



220 Washington Ave, Oshkosh 211 N. Commercial St, Neenah (877) 886-2372

Medicaid & the Unwinding of the Public Health Emergency

Written by the GWAAR (Greater Wisconsin Agency on Aging Resources) Legal Services Team

There is a lot of information circulating right now about Medicaid and the Public Health Emergency and we wanted to share what we know at this point. There are still a lot of unknowns, so we may not be able to answer all of your questions, but hopefully we can clarify some of the information out there. This is our understanding of the information as of today. It is subject to change or clarification.

Medicaid Continuous Eligibility. Throughout the federal declaration of the public health emergency (PHE) states were not allowed to disenroll people from Medicaid, even if the person had subsequently lost eligibility. This has continued since March 2020 as it was tied to the PHE. However, in the Consolidated Appropriations Act, Congress "decoupled" Medicaid continuous eligibility from the federal PHE declaration. That means even though the federal declaration of PHE will continue into May 2023, continuous Medicaid eligibility will not. Anyone who applies for Medicaid on or before March 31, 2023 will be continuously maintained on Medicaid until the person's next renewal. Anyone who applies for Medicaid on or after April 1, 2023 will not have continuous enrollment and will be disenrolled from Medicaid if they subsequently become ineligible due to excess income, excess assets, or functional eligibility. No one (new or continuous Medicaid enrollees) will pay MAPP or BadgerCare+ premiums until January 2024. The BadgerCare+ Treatment Needs Question is also on hold until January 2024. We are unsure when the MAPP work requirement will return.

The unwinding of the Medicaid continuous enrollment will begin April 1, 2023. Some groups of individuals will need to complete new applications. These groups include those who need to verify their citizenship (roughly 2,000 individuals) and those whose Medicaid was manually extended during the PHE (roughly 90,000 individuals). Other groups will need to complete renewals. Members will begin to receive notices in March, 2023.

If you have questions about your benefits, please call our local call center - East Central Income Maintenance Partnership at 1-888-256-4563.



MARCH



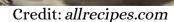
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
			1	2	3	4		
5	6	7	8	9	10	11		
	Memory Care Respite Neenah 1:30-3:30pm Winnebago County Human Services Board Meeting 3pm Fair Housing Council - What's The Law? * 6pm-8pm Neenah Library	Oshkosh Committee on Aging 8am FOOD + DIVERSITY + COMMUNITY * Oshkosh Downtown YMCA 11am-12:30pm Money Matters Workshop* 1pm-2:30pm Menasha Senior Center	FVMP Memory Cafe Oshkosh Library 1:30pm	Virtual Dementia Tour Parkview Health Care Center 9am-Noon Registration required* Virtual ADRC Caregiver Support Group 3:30pm	Menasha Committee on Aging 1pm	Oshkosh Farmer's Market Oshkosh Arena 9am-12:30pm		
12	13	14	15	16	17	18		
	BEAMING INC. Memory Cafe 10-11:30am* SPARK! The Trout Museum of Art 1pm Memory Care Respite Neenah 1:30-3:30pm ADRC Committee Meeting 3pm	Welcome to Medicare Presentation * Dep of Human Services, Oshkosh 10am SPARK! Bergstrom Mahler Museum	Memory Screenings Menasha Senior Center 10am-12pm FVMP Memory Cafe Menasha Library	Neenah Committee on Aging 9am Memory Screenings Oshkosh Senior Center 10:30am-12pm Caregiver Support Group Community Church 3:30pm	FVMP Lunch Bunch Cranky Pat's Pizza Neenah 11am St. Patrick's Day	Oshkosh Farmer's Market Oshkosh Arena 9am-12:30pm		
19	20 FVMP Memory Cafe Neenah Library 1:30-3pm	Men's Caregiver Support Group Cafe Nutrition Neenah 10:30am Money Matters Workshop* 1pm-2:30pm Menasha Senior Center	22	23	24	25 Oshkosh Farmer's Market Oshkosh Arena 9am-12:30pm		
26	27	28	29	30	31			
	FVMP Memory Cafe Oshkosh 20th YMCA 1:30pm	Money Matters Workshop* Ipm-2:30pm Menasha Senior Center Memory Care Respite Oshkosh I:30pm	SPARK! The Paine Art Center Ipm	-	-			

