

# Interdisciplinary Teams in Family Care



## Who is on your interdisciplinary team?

When you participate in a Family Care program, a team of people come together to help you identify what sort of assistance you might need and work with you to arrange your long-term care services. You are an active participant on the team that also includes, at a minimum, a care manager and a registered nurse. You can choose to include a family member or loved one on your team. Sometimes people also choose other professionals to participate as team members as well. In Family Care, this team is called an “interdisciplinary team.”

## What does your interdisciplinary team do?

The team completes an assessment of your needs and develops a plan for services to meet those needs. The services outlined in your plan are individualized for you and focus on the most effective and cost-effective way to meet your needs and personal outcomes. The care manager and registered nurse authorize payment for your services, and monitor the quality of the services you receive.

Here’s an example of an interdisciplinary team in Family Care. The person in the center picture represents you. The individuals in the lightly shaded boxes were personally selected by YOU to participate on your team:

