

**Winnebago County Middle Schools
2009/2010 Middle School Youth Risk Behavior Survey Results**

**Number of surveys administered: 6th Grade (1336) 7th Grade (1362) 8th Grade (1366)
Survey administered: 2009/2010**

	Percent of Students			
	6th	7th	8th	Average
1. How old are you?				
a. 10 years old or younger	0.1	0.1	0.1	0.1
b. 11 years old	44.6	0.9	0	15.1
c. 12 years old	52.9	42.3	0.8	31.8
d. 13 years old	1.7	54.7	43.8	33.2
e. 14 years old	0	1.8	53.5	18.6
f. 15 years old	0	0	1.7	0.6
g. 16 years old or older	0.1	0	0.1	0
2. What is your sex?				
a. Female	51.4	48.9	50.6	50.1
b. Male	48.2	50.4	49.2	49.2
3. In what grade are you?				
a. 6 th grade	100	0	0	33.0
b. 7 th grade	0	100	0	32.9
c. 8 th grade	0	0	100	33.0
d. Ungraded or other grade	0	0	0	0.4
4. Are you Hispanic or Latino?				
a. Yes	7.5	8.4	8.1	8.1
b. No	85.2	87.7	87.9	86.7
5. What is your race? (select one or more responses)				
a. American Indian or Alaska Native	3.4	3.2	2.9	3.1
b. Asian	4.6	4.9	4.1	4.6
c. Black or African American	3.6	2.9	3.0	3.1
d. Native Hawaiian or other Pacific Islander	0.7	0.4	1.0	0.7
e. White	78.8	80.8	81.3	80.1
The next 4 questions ask about safety.				
6. When you ride a bicycle, how often do you wear a helmet?				
a. I do not ride a bicycle	4.0	4.8	3.2	4.1
b. Never wear a helmet	35.4	43.7	55.4	44.8
c. Rarely wear a helmet	15.8	18.6	16.0	16.7
d. Sometimes wear a helmet	13.5	11.7	9.8	11.6
e. Most of the time wear a helmet	13.7	9.9	6.8	10.8
f. Always wear a helmet	14.0	9.3	7.4	10.2

7. When you roller blade or ride a skateboard, how often do you wear a helmet?				
a. I do not roller blade or ride a skateboard	31.0	31.4	34.2	32.1
b. Never wear a helmet	32.8	41.0	44.2	39.4
c. Rarely wear a helmet	10.3	9.7	8.5	9.5
d. Sometimes wear a helmet	7.8	6.2	5.0	6.3
e. Most of the time wear a helmet	7.5	5.3	3.4	5.4
f. Always wear a helmet	9.5	5.8	4.0	6.5
8. How often do you wear a seat belt when riding in a car?				
a. Never	1.3	1.2	2.4	1.7
b. Rarely	2.3	4.1	5.3	4.0
c. Sometimes	6.9	8.0	9.4	8.1
d. Most of the time	17.5	22.3	26.3	22.0
e. Always	70.4	62.7	55.5	62.6
9. Have you ever ridden in a car driven by someone who had been drinking alcohol?				
a. Yes	21.3	30.2	42.7	31.3
b. No	52.6	43.7	36.0	44.1
c. Not sure	22.6	23.0	18.7	21.3
The next 3 questions ask about violence-related behaviors.				
10. Have you ever carried a weapon, such as a gun, knife or club?				
a. Yes	14.5	21.6	23.1	19.8
b. No	83.8	77.0	75.5	78.6
11. Have you ever been in a physical fight?				
a. Yes	44.3	49.9	52.9	49.0
b. No	54.0	49.1	46.7	49.9
12. Have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?				
a. Yes	6.9	6.8	5.8	6.5
b. No	91.9	92.3	94.0	92.6
The next question asks about bullying. Bullying is when one or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.				
13. Have you ever been bullied on school property?				
a. Yes	50.7	58.0	56.1	55.0
b. No	48.3	41.3	43.4	44.2

