



## Which Long-Term Care Program is Best for Me?

*Which statement best describes YOU...*

**I would like to have help in getting the services I need.**



**I would like to have help in coordinating my long-term care services. I want to use my Medicare or Medicaid to pay for my doctor and my medications.**



*Tell Me More About...*

**Family Care**

**I would like to manage my own service and supports.**



Within a budget, I want to self-direct ALL of my long-term care services allowing me to recruit, hire and schedule ALL of my long-term care providers and services, or to purchase services from an agency provider. Family, friends and others may help me self-direct.



*Tell Me More About...*

**IRIS**

(Include, Respect, I Self-Direct)