WINNEBAGO COUNTY AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE

MEETING MINUTES

DATE: September 14, 2015

TIME: 3:00 p.m.

PLACE: Oshkosh Human Services Bldg., Room 33

Members Present: Ginger Beuk, Debra Hogue, Mike Norton, Rob Paterson, Harold Singstock and Claire Steger

Members Excused: Eileen Leinweber and Donna Lohry

Staff Present: Mary Krueger, Brian Nagler, Mark Weisensel, Mary DeBruin and Dorothy De Grace

Others Present: Larry Lautenschlager, County Board; Lori Duclon, Public Health Department; and Tom Otto, interested citizen

Mary Krueger called the meeting to order at 3:00 p.m.

1. <u>Introductions</u>:

Introductions were made.

2. Public Comments:

Lori Duclon reported that the Strong Bones classes are going well. Classes are held in Menasha, Omro and Winneconne. They are looking for volunteers to hold a class in Oshkosh. They are starting to give flu shots at various locations throughout the community. They are busy doing follow-up on blastomycosis cases within the community.

3. <u>Approve Minutes of the August 10, 2015 ADRC Meetings</u>:

Ginger Beuk moved for approval of these minutes; seconded by Mike Norton and carried.

4. <u>A Day in the Life of a Disability Benefit Specialist (presented by an ADRC Specialist)</u>:

Mary DeBruin (ADRC Specialist) shared her process of helping an elderly woman who had contacted the ADRC for assistance for her husband's health issues. Mary explained various options and resources to the woman that could help take care of her husband, such as Alzheimer's Family Caregiver Support Program funds (AFCSP) to pay for some services in the home. The woman hired Evergreen at Home to help with housekeeping things and transportation to doctor visits. An ADRC Benefit Specialist helped her husband complete an application for Medicaid, and he was found to be eligible. Mary was able to start doing some enrollment counseling to the couple, and they chose Lakeland Care District. Staff was able to go into the home to help him with his personal hygiene needs and care giving for several hours each day. He was then admitted to Park View Health Care Center where he passed away a month later. Mary was able to help the wife obtain housing so she could move into an apartment. She said this couple was able to receive assistance because of the cooperation of various groups and individuals.

5. <u>Dementia Training for Family & Friends</u>:

Mary Krueger said the Department of Health Services has contracted with the University of Wisconsin–Oshkosh to put together some web-based dementia training for various target groups. Mary asked who would be interested in receiving a ticket for one of the three-hour courses and then provide feedback to her for the state.

6. Aging Plan 2016-2018 (Draft Goals for Discussion & Feedback):

Mark Weisensel distributed a copy of the 2010 census data for Wisconsin and Winnebago County, which will be included in the 2016-2018 Aging Plan and was prepared by the Bureau of Aging & Disability Resources. Mark also distributed a copy of the draft goals which are required for the aging plan. The five focus areas include programs and/or trainings regarding: 1) involvement of older people in aging-related program development and planning; 2) an Elder Nutrition Program; 3) services to support caregivers; 4) services to people with dementia; and 5) healthy aging. Mark explained our goals under each focus area of the plan. After discussion and feedback, Mark made some minor changes to the draft document to be submitted to the state.

7. <u>Reports</u>:

- a. ADRC Manager Report Mary Krueger reported on the following: 1) the state is holding public hearings to receive testimony from interested parties regarding the changes in the State Budget to Family Care and IRIS—a webcast is set up, and written testimony is due by October 11 via email or U.S. mail; 2) Wisconsin Counties Human Service Association (WCHSA) is recommending these changes to the 2016 contract: ADRC's need to use the state's ADRC logo on its signage and letterhead, etc.; ADRC's are to have hearing loops in reception areas and conference rooms; offices should have wheelchair accessibility; the state should have access to our reports and other data; we need to submit a business plan which would focus on outreach and marketing; and we should look at our criteria for setting up appointments after hours. Mary reported that at the last Long Term Care Advisory Council the focus of discussion was on supporting caregivers, such as the need for respite; balancing work and family; and out-of-pocket expenses. Our ADRC uses funds from the National Family Caregiver Support Program and the Alzheimer's Family Caregiver Support Program for eligible individuals; participates in local Memory Cafés and Share the Care program.
- b. Committee Member Updates Ginger Beuk received an e-mail from the Survivor Coalition inviting her to be on a committee that is forming to discuss the ADRC switchover.

Mike Norton reported on his attendance at the Senior Fall Festival at PVHC.

- c. Complaints/Grievances There were none to report.
- 8. <u>"Community Beat"</u>: There was none to report.
- 9. <u>Next Meeting: October 12, 2015</u>: The date of the next meeting was noted.

With no further business, Mike Norton moved for adjournment; seconded by Ginger Beuk and carried at 5:15 p.m. The next meeting of the ADRC Committee will be held at 3:00 p.m., Monday, October 12, 2015 at the Oshkosh Human Services Building, Room 33.