WINNEBAGO COUNTY COUNCIL OF VETERAN ORGANIZATIONS

DATE: October 12, 2023 at 9:30am **LOCATION:** J.P. Coughlin Building

PRESENT: Duane Canon Jim Hoyman Jon Plato Tom Snider Guest: Nicole Koehler

Michael Dart Patti Julius Paul Rhyner Diane Steinert Richard Daseke Jim Meinke Darlene Rogers Dave Steinert Ron Griffen Joe Miller Roy Rogers Lydia Wilz

Alene Helmer Dave Mix Jerry Schultz

1. Call To Order:

Lydia Wilz called the meeting to order at 9:30 AM.

2. Pledge of Allegiance:

Lydia Wilz led pledge of allegiance and moment of silence.

3. Roll Call/Introductions:

Introductions were not made

Guest Speaker: Nicole Koehler with Bridlewood Insurance Services

Nicole took the time to explain how various Medicare Plans play a factor with Veterans who utilize VA Health Care or Tri-Care. She explained the importance of understanding CHAMPVA or Tri-Care with regards to veterans spouses, focusing on medications and rebates. She also explained how every year Medicare Plans change as do medical needs, so it's a good practice to check out your plan to confirm that you are getting what is meeting your current needs.

Call her with any questions: 920-533-0204

4. Old Business:

 Military Veterans Museum: They are looking for volunteers! Their Sportsman Raffle has started with all proceeds going toward an education center.

5. New Business and VA Updates:

Roundtable of events:

- VA is offering COVID/Flu shots at local pharmacy's. CVS is one of the locations that veterans can go to in
 order to get their shots. Confirm that you are eligible via your VA primary care provider before going. This
 may come in handy as the VA is only giving out 100 shots a week at their clinics.
- Gulf War Apnea and Insomnia Relief (GW AIR) Study! This is a fully remote study that will study your symptoms to see if there is potential relief. If interested, call Alyssa Indrajaya at 415-630-0273

6. Local Community Updates:

Lydia detailed the following handouts:

- National Buddy Check Week. This is sponsored by the American Legion and is beneficial during the
 holidays as this is the time of year that mental health is often a struggle. The American Legion encourages
 you to reach out to 10 buddy's to reconnect and remind them that they are important!
- Salvation Army Holiday Sign Up is from September 5th to November 27th! Go to Programs and Services Page to sign up.
- 40 & 8 wants to remind everyone that they have a Nurse Scholarship available. A few individuals at UWO are recipients of this scholarship and there was an article published recognizing this!
- Winneconne High School Football Team took part in the Pulling for Honor! This contributed to raising funds for future flights for our veterans. Thank you Winneconne High School Football!

7. Upcoming Events:

- AL Post 70 Bingo every Wednesday at 6:00pm.
- Omro Post 234 is having Monday Night BINGO on the 3rd Monday of the month. There is FREE Parking!
- 10/31/2023 AL Post 70 is hosting their 3rd Annual Safe Halloween from 5:00-7:00.
- 11/04/2023 is the Marine Corps Ball at 5:00 pm at the Marine Corps League. Call 920-235-2222 to RSVP
- 11/04/2023 Dogs 2 Dog Tags is offering up to 6 Free Tickets for the Admirals Game.

Please see our Winnebago County Veterans Service Office Website for more upcoming events

8. Next Meeting Time, Date and Place:

The next regularly scheduled meeting will be held November 2nd, 2023 @ 9:30 AM, at the James Coughlin Building; Meeting Room B. We will have a guest speaker at this meeting:

Any new information the office has received will be distributed and discussed. Participation in this meeting is encouraged.

The meeting was adjourned.

Respectfully Submitted, Lydia Wilz