



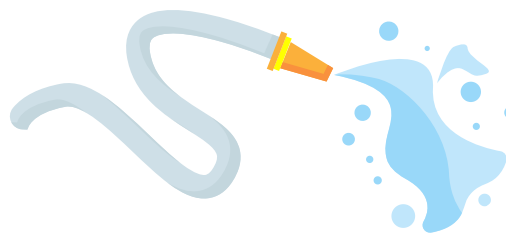
220 Washington Ave, Oshkosh
211 N. Commercial St, Neenah
(877) 886-2372

Staff update:

Jill Butler is the new ADRC APS/Benefit Specialist Program Supervisor for Winnebago County Human Services. She has had a variety of experiences and adventures working in child welfare, then clinical mental health and now with the older adult population. She received her Master's Degree in Social Work from University Wisconsin-Green Bay in 2007. She has prior experience in Waupaca, Winnebago, and Fond du Lac counties.

She is most excited to learn all about the amazing resources and events we offer to our customers and community. She is also looking forward to seeing continued professional growth within her experienced team!

Jill enjoys immersing herself into different cultures and music when traveling. She is an avid walker and has recently learned Pickleball...Dink. Jill and her husband keep busy with their 2 teenagers' soccer, football, and basketball games. She is also lucky to have a bonus adult daughter that is a paraprofessional for the Deforest School District. Welcome, Jill!



In August, the ADRC partnered with COVEY and the Winnebago County Public Health Dept to host the annual wheelchair/adaptive equipment wash. This event served about 16 customers. Thank you to all who participated!



Calendar Contact Information

FVMP Memory Cafe's Lunch Bunch	Fox Valley Memory Project (FVMP) (920) 225-1711 info@foxvalleymemoryproject.org
Memory Screens at the Senior Centers Virtual Dementia Tour	Alisa Richetti (920) 236-1227 Arichetti@winnebagoctywi.gov
SPARK!	Paine Art Center, Oshkosh (920) 235-6903 Bergstrom Mahler Museum, Neenah (920) 751-4658 The Trout Museum, Appleton (920) 733-4089
Neenah Memory Respite Care	(920) 383-1180 or memorycarerespite@gmail.com
Oshkosh Memory Respite Care	(920) 727-5555 ext. 2217
Winnebago County Human Services Board	jkotajarvi@winnebagoctywi.gov
ADRC Committee Specialized Transportation Committee I Team Meeting	ADRC@winnebagoctywi.gov
Neenah Committee on Aging	ckasimor@ci.neenah.wi.us
Menasha Committee on Aging	khutter@menashawi.gov
Lyrics and Laughter	Valley VNA (920) 727-5555

Welcome to Medicare

Presented by Winnebago County Elder Benefit Specialists

The Aging and Disability Resource Center of Winnebago County invites you to attend a 'Welcome to Medicare' presentation. Current or future Medicare beneficiaries and their loved ones are invited to join us to learn more about Medicare options and benefits.

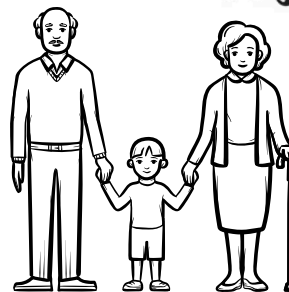
Oshkosh
September 10th -
10:00 am



To RSVP Call 1-877-886-2372 or email us at adrc@winnebagoctywi.gov



Happy Grandparents Day!

*A Grandparent
is a little bit
parent,
a little bit teacher,
and a little bit
best friend.*



