

**WINNEBAGO COUNTY
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**

MEETING MINUTES

DATE: 03/14/2022

TIME: 3:00 p.m.

PLACE: Zoom

Members Present: Paul Janty, Michael Norton, Jan Olson, Kate Pfaendtner, Claire Steger, Tamar Mathwig, Harold Singstock, Elizabeth Jones, Fritz Rudy Pete Christianson,

Members Excused: Rob Paterson, Larry Lautenschlager

Staff Present: Beth Roberts, Melissa Sell, Karenna Jolin, Brian Nagler

Others Present: Alana Erickson Health Department, Jeremiah Bohr, Carrie Rule

Paul Janty called the meeting to order at 3:00 PM.

1. Public Comments:

No members of the public were present at today's meeting.

2. Approve Minutes of the February 14, 2022 ADRC Committee Meeting Minutes:

Kate Pfaendtner motioned to approve and **Harold Singstock** seconded the motion. The motion was approved by all members.

3. Housing Study presentation – Jeremiah Bohr, UW-Oshkosh:

Beth Roberts stated that the Committee has talked in the past about providing affordable housing for the populations served as well as the anticipation in the future is increased housing needs, especially for the aging population. Carrie Rule and Jeremiah Bohr from UW-Oshkosh were contracted to spearhead a housing study. **Jeremiah Bohr** is a sociology professor at UW-Oshkosh who has worked a lot with census data in the past. Jeremiah screenshared information from the study which entailed Winnebago County projections from 2030 through 2050 as follows:

- Data was compiled by Columbia University's Center for Earth Science Information Network (CESIN 2021) which includes five scenarios based on different assumptions of what county populations will look like across the U.S. All five scenarios projected similar data. The projections utilized in the UW-Oshkosh study made use of the "inequality" scenario data as this scenario was closest to observed 2020 population.
- Population growth projections: 2020s – For the rest of this decade, Winnebago County total population is projected to grow approximately 2%. Age composition will shift significantly as the larger share of the population will be seniors. By the 2030s, the expectation is the total population will plateau and age composition will remain stable. By the 2040s, the total

population is expected to decline by approximately 2.5%. Senior share of the population is expected to remain stable.

- Age 65+ projections: In Winnebago County, the total population in 2019 was 170,411 with projections of: 2030=174,527; 2040= 174,012; and 2050=169,949. The total 65 and over population in 2019 was 27,014 with projections of: 2030=37,783; 2040=39,002; 2050=38,433. Total of men 65 and older in 2019 was 12,069 with projections of: 2030=17,230, 2040=17,544, and 2050=17,223. Total of women 65 and over in 2019 was 14,945 with projections of: 2030=20,553; 2040=21,211. The senior share of the population for Winnebago County in 2019 was 15.9 % with projections of: 2030=21.6%; 2040=22.4%; and 2050=22.6%.
- Specialized housing is defined as housing that includes access to nursing or specialized services and is operated by people who are unrelated to the residents such as: adult family homes, community-based residential facilities, nursing homes, and residential care apartments. The total number of specialized beds currently available in Winnebago County is 2,744 (1 bed available per 10 seniors). Outagamie County is similar in comparison with 2,812 beds available (1 bed available per 10.5 seniors).
- Adult family homes (AFHs): AFHs is defined as homes with 3-4 adults unrelated to the operator receiving care above the level of room and board. This may include up to seven hours of nursing care per week. Winnebago County has 43 AFHs with an average capacity of 3.86 and a range of capacity of 34 residents. Most AFHs in Winnebago County are geographically located along Highway 41 with none being located in the western part of the county.
- Community-Based Residential Facilities (CBRFs): CBRFs are homes that have five or more people unrelated to the operator living in a community setting. May include up to three hours of nursing care per week. Winnebago County has 64 total CBRFs with an average capacity of 21.2 and a range of capacity of 5-72 residents. CBRFs are spread out throughout Winnebago County with many along Highway 41 and some located within the Western portions of the county.
- Nursing Homes: Nursing homes are homes with five or more people unrelated to the operator requiring 24-hour access to nursing services. Winnebago County has five nursing homes with an average capacity of 84.2 residents and a range of capacity of 36-168 residents. Winnebago County nursing homes are mostly located within Oshkosh; however, one is in Neenah. In addition, there are several nursing homes located just over the county border in the southern part of neighboring Outagamie County.
- Residential Care Apartments: Residential care apartments are independent care apartments which may include access to 28 hours of supportive care, personal care, and nursing services per week. Winnebago County has 8 residential care apartments with an average capacity of 68.1 residents and a range of capacity of 20-137 residents. These are located within Neenah, Appleton, and Oshkosh with none located within the Western portion of the county.
- Capacities by type of specialized housing in 2021: AFHs=166; CBRFs=1357; Nursing Homes=676; and Residential Care Apartment complexes=545. Total capacity of specialized housing within Winnebago County is 2744.
- Specialized housing capacity by gender in 2021: Gender inclusive=2683; men only=36; women only=25. Total capacity in Winnebago County is 2744.
- Seniors per available by type of specialized bed in 2021: AFHs=162.9; CBRFs=19.9; nursing home=40.0; residential care apartment complex 49.6. Seniors per total available beds = 9.8.