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Fox Valley Memory Project (FVMP)		
(920) 225-1711		
info@foxvalleymemoryproject.org		
Alisa Richetti (920) 236-1227 Arichetti@winnebagocountywi.gov		
Paine Art Center, Oshkosh (920) 235-6903 Bergstrom Mahler Museum, Neenah (920) 751-4658 The Trout Museum, Appleton (920) 733-4089		
(920) 383-1180 or memorycarerespite@gmail.com		
(920) 727-5555 ext. 2217		
pbartelt@winnebagocountywi.gov		
ADRC@winnebagocountywi.gov		
ckasimor@ci.neenah.wi.us		
khutter@ci.menasha.wi.us		
Judy.Richey@aol.com		

- 2 tablespoons butter
- 2 tablespoons extra-virgin olive oil
- 1 large onion, chopped
- 5 large Yukon Gold potatoes, peeled and cut into 1/4-inch cubes
- 1 large carrot, coarsely shredded
- 2 pounds cooked corned beef, cubed
- 2 tablespoons chopped fresh parsley
- ½ teaspoon ground black pepper, or to taste
- ¼ teaspoon dried thyme leaves
- 1 pinch salt to taste





- 1) Melt butter with olive oil in a large skillet over medium heat. Cook and stir onion until lightly browned, about 8 minutes. Stir in potatoes and carrot; cook, stirring occasionally, until tender, about 15 minutes.
- 2) Stir in corned beef, parsley, pepper, thyme, and salt. Cook, stirring often, until hash is crisp and browned, 10 to 15 more minutes.

STRONG BODIES

Strength training class for men and women 55+



- Improves bone density
- Can reduce falls
- Improves arthritis symptomsIncreases flexibility
- Improves mood and confidence levels

Register with the Winnebago County Health Department



920-232-3000

SUGGESTED DONATION OF \$15 JOIN ANYTIME!

Neenah Highlands at Mahler Parl 1555 Lyon Dr. Neenah Feb 6- April 27 Mon & Thurs 11am - 12pm

Neenah YMCA 110 N Water St. Neenah Jan 3 - Mar 23 Tues & Thurs 10am - 11am

Menasha Senior Center 116 Main St. Menasha Jan 10 - Mar 30; Apr 6 - June 22 Tues & Thurs 9:30am - 10:30am Winneconne Highlands Senior Center 424 Cleveland St. Winneconne Feb 20- May 11 Mon & Thurs 11am - 12pm

Omro - Omro City Hall 205 S Webster St. Omro Jan 16 - Apr 6 Mon & Thurs 9:30am - 10:30am

Oshkosh - Briarwood Cottages 1118 W. 20th Ave. Oshkosh - Clubhouse Jan 3 - Mar 23 Tues & Thurs 10:30 - 11:30am

STEPPING ON

Falls prevention class for men and women 55+



Strength and balance exercises.

Learn how to identify and remove fall hazards.

Learn how vision, hearing, and more affect your risk of falling.

Learn how to get back on your feet if you fall.

To get more information or register please call the Winnebago County Health Department at 920-232-3000 Fridays 10:30 - 12:30 pm March 31 - May 12

Menasha City Hall 100 Main St, Menasha



SUGGESTED DONATION O \$15 FOR THE SESSION





Recommended donation of \$20

FOR ARTHRITIS & FALLS PREVENTION

MEMORIAL PARK - 1175 APPLEBLOSSOM DR. NEENAH GEORGE SCHERCK SHELTER

TUES & THURS, MARCH 21 - APRIL 27

BEGINNER: 10:00 - 11:00 AM INTERMEDIATE: 11:15 AM - 12:15 PM

Focusing on improving stability, strength and mental health.

Reduce falls and fear of falling.
Enhance balance and mobility.
Gain serenity through gentle, flowing poses and movements.