September 8th

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 ADRC office closed 	3 Dementia Support Group Bella Vista 9:30	4 Winnebago County: Human Services Board Meeting 2pm Oshkosh FVMP Oshkosh YMCA Memory Cafe 1:30pm	5 Thursday Night Market Scott Park, Omro 4pm-7pm	6 FVMP Oshkosh Lunch Bunch Carmel Crisp & Cafe 11am	7 Oshkosh Farmer's Market 8am-12:30pm Neenah Farmer's Market 8am-12pm
8 	9 Memory Care Respite Neenah 1:30pm-3:30pm ADRC Committee Meeting 3pm SPARK! Trout Art Museum 1pm	10 Pole Walking * 20th Ave Oshkosh YMCA 9:15am-10am "Welcome to Medicare" Presentation * Oshkosh Human Services 10am SPARK! Bergstrom Mahler Museum 10:30am Connecting Community Through Food * Downtown Oshkosh YMCA 11am-12pm Virtual Dementia Tour Parkview Health Care Center 1:30pm-4:30pm Registration required	11	12 Thursday Night Market Scott Park, Omro 4pm-7pm Oil & Water Abstract Class * Ogden Neenah YMCA 9:30am-11:30am	13 Menasha Committee on Aging 1:30pm	14 Oshkosh Farmer's Market 8am-12:30pm Neenah Farmer's Market 8am-12pm Free Electronic Recycling Event * Sadoff Iron & Metal, Oshkosh 9am-12pm
15	16 Historical Walks * Neenah-Menasha YMCA 9:30am-11:30am BEAMING INC. Memory Cafe 1pm FVMP Memory Cafe Neenah Library 1:30pm	17 Memory Screening Menasha Senior Center 8:30am-10am	18 Memory Screening Oshkosh Senior Center 10:30am-Noon FVMP Oshkosh Traveling Memory Cafe Oshkosh Public Museum 1:30pm	19 Neenah Committee on Aging 9am Thursday Night Market Scott Park, Omro 4pm-7pm	20	21 Oshkosh Farmer's Market 8am-12:30pm Neenah Farmer's Market 8am-12pm
22	23 Active Aging Week Event * Oshkosh YMCAs	24 Pole Walking * Downtown Oshkosh YMCA 9:15am-10am Book & Puzzle Swap * Neenah-Menasha YMCA 11am-12pm Memory Care Respite Oshkosh 1:30pm-3:30pm FVMP Memory Cafe Menasha Senior Center 1:30pm Active Aging Week Event * Oshkosh YMCAs	25 SPARK! The Paine Art Center 1pm Active Aging Week Event * Oshkosh YMCAs	26 Active Aging Week Event * Oshkosh YMCAs	27 Active Aging Week Event * Oshkosh YMCAs	28 Oshkosh Farmer's Market 8am-12:30pm Neenah Farmer's Market 8am-12pm
29	30					

*An asterisk indicates there is more to read about this event in this newsletter.

CONNECTING COMMUNITY THROUGH FOOD



Food often reflects our cultures and ethnicities. By sharing food and our culture with one another, we connect as humans and learn more about one another's experiences. Sharing of food provides us greater opportunities to hold space for all to explore and share at the table.

JOIN US every month with a new special guest to learn more about a culture and their traditions, customs, and recipes! Come with an appetite and open mind and leave educated and with a new cultural recipe.

IN PARTNERSHIP WITH:



OSHKOSH COMMUNITY YMCA • www.oshkoshymca.org
Downtown • 236-3380 • 324 Washington Avenue

DIVERSITY + FOOD + COMMUNITY

THE FIRST **TUESDAY** OF EVERY MONTH

Downtown Y • Teaching Kitchen • 11 a.m.-12:00 p.m.

- September 10
- October 1
- November 12
- December 3

FREE AND OPEN TO ALL! Stop in any time to sample a dish from a different country.

Email Lindsey McMullin at lindseymcmullin@oshkoshymca.org to find out what is on the menu or to present and share a cultural dish or meal of your own!

Pre-registration is required. Sign up at the Front Desk of either location, call 920-236-3380, or register **ONLINE!**

November 5th: 2024 Presidential Election

Wondering if you're registered to vote?

Where do you go to vote?

Need an absentee ballot?

What's on the ballot?

Check out: myvote.wi

"If you don't vote,
you lose the right
to complain."

-GEORGE CARLIN



ELECTRONICS RECYCLING EVENT



SPONSORED BY:



**FREE 14
SEPT
9AM - NOON**

LOCATION: SADOFF IRON & METAL

36 E 10th Ave, Oshkosh, WI 54902 (enter in on 11th street)

WHEN: SATURDAY, SEPTEMBER 14TH

9am - Noon

COST: FREE OF CHARGE, THANKS TO SADOFF & URT

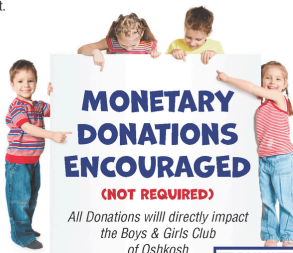
The Boys & Girls Club, Sadoff, and URT are teaming up to host a FREE of cost and convenient electronics recycling event for the residents of Oshkosh and the surrounding communities (*businesses excluded*). We will be accepting monetary donations that will directly impact the Boys & Girls Club of Oshkosh, but it is not required to attend this FREE Electronics Recycling Event.