- Projected future needs for 2030: Winnebago County faces twin challenges regarding specialized housing due to 1) County population is growing overall and 2) seniors are increasing as a share of population.
- Status quo housing scenario for 2030: If no new specialized housing capacity is established, then Winnebago County will fall approximately 1093 beds short of projected needs in 2030. Winnebago County needs to expand specialized housing in order to maintain the current seniors-per-available bed status quo. Anecdotal evidence suggests that current capacity already falls short of demand.
- Projected capacity shortfalls by type of specialized housing in Winnebago County:
 - AFHs: 2030=66; 2040=73; 2050=70
 - CBRFs: 2030=541; 2040=602; 2050=573
 - Nursing homes: 2030=269; 2040=300; 2050=286
 - Residential care apartment complexes: 2030=217; 2040=242; 2050=230
 - Total projected shortfall: 2030=1093; 2040=1217; 2050=1159
- Improvement Scenario for 2030: If Winnebago County wants to exceed current seniors-per-bed ratios by 5% in 2030, capacity needs to be expanded by approximately 1,286 beds. This is 193 beds beyond the status quo scenario of projected needs for 2030 as previously outlined.
- Capacity needed for 5% improvement to seniors – available beds ratio:
 - AFHs: 2030 status quo=66; projected → 2030=78; 2040=86; 2050=82
 - CBRFs: 2030 status quo=541; projected → 2030=636; 2040=700; 2050=670
 - Nursing homes: 2030 status quo=269; projected → 2030=317; 2040=349; 2050=334
 - Residential care apartment complexes: 2030 status quo=217; projected → 2030=255; 2040=281; 2050=269
 - Total beds needed for 5% improvement: status quo 2030=1093; projected → 2030=1286; 2040=1416; 2050=1355
 - Extra beds needed right now for a 5% improvement in Winnebago County: AFHs=8; CBRFs=68; nursing homes=34; residential care apartment complex=27. Total beds needed for a 5% improvement = 137.
- Sources of uncertainties:
 - COVID-19 – COVID-19 may alter projected senior share of population. Seniors (65+) account for about 75% of all US deaths, but 80% of all COVID-19 deaths. In Wisconsin, these figures are 79% and 77%. Individuals aged 50+ account for 93% of all US deaths. Difficult to quantify, but COVID-19 may result in a slightly smaller senior share of population. There is some evidence emerging that this is going to have an impact on what the future senior population might look like; however, likely would not be a dramatic impact as the survey is likely a slight underestimation of the projected senior population.
 - Changing consumer preferences:
 - There is a lot of evidence suggesting that people do not want to live in the same type of housing that prior generations of seniors lived in.
 - Recent research indicates that the elderly increasingly prefers to modify their current homes to accommodate their needs rather than elect for specialized housing.
 - Difficult to assess how waning demand for specialized housing balances with the large increase in senior population.
 - Universal Design Housing demand will increase by 2030.

- The current US housing stock is very unprepared for the transition as only about 10% are "aging-ready."