The next 3 questions ask about attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide or killing themselves.				
14. Have you ever seriously thought about killing yourself?				
a. Yes	13.5	18.9	22.8	18.4
b. No	84.8	79.8	76.3	80.2
15. Have you ever made a plan about how you would kill yourself?				
a. Yes	5.9	11.1	13.5	10.2
b. No	92.6	87.8	85.6	88.5
16. Have you ever tried to kill yourself?				
a. Yes	4.1	5.5	7.3	5.7
b. No	94.1	93.5	91.9	93.1
The next 8 questions ask about tobacco use.				
17. Have you ever tried cigarette smoking, even one puff or two puffs?				
a. Yes	8.1	14.5	22.4	15.0
b. No	90.3	84.4	77.0	83.8
18. How old were you when you smoked a whole cigarette for the first time?				
a. I have never smoked a whole cigarette	91.1	87.2	81.8	86.6
b. 8 years old or younger	2.1	1.6	1.8	1.9
c. 9 years old	0.4	0.8	1.0	0.8
d. 10 years old	0.7	1.1	1.1	0.9
e. 11 years old	0.7	1.5	3.0	1.8
f. 12 years old	0.5	3.7	2.6	2.2
g. 13 years old or older	0	0.8	6.1	2.3
19. During the past 30 days, on how many days did you smoke cigarettes?				
a. 0 days	96.6	94.1	90.1	93.6
b. 1 or 2 days	1.1	2.6	3.0	2.2
c. 3 to 5 days	0.2	0.7	1.0	0.6
d. 6 to 9 days	0.1	0.3	1.0	0.5
e. 10 to 19 days	0.1	0.2	1.4	0.6
f. 20 to 29 days	0	0.2	0.7	0.3
g. All 30 days	0.1	0.6	1.7	0.8

20. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?				
a. I did not smoke cigarettes during the past 30 days	95.2	94.1	89.5	92.9
b. Less than 1 cigarette per day	0.7	2.1	2.3	1.7
c. 1 cigarette per day	0.3	1.2	1.9	1.1
d. 2-5 cigarettes per day	0.1	0.8	3.4	1.5
e. 6 to 10 cigarettes per day	0.1	0.2	0.7	0.3
f. 11 to 20 cigarettes per day	0.1	0.1	0.3	0.1
g. More than 20 cigarettes per day	0.1	0.1	0.1	0.1
21. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)				
a. I did not smoke cigarettes during the past 30 days	93.5	93.0	88.4	91.6
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	1.1	1.0	0.9	1.0
c. I bought them from a vending machine	0	0.2	0.1	0.1
d. I gave someone else money and they buy them for me	0.2	0.7	2.3	1.1
e. I borrowed (or bummed) them from someone else	0.1	1.2	1.6	1.0
f. A person 18 years old or older gave them to me	0.1	0.1	0.8	0.4
g. I took them from a store or family member	0.3	0.4	1.7	0.8
h. I got them some other way	0.7	1.7	2.1	1.5
22. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days				
a. Yes	5.1	5.5	7.6	6.1
b. No	91.7	93.2	91.0	91.9
23. During the past 30 days, on how many days did you use chewing tobacco or snuff , or dip , such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?				
a. 0 days	96.2	96.3	94.8	95.7
b. 1 or 2 days	1.1	1.1	1.8	1.4
c. 3 to 5 days	0	0.4	0.8	0.4
d. 6 to 9 days	0	0.4	0.2	0.2
e. 10 to 19 days	0	0.2	0.1	0.1
f. 20 to 29 days	0	0	0.3	0.1
g. All 30 days	0.1	0.2	0.4	0.2

24. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars ?				
a. 0 days	94.9	95.6	93.6	94.7
b. 1 or 2 days	1.7	2.0	2.6	2.1
c. 3 to 5 days	0.1	0.2	0.4	0.2
d. 6 to 9 days	0	0.4	0.2	0.2
e. 10 to 19 days	0	0.1	0.2	0.1
f. 20 to 29 days	0	0.1	0.1	0
g. All 30 days	0.1	0.3	0.6	0.3
The next two questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.				
25. Have you ever had a drink of alcohol, other than a few sips?				
a. Yes	18.1	28.3	41.7	29.4
b. No	79.9	69.8	57.1	68.9
26. How old were you when you had your first drink of alcohol other than a few sips?				
a. I have never had a drink of alcohol other than a few sips	78.4	71.1	56.5	68.7
b. 8 years old or younger	6.1	6.8	5.9	6.3
c. 9 years old	2.5	1.1	2.0	1.9
d. 10 years old	3.5	3.9	4.4	3.9
e. 11 years old	3.7	4.8	5.3	4.6
f. 12 years old	1.6	7.6	7.8	5.6
g. 13 years old or older	0.1	2.6	16.0	6.2
The next two questions ask about marijuana use. Marijuana also is called grass or pot.				
27. Have you ever use marijuana?				
a. Yes	2.7	6.7	12.5	7.3
b. No	95.5	91.8	85.9	91.0
28. How old were you when you tried marijuana for the first time?				
a. I have never tried marijuana	95.2	91.9	85.6	90.8
b. 8 years old or younger	1.8	2.8	2.2	2.2
c. 9 years old	0	0.1	0.4	0.2
d. 10 years old	0.2	0.4	0.5	0.4
e. 11 years old	0.6	1.0	1.2	0.9
f. 12 years old	0.2	1.7	2.3	1.4
g. 13 years old or older	0	0.8	6.2	2.3

The next three questions ask about other drugs.				
29. Have you ever used any form of cocaine, including powder, crack, or freebase?				
a. Yes	1.1	2.6	3.6	2.4
b. No	96.3	95.8	95.2	95.7
30. Have you ever sniffed glue, or breathed the contents of spray cans, or inhaled any paints or sprays to get high?				
a. Yes	5.2	8.7	9.2	7.7
b. No	91.9	89.6	89.9	90.4
31. Have you ever used steroid pills or shots without a doctor's prescription?				
a. Yes	1.5	2.3	2.5	2.2
b. No	96.6	96.5	97.0	96.7
The next four questions ask about sexual intercourse.				
32. Have you ever had sexual intercourse?				
a. Yes	5.2	8.2	14.4	9.4
b. No	91.3	89.6	83.5	88.0
33. How old were you when you had sexual intercourse for the first time?				
a. I have never had sexual intercourse	89.5	88.8	82.6	86.9
b. 8 years old or younger	3.5	3.5	3.4	3.5
c. 9 years old	0.4	0.4	0.1	0.3
d. 10 years old	0.6	0.1	0.8	0.5
e. 11 years old	0.8	0.8	0.9	0.8
f. 12 years old	0.7	2.1	2.3	1.7
g. 13 years old or older	0.1	1.2	8.1	3.1
34. With how many people have you ever had sexual intercourse?				
a. I have never had sexual intercourse	92.2	91.8	85.3	89.6
b. 1 person	1.8	2.6	6.4	3.7
c. 2 people	1.5	1.7	2.9	2.0
d. 3 people	0.1	0.6	1.2	0.6
e. 4 people	0.1	0.3	0.3	0.2
f. 5 people	0.1	0.1	0.3	0.2
g. 6 or more people	0.4	1.1	2.6	1.4

35. The last time you had sexual intercourse, did you or your partner use a condom?				
a. I have never had sexual intercourse	91.0	90.9	84.0	88.4
b. Yes	2.2	4.2	9.4	5.3
c. No	3.3	2.7	4.8	3.7
The next seven questions ask about body weight.				
36. How do you describe your weight?				
a. Very underweight	5.2	3.5	2.6	3.8
b. Slightly underweight	16.6	16.2	12.3	15.1
c. About the right weight	53.4	52.4	54.5	53.5
d. Slightly overweight	18.9	21.0	24.7	21.5
e. Very overweight	1.8	4.2	3.8	3.3
37. Which of the following are you trying to do about your weight?				
a. Lose weight	38.4	39.7	45.8	41.2
b. Gain weight	9.8	10.3	10.5	10.2
c. Stay the same weight	25.4	23.0	19.4	22.7
d. I am not trying to do anything about my weight	22.7	25.0	23.2	23.6
38. Have you ever exercised to lose weight or to keep from gaining weight?				
a. Yes	57.5	62.2	65.4	61.6
b. No	38.4	35.7	32.7	35.6
39. Have you ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?				
a. Yes	34.8	38.3	44.8	39.2
b. No	61.6	59.8	53.7	58.4
40. Have you ever gone without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight??				
a. Yes	7.1	11.0	15.4	11.1
b. No	89.3	87.7	83.5	86.8
41. Have you ever taken any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)				
a. Yes	1.4	2.9	5.3	3.2
b. No	94.9	95.6	93.9	94.8