ACCEPTED: ALL RESIDENTIAL ELECTRONICS

Televisions; Computers (desktop, laptop, netbook, & tablet computers); Desktop Printers (including those that scan, fax and/or copy, and 3-D printers); Computer Monitors; Other Computer Accessories (including keyboards, mice, speakers, external hard drives, & flash drives); e-Readers; DVD Players, VCRs & Other Video Players (i.e., DVRs); Fax Machines

NOT ACCEPTED: HAZARDOUS & CONTAMINATED

Contaminated Medical Equipment; Fire Alarms; Dehumidifiers; Mercury Containing Devices; Exit Signs; Smoke Detectors; Fire Extinguishers; Any Unit with Liquid or Sludge



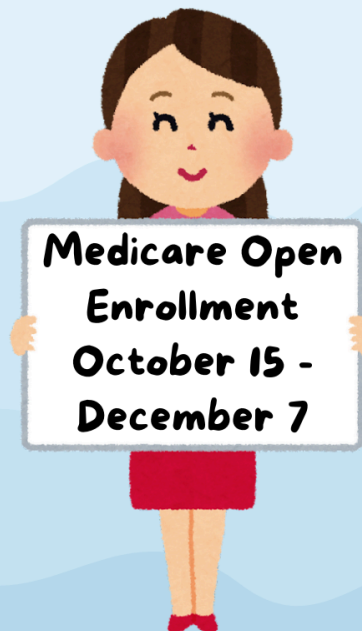
All Donations will directly impact the Boys & Girls Club of Oshkosh



QUESTIONS - CONTACT URT AT (608) 754 - 3400

LEARN MORE AT

Medicare Open Enrollment



It's almost time to review your current Medicare health and drug coverage and make needed changes for 2025!

For assistance with open enrollment:

- Contact 1-800-MEDICARE
- Use the online plan finder at [medicare.gov](https://www.medicare.gov)
- Contact a Benefit Specialist at the ADRC



Ask the ADRC....

Do you have a question that you would like answered in the newsletter?
If so, please email us at adrc@winnebagocountywi.gov and put in the subject line "Question for the ADRC Newsletter". Your name will remain anonymous.

Dear ADRC,

I just lost my health insurance coverage. I need medical help with managing my chronic medical issues and I just woke up with sore throat and cough. Where can I go to get medical care today?

Sincerely,
Mr. S.T. Smith

Hello Mr. Smith,



You can always reach out to the East Central Maintenance Partnership to see if you meet qualifications for Medicaid Health Insurance. There are multiple Medicaid health insurances, and the eligibility qualifications vary for each program. More information about Medicaid programs can be found online at access.wi.gov or by phone at 888-256-4563. It sounds like you have an immediate need to see someone right away. Some options for free or reduced cost medical services in the area are:

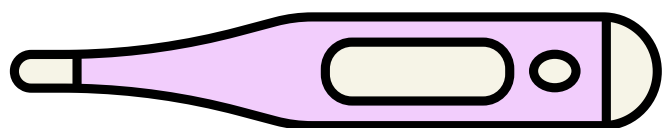
*St. Francis Community Free Walk-in Clinic offers general medical care and some specialized medicine for individuals who are uninsured and underinsured. Their medical staff includes doctors, nurses, nurse practitioners and various specialists. All staff are volunteers. Hours are normally Monday 5-7pm, Tuesday 1-4pm, Wednesday 1-4pm, Thursday 5-7pm and Friday 8:30-11am. St. Francis Community Free Walk-in Clinic can be reached at 920-230-2273. They are located at 1000 N. Koeller Street in Oshkosh on the Father Carr's campus.

*Hope Clinic provides services to individuals who are uninsured or underinsured. The clinic offers primary care, specialty care and labs. Hope Clinic is located within the Goodwill building in Menasha, WI. The Hope Clinic provides services to individuals living below 300% of the Federal Poverty Level. All new patients will be asked to complete a financial eligibility assessment and provide financial verifications before receiving services. Hope Clinic's hours are Monday-Thursday from 9am-5pm. They can be reached at 920-931-1150.