Register with the Neenah Park and Rec Call: 920-886-6060







Looking for upcoming classes to improve your balance and strength? There are many programs and classes offered in our county designed to reduce falls.

Classes can also help improve your mood and introduce you to new people! Check out the below

organizations who offer regular classes: Menasha Senior Center

#920-967-3530

www.cityofmenashawi.gov/departments/senior_center/the_senior_chatt er_monthly_newsletter.php

Oshkosh Senior Center

#920-232-5300

www.ci.oshkosh.wi.us/seniorservices

Neenah-Menasha YMCA

#920-729-9622

https://www.ymcafoxcities.org/foreverwell

Oshkosh YMCAs

#920-230-8916

www.oshkoshymca.org/programs/seniorprograms/index.html

Winnebago County Health Department – Wellness Plus

#920-232-3000

www.co.winnebago.wi.us/health/divisions-programareas/your-health/adult/wellness-plus-healthyaging-classes

Omro Community Center

Please call #920-685-0380 for current activities.

UPCOMING WELCOME TO MEDICARE PRESENTATIONS

March 14th @ 10am -Dept of Human Services 220 Washington Ave, Oshkosh

April 11th @ 2pm - Neenah Dept of Human Services 211 N. Commercial St, Neenah

Please RSVP to 877-886-2372

Stryggling with your phone, email, or Facebook?

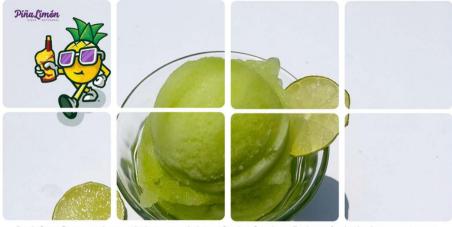
Check this out!





IN PARTNERSHIP WITH:

CONNECTING COMMUNITY THROUGH FOOD FRESH LIME SORBET



Food often reflects our cultures and ethnicities, and what our family or friends eat. By sharing food with others, we connect as humans and learn more about one another's lived experiences and identities. The sharing of food provides us greater opportunities to hold space for all to explore and share at the table. JOIN US to learn more about a family recipe from a business that started in 1985 in Mexico. Learn, make, and enjoy fresh lime sorbet recipe – an artisan ice cream 100% made with fresh fruit and lots of love. Come with an appetite and open mind and leave educated and with a new cultural recipe!

DIVERSITY + FOOD + COMMUNITY

TUESDAY, MARCH 7 • FRESH LIME SORBET Downtown Y • Teaching Kitchen • 11 a.m.-12:30 p.m.

FREE AND OPEN TO ALL! Stop in any time to sample a home-cooked dish from a different country.

Pre-registration is required. Sign up by Monday, March 6 at the Front Desk of either location or by calling 920–236–3380. Tours of the Downtown YMCA will be offered from 12:30–1:00 p.m.

OSHKOSH COMMUNITY YMCA • www.oshkoshymca.org

Downtown • 236-3380 • 324 Washington Avenue

EVERYDAY TECH

B L I C R A R Y 106 Washington Ave., Oshkosh WI 54901 | Questions? Call 236-5205.

All sessions are held from 2-3 p.m. in the Lower Level Conference Rooi

Jan. 5 March 2 April 27

EMAIL BASICS

Learn what email is, how it works, and how to stay safe while using it. We'll have computers available for you to sign up for, read, and send emails. You'll leave the class with your own email account and with the knowledge to use it!

March 16 May 11

SMARTPHONE BASICS

Did you know that your smartphone has GPS, SIM card, and Bluetooth capabilities? Not only do smartphones allow you to make calls and send texts, but they allow you to send and receive emails, browse the web, download apps, and organize your personal life Bring your smartphone and learn what it can do for you. Android and iPhone users welcome.

Feb. 2 March 30 May 25

FACEBOOK FOR BEGINNERS

Learn the basics of using Facebook in this hands-on class. We will discuss ways to keep your information secure. If you already have a Facebook account, come to the class with your username and password information so you can log in to your account on one of our computers.