Questions: Jeremiah Bohr, Ph.D. bohrj@uwosh.edu or Juyeon Son, Ph.D. sonj@uwosh.edu

Beth Roberts stated there are three upcoming sessions to share the survey findings information with the community.

Mike Norton questioned whether there is a way to differentiate whether the need is greater or the same all through the County or if there are differences between Oshkosh, Neenah/Menasha, and the rural areas west of Highway 41. Jeremiah responded that unfortunately the projects do not get any granular. In addition to the upcoming sessions, Mike Norton asked for help in getting this information out to County Board members, city councils, and to developers to encourage the creation of more senior-friendly housing that is affordable and accessible. Mike expressed the need in some communities for more single-story units located within walking distance of other amenities.

Liz Jones asked whether any data was collected on mixed age such as pocket neighborhoods and/or developments that deliberately mix ages or whether the data specifically focused on housing dedicated to those over 65. Jeremiah stated that the data collected was on dedicated housing. **Beth Roberts** clarified that the survey data was based on how facilities are licensed. Facilities are not specific to the aging population. For example, nursing homes are typically for older adults; however, younger adults may have the physical need to be there.

Jan Olson asked whether the survey could be tailored to provide more definition toward specific needs such as dementia care or memory care settings versus simply elderly care. Jeremiah stated he will look if the information collected has those details included and if so will integrate that data.

Paul Janty asked whether it was correct to say that roughly 150 beds or each are needed for the next seven years. Jeremiah confirmed that is correct and the trend is not slowing down. Jeremiah stated the data shows that a lot needs to be built rather quickly.

Paul Janty asked **Beth Roberts** and **Brian Nagler** to speak on the impact the survey numbers has on the current challenges when placing individuals into a suitable living situation. Brian stated these difficulties are already being seen with numerous calls being received in regards to homelessness, prevention, the lack of affordable housing for persons with disabilities and seniors, and the lack of CBRF beds. Once eligibility for Family Care is done, there are issue with Family Care not having contracts with CBRFs or no available CBRF beds.

Beth Roberts reported that in relationship to the lack of vacancies, too often this becomes an Adult Protective Services (APS) issue. Beth stated there are situations where people are eligible for funding; however, cannot get into the appropriate type of facility. In addition, there are people who cannot get out of the hospital setting because there are no vacancies. There is a backlog of people living at home needing at an increased level of care as well as those who need urgent care. This has become a critical situation statewide.

Brian Nagler stated that Assisted Living Facilities are handling individuals with higher acuities handling the nursing home clients of yesterday. Assisted living facilities are keeping people longer and involving hospice, which does not help open up any beds. Beth added that this becomes a funding issue because some people are private pay so facilities can charge privately what they need to recoup staying operational, but many of the facilities (whether a nursing home or other types of care) are funded by public dollars such as Medicaid and Family Care. The reimbursement rate for facilities through Family Care, for example, is lower than needed to operationalize. The low reimbursement rate is affecting facilities from going into this business and staying in this business.

Pete Christianson asked whether there are beds available in Fond du Lac and Appleton and whether the situation is similar to Winnebago County. **Beth Roberts** responded that this varies day by day and there may not be any openings for publicly funded facilities within the county; however, there might be an opening located several counties away. If there is a spouse who is still in the home is unable to drive at night or does not drive on highways, this could be a problem for them. Beth reported she is working on development of a live, sortable Google document that all facilities could input openings into and could be accessible to everyone who is attempting to locate appropriate placements. Pete related that when he was working, there were big concerns with Winnebago State Hospital being located in Winnebago County that counties all over the state would move people into the facility then originating county was considered to no longer be responsible after a year as they were then considered to be a resident of Winnebago County. Beth stated this has changed and that on the day of discharge, residency is considered to be with the originating county.

Liz Jones stated that Fox Valley Technical College has something called the BizSquad which is a combination of IT students and business students who take on building websites for non-profits and small businesses. Another thought Liz had is a class that designs content for the web and stated she thought there might be a class that could put this together. Liz stated this might be best in the form of an app and will work with Beth on this project.