42. Have you ever vomited or taken laxatives to lose weight or to keep from gaining weight?				
a. Yes	2.5	3.5	5.1	3.7
b. No	91.9	94.4	92.9	93.0
The next five questions ask about physical activity.				
43. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day ? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)				
a. 0 days	10.3	7.2	7.0	8.3
b. 1 day	5.4	4.6	4.4	4.8
c. 2 days	7.0	8.1	7.2	7.4
d. 3 days	11.1	9.9	12.0	11.0
e. 4 days	13.0	13.0	11.8	12.5
f. 5 days	15.7	18.6	17.3	17.3
g. 6 days	8.6	10.7	11.9	10.4
h. 7 days	23.2	25.2	26.1	24.8
44. On an average school day, how many hours do you watch TV?				
a. I do not watch TV on an average school day	6.8	5.3	5.9	6.0
b. Less than 1 hour per day	20.9	19.0	19.8	19.9
c. 1 hour per day	18.8	19.5	19.6	19.3
d. 2 hours per day	23.2	23.4	25.3	24.0
e. 3 hours per day	14.0	16.0	15.4	15.1
f. 4 hours per day	4.8	6.4	5.4	5.5
g. 5 or more hours per day	5.9	7.5	6.3	6.5
45. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, Play Station, X box, computer games, and the Internet.)				
a. I do not play video or computer games or use a computer for something that is not school work	8.6	7.9	6.5	7.7
b. Less than 1 hour per day	27.0	25.5	22.6	25.0
c. 1 hour per day	19.5	18.3	21.4	19.8
d. 2 hours per day	16.7	19.1	20.5	18.7
e. 3 hours per day	9.7	11.6	11.6	11.0
f. 4 hours per day	3.7	5.6	6.4	5.2
g. 5 or more hours per day	7.3	9.0	7.6	7.9

46. In an average week when you are in school, how many days do you go to physical education (PE) classes?				
a. 0 days	13.6	9.4	10.1	11.2
b. 1 day	1.8	2.2	1.3	1.8
c. 2 days	7.4	5.2	4.8	5.9
d. 3 days	36.5	42.4	41.1	40.0
e. 4 days	1.0	1.7	0.9	1.2
f. 5 days	32.3	33.8	37.5	34.3
47. During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups)				
a. 0 teams	32.7	24.8	29.3	29.0
b. 1 team	21.5	21.5	19.6	20.8
c. 2 teams	17.6	19.1	18.2	18.3
d. 3 or more teams	20.5	30.2	30.3	27.0
The next 3 questions ask about other health-related topics.				
48. Have you ever been taught about AIDS or HIV infection in school?				
a. Yes	39.4	72.2	83.5	64.8
b. No	26.4	13.8	6.6	15.8
c. Not sure	26.9	11.0	7.0	14.9
49. Has a doctor or nurse ever told you that you have asthma?				
a. Yes	16.5	16.7	21.0	18.1
b. No	68.7	42.4	70.3	70.4
c. Not sure	8.2	8.1	6.4	7.6
50. Do you still have asthma?				
a. I have never had asthma	63.0	66.2	64.7	64.5
b. Yes	13.0	11.5	15.2	13.3
c. No	9.0	8.8	7.7	8.5
d. Not sure	8.6	10.2	10.4	9.7

Data reported in percentages of students responding

Data may not total 100 due to mis marked, errors in marking or blank scan sheets

Data compiled from the five public school districts in Winnebago County