Feb. 16

FUN WITH PHOTOS

Learn how to save the photos you take with your smartphone, upload to social media sites and send them to others. Learn how to download, save and edit photos that were sent to you or found online. Bring your smartphone with you for some hands-on practice.

Programs provided by Bug Tussel University, the educational branch of internet service provider Bug Tussel Wireless LLC.

DROP-IN TECH HELP

Offered from 3-4 p.m. after each Everyday Tech session

Drop in to get one-on-one help with your questions about computers, internet, email, social media, your device, or other technology. Bring your smartphone, tablet, laptop or other device with you for hands-on assistance. Drop in any time during the session, Assistance provided on a first-come first-served basis.

EVERYDAY TECH



EVERY OTHER THURSDAY

January-May

Hands-on tech sessions to build knowledge, skills & confidence

oshkoshpubliclibrary.org

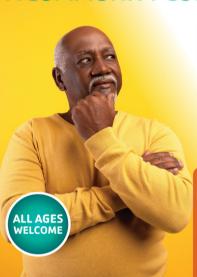


In partnership with Winnebago County



SNACK&LEARN

A COMMUNITY CONVERSATION



OSHKOSH COMMUNITY YMCA 20th Avenue 920-230-8439 3303 W. 20th Ave.

www.oshkoshymca.org

Join us in a community conversation on important issues that can impact YOU!

Join leaders from Winnebago County to learn and join in the conversation on current issues in our county. A panel of presenters will share an overview of the following issues followed by a Q & A session.

MONDAY, APRIL 3 11:00 A.M.-NOON

20th Ave Y • MPR1&2 FREE and open to all!

No need to register! Just show up, snack, and learn.

Snacks will be provided by Winnebago County.

JOIN PANELISTS & LEARN ABOUT:

- Dementia Care Specialist: Memory issues
- and programs for dementia

 Public Health Specialist: Harm reduction
 and Covid-19
- Adult Protective Services and Crisis: Scams to be aware of, crisis on homelessness and mental health issues
- Elderly Benefit Specialist: Medicare
 Information and Assistance Specialist:
- Information and Assistance Specialist:
 Powers of attorney & resources

QUESTIONS? Please email Errah Wheel at errahwheel@oshkoshymca.org.

Upcoming Autism Conference



SAVETHE DATE



STATE STREET CENTER
SPRING CRAFT FAIR

WEDNESDAY MAY 3RD 11AM – 2PM

206 STATE ST OSHKOSH WI 54901

Come support our members as they sell their handmade crafts & artwork. *Cash only – Please & Thank you!



FAIR HOUSING:

Do you know the law?

You're invited to attend a **FREE training seminar** for owners and managers of rental housing in **Neenah**:

Monday, March 6, 6 - 8pm

Neenah Public Library, Yaz Community Room
240 E. Wisconsin Avenue

Seminar topics include:

- · Local, state and federal fair housing laws
- · Advertising units in compliance with fair housing law
- Non-discriminatory negotiation with prospective tenants
- Interacting with current tenants in a fair and legal manner
- Reasonable accommodations and modifications for tenants with disabilities

Visit https://tinyurl.com/FHNeenah or call 414-278-1240 to register.

This material presented during this seminar is intended for general information purposes only and does not constitute legal advice. Recording of seminars is not permitted.

The Fair Housing Center of Northeast Wisconsin is a satellite office of the Metropolitan Milwaukee Fair Housing Council.

This seminar is supported by funding from the City of Neenah Community Development Block Grant Program.

If you need materials in alternate formats or other accommodations to access our services, call 414-278-1240.



Free Tax Help – 2023

AARP (American Association of Retired Persons) assists with free, simple tax preparation every year. If you have a complex tax situation, they may ask you to seek aid from an accountant or tax preparer. Per the AARP website:

"AARP Foundation Tax-Aide provides in-person and remote tax assistance free of charge to anyone, with a special focus on taxpayers who are 50 or older or who have low to moderate income. Tax-Aide volunteers are located nationwide, and are trained and IRS-certified every year to make sure they know about and understand the latest changes and additions to the tax code."