Mike Norton stated that he felt the whole County Board should hear about this issue and stated there is a special-order meeting in May or September and hoped Jeremiah could attend. Mike shared that he felt the app is an excellent idea and is interested in helping to get that started. Organizations such as Wisconsin Counties Association (WCA) or the Wisconsin Counties Human Services Association (WCHSA) could include the involvement of other counties. This in turn could help the State realize the success and would then be more willing to put funding towards the effort.

Pete Christianson asked if a grant could be secured for this effort. **Liz Jones** stated that a Dawn Grant might be a consideration if disabilities were incorporated into the effort. **Paul Janty** added that perhaps UW-Oshkosh might be willing to assist in this effort.

Claire Steger asked how available Parkview Health Center and if this is the correct timing to look at their situation. **Beth Roberts** stated that even though Parkview is a county-run, they are in a similar situation to other nursing homes. Parkview placements are highly sought after due to their good reputation and tend to have a longer waitlist than other nursing homes. Claire asked whether being a county-run facility would allow more access to funding than a private provider would have. Beth stated that is not the case since non-profits can carry over profits and have more available resources than a county-run facility which has to turn over any profit at yearend.

Paul Janty stated there will be three more presentations for Jeremiah next month **Liz Jones** asked if a presentation could be done for the Builder's Association. **Beth Roberts** agreed with this and also stated that developers should be included as well. Liz stated she will reach out to the Fox Valley Home Builders Association and FVTC's Construction Management Department as their Advisory Committee is comprised of many builders. Paul stated that City Council and the Housing Authority should be included. Beth stated there is a lot occurring with housing right now including homelessness. The City recently conducted a housing study and there is a coalition with other counties focused primarily on homelessness; however, there is not an actual housing coalition like Paul is referencing, but one may come out of this effort.

In response to Claire's concern, **Harold Singstock** stated that there is more demand and not enough funding on individual, federal, state, and county levels. Harold stated that the State of Wisconsin annually determines the maximum amount of tax levy funding Winnebago County can utilize. In Winnebago County, over 60 percent of the budget is allocated to Human Services and the Sheriff's Department. There are other departments that need funding to perform their services as well. Harold stated that if the County wanted to somehow add onto Parkview, the money is just not there and will likely never be there as there are many demands for services.

4. **Transportation updates – Nicole Davis Dawald:**

Updates were postponed to an upcoming meeting as Nicole was not in attendance.

5. **Reports:**

a. **Manager Reports:**

Beth Roberts reported the following:

- **Caregiver shortages** – Beth stated at the last Committee meeting there was discussion that she would send out emails to gather information from different agencies about the impact of caregiver shortages, salaries, etc. Beth stated over the next two meetings, the Committee will continue the caregiver shortage discussion and that Harold's statements are accurate. Beth added that even if Parkview had the funding and added on another wing, there would not be enough staff due to the tremendous caregiver shortages.
- **June 25th wheelchair wash event** – Beth stated that next month a wheelchair wash meeting will be held. Members interested in helping with planning should let Beth know. Typically, planning consists of about three meetings which are less than an hour each.
- **Upcoming meetings vote:** Beth stated in April there will be vote on how to proceed with meetings to determine whether meetings will be held in-person, Zoom, or hybrid.
- **Managed Care Organizations at May meeting:** Beth has invited representatives from each of the managed care organizations to attend the May meeting, as is done annually.
- **Homelessness grant:** Beth reported that through the Neighborhood Investment Fund grant program, the State awarded Winnebago County a \$10.3 million grant to combat homelessness. One of the targeted purposes of the grant is for the creation of a housing resource center to help prevent homelessness in the community. Because the ADRC has been so successful, the homelessness resource center will be housed within the Long-Term Support (LTS) Division. Right now, the LTS Department consists of: Adult Protective Services (APS), benefit specialists, ADRC, Children's Long-Term Support (CLTS), and the homelessness prevention resource center will be added in the near

future. The difference will be whereas the ADRC serves a specific population of people with all different kinds of resources, this will serve all kinds of people with specific resources to help prevent homelessness. The temporary name is HELP (Homelessness, Eviction, and Loss Prevention Program) and will be going to the Board for approval.