*Partnership Health Clinic can provide basic primary care services with a scheduled appointment. They can provide affordable care to all patients, regardless of income or insurance status. Partnership Clinic accepts Medicaid, Medicare and many commercial insurances. Partnership Clinic has a sliding fee program which allows a reduction or "slide" fee for individuals based on their income. Partnership can provide acute care services such as issues with a sore throat or cough, annual wellness exams, chronic disease management, immunizations and other services. They are located at 5471 W. Waterford Lane Appleton, WI 54913. Call 920-731-7445 to schedule an appointment. Their hours currently are 7:30am-6:30pm Mondays, Tuesdays & Thursdays and 7:30am-5:00pm Wednesdays & Fridays.

We hope you feel better soon!

ADRC of Winnebago County





LUNCH & LEARN

Empower Your Health: Understanding Rheumatic Diseases

Join OSM's board-certified rheumatologist/physician owner Dr. Manpreet Sethi to gain greater understanding of most common rheumatic diseases, their symptoms, and how they can be treated.

MONDAY, SEPTEMBER 23

NOON-1:30 p.m.

Multi-Purpose Room 1 & 2 • 20th Ave Y



PRESENTER:

Dr. Manpreet Sethi



COMMUNITY RESOURCE FAIR

Join us for a FREE Community Resource Fair for ALL AGES! Featuring over 20 local organizations. Learn, connect and explore community options for all of your wellbeing needs.

WEDNESDAY, SEPTEMBER 25

9:00-11:30 a.m.

Ice Arena Lobby • 20th Ave Y

senior stride

Home Care

SAFE & SOUND:

Preventing Falls

Join Andrea Van Dyn Hoven from Care Patrol for an engaging discussion on how to stay safe and independent in your home. In this session, we'll explore practical strategies to reduce the risk of falls, from home modifications to improving balance and strength.

FRIDAY, SEPTEMBER 27 • 10:00-11:00 a.m.

MPR 3 • 20th Ave Y

Light snacks and refreshments will be served.



MORE OFFERINGS:

TUESDAY, SEPT. 24 • URBAN POLE WALKING 9:15-10:00 a.m. • Studio 3 • Downtown Y

THURSDAY, SEPT. 26 • COFFEE & STROLL 11:00 a.m. • Meet in Main Lobby • Downtown Y
Stroll to Caramel Crisp for a coffee and conversation

THANK YOU TO OUR MONTHLY LUNCH SPONSOR:

senior stride[™]
Home Care

★ **PRE-REGISTRATION** is required. Register at the Front Desk of either location or by calling 920-230-8439. Limited spots available.

QUESTIONS? Contact Errah Wheel by calling 920-230-8916 or emailing errahwheel@oshkoshymca.org.



FOR YOUTH DEVELOPMENT[™]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LET'S WALK FOR HEATH TOGETHER

ForeverWell (ages 55+)
Historical Walks
NEENAH-MENASHA YMCA

Join us as we do explore different areas of Neenah, while enjoying the Fall colors.

Monday, September 16

9:30-11:00 AM

Meet at the front desk and join us for a leisurely walk to the Neenah Historical Society and Octagon House. Enjoy a tour of the facility before returning to the Y. No cost, however, donations are appreciated.

Monday, October 14

9:00-10:00 AM

Meet us at Riverside Park by the playground and explore the many homes that line Wisconsin Avenue. These homes are rich in history and serve as founding landmarks for this community.

Cost

Members: Free

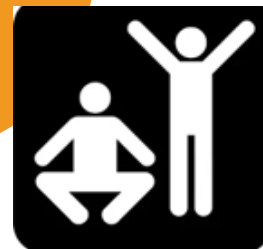
General Public: \$3



Register online at ymcafoxcities.org/register or at the Member Service desk at any Y location.

For more information contact Luann Luehring at 920.954.7643 or lluehring@ymcafoxcities.org

Health & Wellness Corner



Looking for upcoming classes to improve your balance and strength? There are many programs and classes offered in our county designed to reduce falls. Classes can also help improve your mood and introduce you to new people! Check out the below organizations who offer regular classes:

Menasha Senior Center

#920-967-3530

https://www.menashawi.gov/departments/senior_center/index.php

Oshkosh Senior Center

#920-232-5300

www.ci.oshkosh.wi.us/seniorservices

Neenah-Menasha YMCA

#920-729-9622

<https://www.ymcafoxcities.org/foreverwell>

Oshkosh YMCAs

#920-230-8916

www.oshkoshymca.org/programs/senior-programs/index.html

Winnebago County Health Department – Wellness Plus

#920-232-3000

www.co.winnebago.wi.us/health/divisions-program-areas/your-health/adult/wellness-plus-healthy-aging-classes

Omro Community Center

Please call #920-685-0380 for current activities.