Neenah/Menasha area

- Call to schedule an appointment: (920) 215-1040
- Neenah Public Library: 240 E. Wisconsin Ave, Neenah
- Menasha Public Library: 440 1st St, Menasha,
- Menasha Goodwill: 1800 Appleton Rd, Menasha

Oshkosh area

- Call to schedule an appointment: (920) 385-6756
- Algoma Boulevard United Methodist Church: 1174 Algoma Blvd, Oshkosh



VITA (Volunteer Income Tax Assistance) helps with free, simple tax preparation every year. If you have a complex tax situation, they may ask you to seek aid from an accountant or tax preparer. This is available for low-moderate income individuals; the maximum income level is generally \$60,000/ year.

*Please note that this is the updated number to use for VITA.

Oshkosh area

- Call to schedule an appointment: (920) 540-3925
- University of Wisconsin Oshkosh: 800 Algoma Blvd, Oshkosh

MONEY MATTERS WORKSHOP

Want to learn more about saving and spending money, finding discounts, using coupons, and ways to recognize and avoid scams? Join us as Cindi W, a recently retired financial counselor and educator shares ideas and insights to benefit you and

better your 2023!

MARCH 7 Saving &

Spending

Basics

MARCH 14

Developing a Spending Plan

MARCH 21

Coupons, Discounts & More

MARCH 28 Recognizing & Avoiding

Scams

When: March 7-28 (4 weeks); 1:00-2:30pm Where: Menasha Senior Center

Register by calling 920-967-3530

All are welcome!



A GOOD FRIEND IS LIKE A FOUR-LEAF CLOVER. HARD TO FIND AND LUCKY TO HAVE.

IRISH PROVERB



FOR EACH PETAL ON THE

shamrock



THIS BRINGS A WISH YOUR WAY-GOOD HEALTH, GOOD LUCK

AND HAPPINESS

FOR TODAY AND EVERYDAY.



CABBAGE

CLOVER LEPRECHAUN

CORNED BEEF

GREEN IRELAND

LUCKY MARCH

SHAMROCK ST PATRICK

RAINBOW

POT OF GOLD

PARADE

TRADITION

CHANGING LIVES, ONE RIDE AT A TIME.



EQUINE-ASSISTED MEMORY CAFÉS

A horse experience for seniors with dementia & their caregivers

2023 DATES

All Cafés are held on Mondays from 10am-11:30am



JANUARY 9
FEBRUARY 13
MARCH 13
APRIL 10
MAY 8
JUNE 12
JULY 10
AUGUST 14
SEPTEMBER 11
OCTOBER 9
NOVEMBER 13
DECEMBER 11

To register, please RSVP to 920-851-6160 or incbeaming@gmail.com

You're invited...

We welcome community members with early- to moderate-stage dementia and their caregivers to enjoy horse experiences and other interactive activities at the BEAMING Barn every month at our no-cost Equine-Assisted Memory Cafés.

Participants can enjoy grooming, walking and riding horses; riding our Equicizer horse simulator; making and feeding horse treats; short educational presentations; live music; dancing; watercolor painting; arts and crafts activities; planting flowers; a scavenger hunt; "show and tell" sharing of memories; our Sensory Walking Path, socializing with snacks; listening to and identifying birds and butterflies in our gardens; and other outdoor and barn activities. All activities take place with BEAMING staff and volunteers to encourage participation and maintain safety.

Equine-assisted Memory Cafés are a wonderful way for participants and their families to engage in a social gathering and meet others for camaraderie and support.



HELD RAIN OR SHINE AT THE BEAMING BARN
2692 County Road GG, NEENAH or via Zoom at bit.ly/3WMGvvD

SPARK! Program at the Paine Art Center and Gardens

With its multi-acre gardens, changing gallery exhibitions, and historic home, the Paine Art Center and Gardens in Oshkosh is the perfect backdrop for a SPARK! program. SPARK! is a cultural program for people with early to mid-stage memory loss and their care partners. SPARK! is designed to keep participants actively engaged in their communities by providing experiences that stimulate conversations, provide peer support and inspire creativity through creative engagement. At the Paine, programs vary greatly each month. Last year, programs included painting watercolor butterflies in our gardens, making moving sculptures inspired by EAA Airventure, arranging flowers guided by a guest floral studio, participating in gallery talks about current exhibitions with the Paine's curator, exploring fall through the five senses, and enjoying a performance from a women's barbershop quartet.