Brian Nagler reported being very busy right now and agreed with Beth that his Department takes a lot of need-based calls, especially for housing, and there are times where people are sent away without being able to be given a good resource due to none available. So, the homelessness prevention program (HELP) is very much welcomed and credited Beth with having a lot to do with obtaining the grant. Brian reported being in the process of interviewing for a new MA assistant to help out with being the liaison between the ADRC and LTS to get people eligible from a Medical Assistance standpoint for the Family Care and IRIS Programs. The MA position is a contracted position through Valley Packaging.

b. Committee Member Updates:

Fritz Rudy continues to work on building infrastructure and is making some headway on getting his website up and running as well as continuing with fundraising efforts.

Tamar Mathwig reported that tomorrow, March 15, the Winnebago County Veteran's Services is holding one-on-ones with veterans to discuss eligibility. No appointment is necessary for this free event which is being held from 8:00 to 4:00 PM at the Omro Community Center. The goal is to educate rural veterans and surviving spouses on what their benefits are. Tamara also stated that March is National Social Worker Month and gave a reminder to thank all social workers.

Pete Christianson reported the medical locker is very busy and Tuesday he had 26 calls in two hours. Another 16-foot Grain Train is going to Westfield, Wisconsin on April 16th. Grain Train started out as a religious based charity organization which has now expanded with Brakebush warehouse space being utilized where donations are placed in shipping containers which will be going to Ukraine.

Claire Steger had no updates to report.

Kate Pfaendtner had no updates to report.

Jan Olson had no updates to report.

Harold Singstock had no updates to report.

Liz Jones had no updates to report.

Mike Norton had several items to report:

- Mike stated he has every intention to have April be recognized as Autism Awareness Month via a Board resolution; however, the County Executive would like to make the proclamation. Mike stated he asked the County Exec that Liz be in attendance also Caravel Autism to increase awareness.

- Mike reported that a podcast called The Kosh Show is looking for free ads to put on his show. Contact Timber Smith to have recorded ads put on his show.
- At the February Commission on Aging Committee for Oshkosh, Mike Rohrkaste will be announcing the launching of a new program in March. **Beth Roberts** reported that Alisa will be doing a presentation on the new program as she has had a large part in bringing that program to the area.
- Mike reassured the Committee that whatever format meetings are going to be, hybrid should always be maintained as an option, which was one good thing to actually have come as a result of COVID.

Paul Janty stated that prior to retirement, his job was in budget and finance. 150 beds equal another 30-40 staff.

Fritz Rudy commented in regards to Mike's statement regarding the COVID pandemic resulting in the ability to telecommute. Individuals with disabilities and chronic conditions have been attempting to have this technology be considered acceptable; however, it took COVID to affect able-bodied individuals for this to occur. Fritz felt a blurb could be brought up through the Committee's advocacy that as the pandemic ends, to maintain the message that having the ability to utilize teleconferencing is still a good thing, especially for those disabled members of the community who need it.

6. **“Community Beat” – Sharing of Compliments / Complaints from Community, Consumers, Providers – Committee Members:**

7. **Next Meeting – Monday, April 11, 2022 at 3:00 PM via Zoom.** **Paul Janty** stated that according to the schedule, the next meeting is listed as April 11th in-person at Neenah. **Beth Roberts** stated the intent was to discuss this at the April meeting in order to potentially hold the May meeting in-person. There cannot be a vote at this meeting; however, there can be a discussion on whether to have this be an agenda item for the April meeting. At this point, Paul felt the meeting should continue to be held via Zoom due to COVID. **Mike Norton** stated that the Health board is meeting in-person for the first time this Friday morning. **Elizabeth Jones** clarified that the in-person meeting would actually be in May and that the decision for that would be made at the April meeting. **Alana Erickson** stated there will be more feedback after the Board on Friday about how well that works. There is new technology that could make it a lot more feasible to have a hybrid model than it has in the past. The Board meeting will be Friday at 7:30 AM in Room 120 of the CAB with a Zoom meeting online.

With no further business, **Paul Janty** adjourned the meeting.

Respectfully submitted: Beth Roberts