Pumpkin Chocolate Chip Muffins



Directions

1. Gather all ingredients. Preheat the oven to 400 degrees F).
2. Grease and flour muffin pan or use paper liners.
3. Whisk sugar, oil, and eggs together in a medium bowl. Stir in pumpkin and water until well blended.
4. Mix flour, baking powder, baking soda, cinnamon, nutmeg, cloves, and salt together in a separate bowl.
5. Add pumpkin mixture into flour mixture and stir just to combine, being careful not to overmix. Gently stir in chocolate chips.
6. Fill muffin cups 2/3 full with batter.
7. Enjoy! Bake in the preheated oven until a toothpick inserted into the center comes out clean, 20 to 25 minutes.



Ingredients

- ¾ cup white sugar
- ¼ cup vegetable oil
- 2 large eggs
- ¾ cup canned pumpkin
- ¼ cup water
- 1 ½ cups all-purpose flour
- ¾ teaspoon baking powder
- ½ teaspoon baking soda
- ½ teaspoon ground cinnamon
- ¼ teaspoon ground nutmeg
- ¼ teaspoon ground cloves
- ¼ teaspoon salt
- ½ cup semisweet chocolate chips

Nutrition: 197 calories per muffin

www.allrecipes.com

Note: This is for Oshkosh residences, applicants do not need to own the home

LEAF no one behind YARD WASTE CLEAN UP

Sunday November 3rd, 2024
Starting @ 10:00am

Partners of the Oshkosh Healthy Aging Group are organizing another volunteer event to engage neighborhoods in a day of yard cleanup.

Seeking yard help or interested in volunteering?
Contact: ADRC@winnebagocountywi.gov
Residents must pre-register for assistance by **Monday, October 28th**. Priority given to people with disabilities or aging conditions that inhibit leaf removal.

For more information or to fill out an application please visit wchd.pub/leafnoonebehind2024 or scan the QR code:



Thank you
Partners:



ARTS & CRAFTS

ForeverWell Age 55+
OGDEN YMCA
Held in the PT Office

Oil & Water Abstract Art

Thursday, September 12 | 9:30-11:30 AM
Registration deadline September 4

Get creative with oil and colored water. You will go home with multiple pictures. Choose your favorite and display in a frame for all to see (frame is included in cost). Fun and easy. All supplies included. Wear old clothes. We will be working with gel based food coloring.

Cost:

Y Member: \$16
General Public: \$21



Two-Sided Wood Fall Home Decor

Thursday, October 10 | 9:30-11:30 AM
Registration deadline October 1



The weather is getting colder. Time to think about Fall and Halloween. This dual sided wood home décor project can be used for both seasons. No experience necessary. All supplies included.

Cost:

Y Member: \$12
General Public: \$17



Register online at ymcafoxcities.org/register
or at the Member Service desk at any Y location.
Registration opens August 12

For more information contact Luann Luehring at 920.954.7643 or lluehring@ymcafoxcities.org

Self-Determination Conference 2024 - Register Today!

From the Wisconsin Board for People with Developmental Disabilities (WI BPDD): Registration is open for the 2024 Self-Determination Conference! Use the link below to find more information about the conference, registration, exhibitor applications, and sponsorship opportunities.

<https://wi-bpdd.org/>

The Self-Determination Conference is one of Wisconsin's biggest (and most amazing) event for people with disabilities and the people who support them. Last year, over 800 people attended the conference! Your support will help us provide even more opportunities for self-advocates to attend this conference!

Your support will help provide scholarships, interpreter and translation services, technology and a high-quality in-person experience. Please help us continue to empower Self-Advocacy and Self-Direction in Wisconsin. With your support we can make the conference even bigger!

Partners in Policymaking Applications Open!

