

**WINNEBAGO COUNTY
AGING & DISABILITY RESOURCE CENTER (ADRC) COMMITTEE**

MEETING MINUTES

DATE OF MEETING: Monday, April 8, 2024

TIME OF MEETING: 3:00 p.m.

PLACE OF MEETING: Oshkosh Human Services Building. Room 033, 220 Washington Avenue, Oshkosh, WI 54901

Members Present: Jan Olson, Rob Paterson, Sue Ertmer, Jim Ponzer, Lim Lauer, and Harold Singstock,

Members Absent: Kate Pfaendtner, Brook Slick, Tanisha Alvarado, Tamar Mathwig, Elizabeth Jones

Staff Present: Beth Roberts, Brian Nagler, Alana Erickson (Public Health)

Others Present: Larry Lautenschlager

The meeting was called to order at 3:04 p.m. by Vice Chair Jan Olson.

1. **Public Comments:** N/A.
2. **Approve Minutes of the March 11, 2024, ADRC Committee Meeting:** Sue Ertmer made a motion to approve the March minutes, motion seconded by **Harold Singstock**. Members discussed that Will Terry from Rachael Cabral-Guevara's attended March's meeting and did follow-up with concerns regarding a bill. Minutes approved by committee.
3. **Falls Prevention – Beth Roberts and Brian Nagler:** Beth Roberts provided information on the Falls Prevention Program which is a combined effort between the ADRC, Oshkosh Fire Department, Winnebago County Public Health, Rebuilding Together, Oshkosh Senior Center, and local health providers. The 2-1-1 Program reaches out to individuals who experience a fall to offer a variety of services to include ADRC services, a falls assessment through Public Health, building strength / balance classes through the Senior Center and Public Health, home modifications through Rebuilding Together, and Ascension in-home support. Individuals who have experienced multiple falls can avoid receiving a fine from the Oshkosh Fire Department by partaking in one of the services offered. In 2023, there were 1869 falls by 1623 individuals of which 292 accepted referrals to ADRC. Beth shared a handout containing fall statistics thus far in 2024. A large number of the calls to the fire department are from assisted living facilities as their liability policies prohibit lifting an individual who has fallen. In an effort to reduce assisted living facility calls, the fire department is looking into 1) devices that could be placed at these facilities which could provide falls assistance and 2) fining assisted living facilities for these calls. In addition, Representative Lori Palmeri is proposing legislation requiring facilities to assist individuals who have fallen. Nymb1 is a free phone app that provides 10 minutes per day of personalized balance training. Committee members discussed various fall assistance devices including Hoyer lifts. A biometrics machine is available at the Oshkosh Senior Center to assess an individual's fall risk potential. Outcome results are now being tracked for fall referrals.
4. **Wellness Plus – Alana Erickson from Public Health:** Alana Erickson announced that Joanne Murphy-Spice is retiring in June. Joanne's position will be expanded into a full-time position coordinating Wellness Plus classes along with serving as a community health worker. The position is partially funded by through the ADRC utilizing Older Americans Act funds along with grant funding. A new flier with a QR code is now available for making referrals directly online.

5. **Committee Terms – Beth Roberts:** Beth Roberts gave a reminder that Rob, Jan, and Kate are approaching the committee term limit maximum of serving three two-year terms. Recommendations for new committee members should be made to the county exec's office. 12 members serve on the committee with a maximum of two county board members. Past members are welcome to continue to attend meetings and participate in discussions; however, will be unable to vote and are allowed to return to the committee after a gap of time. At least half of the committee members need to represent the aging 60+ population. Former members from the City of Oshkosh's Committee on Aging may have an interest in serving. Committee members discussed many positive contributions the committee has made in the recent past.

6. **Reports - Committee Member Updates:**

Jan Olson – No updates to report.

Brian Nagler – Brian reported that an administrative staff member is returning May 6 after a maternity leave. This month there were 50 enrollments to Family Care and IRIS along with 103 unduplicated functional screens. Asset assessments can be done for individuals seeking Medical Assistance. A survey is being done on staff job satisfaction. Beth added that a professional referral form has been developed in response to the recent increase in functional screenings requests. The ADRC's typical process is to complete a functional screening when financial eligibility is met. Information gathered during the functional screen includes whether assistance is needed for daily living activities such as bathing, dressing, eating, taking meds, meal preparation, transportation, etc.

Sue Ertmer – No updates to report.

Jim Ponzer – Jim is awaiting a call from Bob Lynk to see if he can present the ADRC brochure to the Oshkosh Truck union this weekend.

Beth Roberts – 1) The professional referral form will be available on the ADRC website shortly. 2) A new part-time project position will be starting in the ADRC to provide assistance in locating and coordinating resources.

Rob Paterson – Rob stated that he was unable to attend the last meeting but stated the Oshkosh Herald reported the committee talked about increasing rides and changing of bus routes. Beth responded that the City of Oshkosh has minutes on available on their website and that the city had a consultant look at public transportation. Ideas are being addressed including making rides more efficient, a daily maximum expense cap for frequent riders, and possibly eliminating monthly passes.

Jim Lauer – 1) Jim reported that his new smart watch automatically called emergency services with a fall alert when he banged his arm hard. 2) Neenah's Committee on Aging meeting is next week, and Menasha's is on Friday. He shared that the ADRC services are often brought up in both meetings. 3) Jim received a response back from the letter he wrote to Will Terry from Rachael Cabral-Guevera's office indicating she is genuinely listening to voices. Beth further added that the wording on the bill was amended to help prevent financial exploitation by GALs.

Beth Roberts – The Interdisciplinary Team (IT) is meeting on May 7th at 1:30 p.m. at the Coughlin Center. The focus is on dementia issues, support, and prevention.

7. **Community Beat:** N/A

8. **Future Agenda Items:** Future agenda items will be the upcoming wheelchair wash and rotating committee meetings to Neenah location.

Next meeting: May 13, 2024