

**WINNEBAGO COUNTY
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**

MEETING MINUTES

DATE OF MEETING: Monday, August 14, 2023

TIME OF MEETING: 3:00 p.m.

PLACE OF MEETING: Oshkosh Human Services Building
Room 033
220 Washington Ave.
Oshkosh, WI 54901

Members Present: Jan Olson, Michael Robinson, Rob Paterson, Harold Singstock, Jim Ponzer? Elizabeth Jones (virtual),

Members Excused: Kate Pfaendtner, Sue Ertmer and Brook Slick

Fritz Rudy and Tamar Mathwig

Staff Present: Nicole Davis-Dawald, Brian Nagler, Karena Jolin (Virtual), Lori Duclon

Jan Olson called the meeting to order at 3:00 PM. Committee members gave self-introductions. Members should provide Beth Roberts with updated phone numbers and email addresses for the committee member roster. Jan noted that Committee President Kate Pfaendtner's term expires on 08/23/2023.

1. **Public Comments:** No public comments.
2. **Approve Minutes of the July 10, 2023 Meeting:** A motion was made by **Michael Robinson** to accept the July minutes which was seconded by **Rob Paterson**. Rob asked for clarification regarding the Partnership Family Care Option mailing that the State sent out. **Brian Nagler** explained that anyone enrolled in Family Care or IRIS received a mailing to inform them of the additional option being available. Brian also stated an additional correction to the July minutes by indicating that he had specifically been working in the Neenah office not just in the office. Additionally, Rob inquired to **Elizabeth Jones** about the Comprehensive Community Services (CCS) Program to which Elizabeth reported that she was told it is a county program for individuals with disabilities which can include assistance with independent living. Brian explained it is a MA service for people with mental illness.
3. **State Budget – Beth Roberts:** **Brian Nagler** shared updates regarding the State budget. There is potentially more money for Adult Protective Services (APS) which will be distributed to ADRCs which will likely be utilized towards systems rather than additional staff. The State is still looking at funding of the ADRC budget which remains unallocated at this point.
4. **Dementia Care Updates – Alisa Richetti:** **Alisa Richetti** provided the following program updates:
 - **Powerful Tools for Caregiver class** – Class is held from 4:00 to 5:30 PM on Mondays September 18th through October 23rd at the Oshkosh Public Library. All types of caregivers are welcome to attend this free class.
 - **Fox Valley Memory Project Mind Works classes** – Classes are held at the Oshkosh Senior Center on Thursdays from 11:00 to 2:00. Starting August 28th an additional Mind Works class will add Mondays from 11:00 to 2:00 at Fox Valley Technical College's Riverside Campus in Oshkosh. The class is \$10 or free for those who are eligible for Alzheimer's Family Caregiver Support Program (AFCSP) funding. This can be used as respite for the caregiver.

- Virtual Dementia Tour – ADRC staff consisting of Information and Assistance (I&A) specialists, Adult Protective Services (APS) workers, and Benefit Specialists went through the tour in July and August along with additional training on dementia products and tools. Winnebago County Mental Health staff have also been attending tours when there are openings. Tours continue to run the second Thursday of every month from 9:00 to noon at Parkview with timeslots beginning at 9:00, 10:00, and 11:00 and preregistration is required. Additional dates and times can be set up for groups wishing to attend as a team building activity. Informational books and schedules of caregiver support groups are also available at the training. Members discussed facilities in the community as well as usage of the dementia trainings by community members. All ADRC dementia care specialists throughout the State are trained by the Wisconsin Alzheimer's Institute who in turn provide training and education to other ADRC staff and the community. Dementia prevention was also discussed including over-the-counter medications, risk factors, and being proactive by being physically active, brain stimulation, socialization with others, as well as sleeping and eating well.
- Alisa explained the role of the DCS and the dementia services that are offered.
- Purple Tube Project: This is a pilot project in the Fox Valley region which provides first responders with important emergency contacts, medical information, and a recent picture for the individual via a tube placed in the refrigerator. A sticker is affixed to the threshold of the individual's front door to alert first responders to the availability of the purple tube. The project is being piloted through Fox Valley Memory Project, Mosaic Family Health, and some ADRCs. Data and feedback are being collected to determine how the program is working. **Elizabeth Jones** inquired whether there any similar programs for individuals with disabilities. The File for Life was also discussed which is available to the general public for individualized emergency contact information.

5. **Next Meeting Agenda, possible Scope of Services Contract or Care Management Organizations:**

6. **Reports - Committee Member Updates:**

Nicole Davis-Dawald reported the following:

- Specialized Transportation plan –To create a coordinated plan for specialized transportation for 2024-2028, a community meeting will be held on September 6th from 12:00 to 2:00 PM. There is also a survey being conducted by East Central Wisconsin Regional Planning Commission to determine the community's transportation needs throughout the county.
- Yard Clean-up Project: A yard cleanup project will be occurring October 22 from 9AM to 12:00 PM. Habitat for Humanity has partnered with the effort and will be providing equipment, usage of their volunteer signup portal, and their liability forms. A maximum of 30 yards will receive raking, yard clean-up, and brush clean-up. Elderly or disabled individuals interested in having their yard cleaned up should contact Nicole Davis-Dawald. The hope is to get Oshkosh Area School District students to sign up as the goal is to connect youth to disabled individuals. The Senior Center will be the headquarters. Other partners include Care Patrol donating food, Kwik Trip and Festival Foods are donating gift cards, and 4-Imprint has donated shirts for volunteers.

Brian Nagler: Brian reported being extremely busy including walk-ins, 52 enrollment packets were submitted to Family Care / IRIS.

Lori Duclon: Reported that Strong Bones classes are starting in September, Mind Over Matter classes starts in September (women with bladder issues), more upper respiratory issues and COVID virus has been reported recently.

Next meeting: September 11, 2023