From the Wisconsin Board for People with Developmental Disabilities (WI BPDD): "Wisconsin Partners in Policymaking" is a six-session advocacy and systems change training program that develops future leaders across the state who are able to work with legislators and communities on policies and initiatives that will support the full participation and inclusion of people with developmental disabilities in all aspects of life. Applications are due 10/4/24.

Who can apply?

- Individuals who are highly motivated to create more inclusive communities AND are:
- Parents or primary caregivers of children under the age of 21 who have developmental disabilities
- Adults with developmental disabilities
- Adult siblings or family members of individuals with developmental disabilities

We are seeking cultural and geographic diversity within the guidelines above. The selection of participants is made by a team of parents, self-advocates, and professionals. If you have questions, please contact Jenny Neugart at jennifer.neugart@wisconsin.gov or (608) 266-7707.



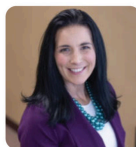
FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOREVERWELL

IMPROVE STABILITY, BALANCE & CONFIDENCE!

URBAN POLE WALKING CLASS • HELD MONTHLY AT BOTH LOCATIONS
TUESDAYS • 9:15-10:00 a.m.

Join us for our NEW urban pole walking classes to discover the benefits of this low impact exercise! Andrea Van Dyn Hoven from Care Patrol is experienced in fitting poles and leading dynamic pole walking sessions! If you're looking to increase your cardiovascular activity, want to improve walking posture or improve stability, balance and confidence this class is for you. Classes will be held monthly at both the Downtown and 20th Avenue YMCA facilities. See locations and dates below!



WORKSHOP LEADER:
Andrea Van Dyn Hoven

URBAN POLE WALKING CLASSES

20th Ave Y MPR 3
Downtown YMCA Studio 3

FREE FOR MEMBERS!

\$5/Workshop for Non-Members

Please sign up at the Front Desk of either location!

20TH AVENUE: DOWNTOWN:

- | | |
|----------------|--|
| • September 10 | • September 24 |
| • October 8 | • October 22 |
| • November 12 | • November 26 |
| • December 10 | • NO CLASS in December at the DT location. |

OSHKOSH COMMUNITY YMCA • www.oshkoshymca.org
Downtown • 920-236-3380 • 324 Washington Avenue
20th Avenue • 920-230-8439 • 3303 W. 20th Avenue



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

REFRESH YOUR BOOKS & PUZZLES WHILE CONNECTING WITH OTHERS

Book & Puzzle Swap – Luncheon ForeverWell (ages 55+) NEENAH-MENASHA YMCA

Bring your gently used puzzles and books, along with a dish to share. Enjoy lunch and socializing with others while browsing for something new to take home. Extra donations are welcomed and will be kept and used at future swap dates.

Date
Tuesday, September 24

Time
11:00 AM-NOON

Location
Solarium

Cost
Members: Free
General Public: \$3



Register online at ymcafoxcities.org/register or at the Member Service desk at any Y location

For more information contact Luann Luehring at 920.954.7643 or lluehring@ymcafoxcities.org.

CAREGIVER EVENT

November 14 | 10AM-3PM
Culver Family Welcome Center
at UW-Oshkosh

FREE RESPITE SERVICES PROVIDED BY:



JOIN OTHER DEMENTIA CAREGIVERS FOR:

Speaker

Sheri Fairman of Dementia Care Solutions, LLC

Resource Tables

Connect with and learn about local dementia related organizations

Caregiver Panel

Hear from other caregivers how the dementia journey has impacted their lives

Virtual Dementia Tour

Experience what it feels like to have dementia



REGISTRATION REQUIRED

[Link for Registration](#)



FREE LUNCH PROVIDED FOR ATTENDEES AND RESPITE PARTICIPANTS

FOR QUESTIONS OR ASSISTANCE WITH REGISTRATION
PLEASE CALL 877-886-2372

Teepa Snow, renowned dementia expert, held a conference in August in Green Bay for caregivers and professionals. This free event was sponsored by the 'Forget me Not Fund' that supports dementia awareness and education.

Pictured below is Teepa with Dementia Care Specialists that attended this event from various counties across Wisconsin.



"SCHOOL FOR SENIORS"

FREE!

Thursday, Sept. 26, 2024

8:45 a.m. - 12 p.m.

**St. Mark's Lutheran Church - Fellowship Hall
140 S. Green Bay Rd., Neenah, WI 54956**

Lakeland University and the City of Neenah's Committee on Aging co-sponsor a unique, tuition-free Lifelong Learning event.



