sour cream, sugar and vanilla until blended. Add grapes and toss to coat.
2. Transfer to a serving bowl. Cover and refrigerate until serving. Sprinkle with brown sugar and pecans just before serving.



Benefit Highlights

Welcome to Benefit highlights! In this section of the newsletter, we will be posting important articles about different topics related to benefits.

Unemployment Insurance and Coronavirus Related Layoffs By the GWAAR Legal Services Team

Due to social distancing to help prevent the spread of coronavirus, many employers have needed to lay off employees. Unemployment insurance in Wisconsin is available for employees who lose their jobs through no fault of their own. Employees must file weekly claims online to collect their weekly check. The first week, however, is called the “waiting week,” and claimants are not eligible for a payment that week

Typically, to qualify for unemployment, claimants must perform four work search activities per week. These activities could include applying for a job, posting a resume on a job site, going to a job interview, completing an online course through the job center, among others. However, most employees who are laid off due to coronavirus intend to return to their jobs when social distancing measures end.

To address this problem, on March 17th, Governor Evers issued an executive order waiving work search requirement for claimants who are laid off due to coronavirus. His order will also ensure that claimants who are otherwise eligible but out of work due to coronavirus are considered available for work and therefore eligible for benefits. Gov. Evers also proposed eliminating the one-week waiting period in the 2019-2021 state budget. That proposed change awaits approval by the legislature.

However, although the work search requirement is waived, claimants are still required to register with the Wisconsin Job Service and complete a resume *before* they are eligible to receive a benefit check.

For more information on coronavirus/COVID-19 and Wisconsin Unemployment Insurance visit: <https://dwd.wisconsin.gov/covid19/public/ui.htm> or you can contact the ADRC and speak with a Benefit Specialist 877-886-2372

Upcoming June Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2 Virtual Bingo	3	4	5	6
7	8	9 Welcome to Medicare Presentation	10 Virtual Memory Café 1-2pm	11	12	13
14	15	16 Virtual Bingo	17	18	19 Elder Abuse Awareness Day	20 The Longest Day/ Alzheimer's Awareness
21	22	23	24	25	26	27
28	29	30 Virtual Bingo	1	2	3	4

What did the father buffalo say to his boy
as he left for school?

Bison.



Events:

- June 2nd Virtual Bingo 1:30-2:30
- June 9th Welcome to Medicare Presentation 1-2pm
- June 10th Virtual Memory café 1-2p
- June 16th Virtual Bingo 1:30-2:30
- June 19th Elder Abuse Awareness Day
- June 20th The Longest Day/Alzheimer's Awareness
- June 30th Virtual Bingo



World Elder Abuse Awareness Month

Guide to Recognizing Elder Abuse And Knowing Your Rights

Every month, 1/10 older adults worldwide experience some form of abuse. But with only 1/24 cases of elder abuse reported, the true figures are likely to be much greater. And with an increasing aging population in the United States and beyond, so will be the problem. By 2050, the global population of people aged 60 and older is predicted will more than double, from 900 million in 2015 to about 2 billion.

What is Elder Abuse?

Specific definitions vary on what elder abuse really is, and those definitions continue to evolve. The WHO calls elder abuse “a single, or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust which causes harm or distress to an older person”. It can be verbal, physical, psychological or emotional, sexual or financial. It can also be neglect—either intentional or unintentional.

Who is at Risk for Elder Abuse?

Even with imperfect statistics on elder abuse, we do know that social isolation and lack of social support is a significant risk factor. Losing friends and family members, as well as their own physical and mental capacity, often isolates elderly people. This can place a burden on the nearby relatives who are available to tend to their care...and who become isolated themselves. Historically, children shared the responsibility for the care of aging parents. Today, migration of young families means that many elderly are left alone with inadequate funds to pay for outside care and limited options for care at home. Abusive home caregivers, like their victims, come from all walks of life. They range from the cruel and uncaring to the well-intentioned and overwhelmed. Many factors come into play: mental health, finances, lack of respite from constant responsibility, dysfunctional family dynamics, even lack of certainty about what an elderly family member wants.

What Can Be Done If Elder Abuse Has Occurred?

Adult Protective Services itself is provided by state and local governments nationwide. It serves older adults and adults with disabilities who are in need of assistance because of abuse, neglect, or financial exploitation (adult maltreatment). In all states, APS is in charge with receiving and responding to reports of adult maltreatment and working closely with clients and a wide variety of allied professionals to maximize clients' safety and independence.

Administration on Aging (AoA) services to empower older persons to remain independent, healthy, and safe within their homes and communities, for as long as possible. Legal assistance and elder rights programs work in conjunction with other AoA programs and services to maximize the independence, autonomy and well-being of older persons. Also under the AoA, the National Legal Resource Center and Legal Assistance Developers are programs designed to protect older individuals from direct challenges to independence, choice, and financial security. They help them understand their rights and achieve optimal benefit from the support and opportunities promised by law.

Information Provided by: <https://www.aginginplace.org/guide-to-recognizing-elder-abuse/>
If you or someone you know has experienced Elder Abuse please contact Winnebago County ADRC and ask for Adult Protection Services
877-886-2372