"My husband and I have attended many Memory Care programs over the years through his Alzheimer's journey. Our favorite program, by far, was the SPARK program," one care partner said when asked about their participation. "We eagerly anticipated going each month to the well-planned program, and were never disappointed!"

SPARK! brings as many benefits for care partners as it does for our participants with memory loss. "The SPARK program has made a difference for both my dementia-challenged mother AND her partner/primary caregiver. It's a breath of fresh air for them every month."

The Paine Art Center and Gardens runs their SPARK! program on the last Wednesday of every month from 1pm-2pm and are FREE to attend but RSVP is strongly recommended. To receive emails about their upcoming SPARK programs or for questions please contact Kelsey Raschke at 920-235-6903 ext 41 or email kraschke@thepaine.org
To learn more about SPARK! and find other locations of programs visit www.sparkprograms.org





September SPARK! Program with Ginger Birch Floral (above) and December program with the Fox Sounds Women's Barbershop Quartet (below)



Are you a caregiver who needs a break?

If you are a caregiver for a loved one who experiences memory loss or dementia, there is a free program called

Memory Care Respite Partners

that will give you a break for 2 hours each session. This is a facilitated program will provide activities and engagement for your loved one while you are away.

Our Savior Lutheran Church 1860 Wisconsin Street, Oshkosh 4th Tuesday of each month 1:30-3:30pm Call 920-727-5555 ext. 2217 to pre-register

St. Paul Lutheran Church
200 N. Commercial Street, Neenah
1st and 2nd Mondays of each month at 1:30-3:30pm
Call 920-383-1180 or email
memorycarerespitepartners@gmail.com
to pre-register.



March Memory Cafe's



Memory Cafe's welcome people experiencing memory loss, along with family and friends who love and care for them. Participants get involved in activities, learning, music, conversation, laughter, fun and also enjoy refreshments. For more information and other cafe' locations throughout the Fox Valley contact the Fox Valley Memory Project at www.foxvalleymemoryproject.org

Menasha

Menasha Public Library, 440 1st St. , Menasha - Wednesday, March 15th- 1:30pm-3pm

Celebrate the beginning of Spring with Cherry Blossoms. Together we'll learn about Cherry trees and their famous blossoms that amaze the world. After learning some fun facts about Cherry Blossoms, we will make our own painting of cherry blossoms using stencils, paint, and tissue paper.

<u>Neenah</u>

Neenah Public Library, 240 E Wisconsin Avenue, Oshkosh - Monday, March 20th - 1:30pm-3pmKarate America Demonstration. Staff from Karate America will demonstrate their moves and show you appropriate moves to keep you fit.

Oshkosh

Oshkosh Public Library, 106 Washington Avenue, Oshkosh - Wednesday March 8th -1:30pm-3pm Prepare to be amazed by Monty's Magic show at the Oshkosh Library. Don't miss out on the fun!

Oshkosh YMCA, 3303 W 20th Avenue, Oshkosh - Monday, March 27th - 1:30pm -3pm Is it spring yet? Let's plant some seeds and be prepared for warmer weather.

BEAMING INC.

BEAMING Barn 2692 County Road GG, Neenah - Monday, March 13th - 10am-11:30am

Equine-assisted memory cafe's for seniors with memory loss and their caregivers to enjoy the horses and other interactive activities. To register call 920-851-6160 or email incbeaming@gmail.com



Contact Us!

220 Washington Ave, Oshkosh 211 N. Commercial St, Neenah Email: adrc@winnebagocountywi.gov Hours: Monday - Friday- 8am-4:30pm (after hour appts available upon request) Like us on Facebook! Phone: 877-886-2372

www.co.winnebago.wi.us/adrc