Session #1: Community Care: Awareness & Resources for Memory Loss

Alisa Richetti, Dementia Care Specialist, Winnebago County Aging and Disability Resource Center
Carrie Esselman, Grant Manager, Fox Valley Memory Project

Session #2: Community Resources

Sarah Schneider, Valley Transit
Kate Yates, YMCA of the Fox Cities
Drawing for Door Prizes and Break

Session #3: Community Safety

Officer Joe Benoit, City of Neenah Police Department

Information Fair Presenters:

- Advocap
- Fox Valley Advance Care Planning Partnership
- Fox Valley Memory Project
- Lakeland University
- Menasha Senior Center
- Rebuilding Together Fox Valley
- Us Too Fox Cities
- Valley VNA Senior Services
- Valley Transit
- Winnebago County Housing Authority
- Winnebago County Health Department
- Winnebago County Veterans Office
- Winnebago County Aging & Disability Resource Center
- YMCA of the Fox Cities

SEATING LIMITED, RSVP by Monday, Sept. 23.

Call the City of Neenah at 920-886-6125 or complete the School for Seniors RSVP form at: www.neenahwi.gov/departments/community-development

Registration, refreshments and information tables will be available beginning at 8 a.m. on the day of the event, and classes will be held between 8:45 a.m. and 12 p.m. All are welcome!

WALK TO END ALZHEIMER'S

ALZHEIMER'S ASSOCIATION

Oshkosh Walk to End Alzheimer's
Saturday, September 28th
Opening Ceremony starts at 9:40am
Lakeshore Pavilion
1875 Punhoqua Street, Oshkosh

Fox Cities Walk to End Alzheimer's
Saturday, September 14th
Opening Ceremony starts at 9:40am
Jeweler's Mutual Group
24 Jewelers Park Drive, Neenah

Walk details found on:

Alz.org

September Memory Cafe's



Memory Cafe's welcome people experiencing memory loss, along with family and friends who love and care for them. Participants get involved in activities, learning, music, conversation, laughter, fun and refreshments. For more information and other cafe' locations throughout the Fox Valley, contact the Fox Valley Memory Project at www.foxvalleymemoryproject.org

Menasha

Menasha Senior Center, 116 Main Street, Menasha- Tuesday, September 24th - 1:30pm-3pm

Embrace the Oktoberfest spirit with a day full of festive activities! Craft your own pretzel necklaces while enjoying the lively and infectious polka tunes performed by Micah Sommersmith on his accordion. It's a perfect blend of creativity, culture, and fun that will have you tapping your feet and smiling from ear to ear!

Neenah

Neenah Public Library, 240 E. Wisconsin Avenue, Neenah- Monday, September 16th - 1:30pm-3pm

Music is a road to memories. Listen and join in song during a "Lyrics and Laughter" program facilitated by Christy Feuerstahler, Valley VNA Senior Care's, Music Director.

Oshkosh

Traveling Oshkosh Memory Cafe - We will have a different location each month to experience many of the fun things to do in Oshkosh.

Oshkosh Public Museum, 1331 Algoma Blvd, Oshkosh - Wednesday, September 18th - 1:30pm-3pm

Join us at the Oshkosh Public Museum for an afternoon of discovery. Learn about the history of Oshkosh and engage in an activity! Registration required 920-851-8319.

Oshkosh YMCA, 3303 W 20th Avenue, Oshkosh - Wednesday, September 4th - 1:30pm -3pm

Let's Go to the Fair! – Step right up and join us for a County Fair – themed Memory Café! We'll enjoy a nostalgic trip to the fair, complete with fun activities, familiar music, and delicious treats.

BEAMING INC.

BEAMING Barn, 2692 County Road GG, Neenah - Monday, September 16th - 1pm

Equine-assisted memory cafe's for seniors with memory loss and their caregivers to enjoy the horses and other interactive activities. To register call 920-851-6160 or email incbeaming@gmail.com

Contact Us!

220 Washington Ave, Oshkosh
211 N. Commercial St, Neenah
Email: adrc@winnebagocountywi.gov

Hours:
Monday - Friday- 8am-4:30pm
(after hour appts available upon request)



Like us on Facebook!
Phone: 877-886-2372
www.co.winnebago.wi.us/adrc