



re:THINK Meeting: Nutrition Obesity Diabetes Committee

Date: August 14, 2012

Location: Becket's

Minutes taken by: Brenna Root

Attendees:			
Sarah Wright	NOD Chair/re:THINK	Peggy West	OASD
Denise Krueger	WCHD	Brenna Root	AmeriCorps/re:THINK
Vicki Schorse	Affinity		
Carla Hyzinga	Nutrition Counselor		
Megan Bartelt	Acupuncturist		

Topic	Facilitated by:	Discussion	Actions
eatsmart!	Sarah	<p>Pilot program through October, looking to try to expand. Some sites are up and going, some are still going through the process. www.eatsmartwi.com</p> <p>Possible contacts for new sites: Mahoney's, Planet Perk, Manila, Green Gecko.</p> <p>Press release will go out week of September 17th, posters and brochures will go to restaurant sites.</p> <p>Vicki mentioned to get in contact with Affinity employee network to distribute information.</p> <p>Restaurants interested in being part of eatsmart can contact Sarah or Denise.</p>	<p>Denise and Carla will contact restaurants in Oshkosh and follow up/make new contacts.</p> <p>Brenda will contact additional restaurants in Appleton.</p>



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Through effective community collaboration, re:THINK creates an environment that enables healthy lifestyle choices and deters substance abuse in order to improve the quality of life for all Winnebago County residents. This partnership would not exist without support from the Winnebago County Health Department and other local agencies, organization and community members.

P. O. Box 2080 | 112 Otter Ave | Oshkosh, WI 54903-2808 | 920.232.3000

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Farm 2 School/CTG	Sarah/Group	<p>Farm to School program is a requirement of the new Transform Wisconsin grant money we have received.</p> <p>What will be the #2 item that we focus on? Brainstorm: Where will we get the biggest impact?</p> <ol style="list-style-type: none"> 1. Farmers market: free food samples to kids 5 and under, expanding to senior populations and lower income 2. Community garden: promote garden, demonstrations on planting, involve Master Gardeners, 3. Expand eatsmart to preschool population, such as daycares and child care centers/Boys and Girls Club/Head Start/YMCA: <ul style="list-style-type: none"> ○ Is daycare part of the Farm to School population? ○ "Thumbs up" from eatsmart will be recognized by kids (no words to read) ○ Get dieticians to work with daycares ○ Schools and health systems connect with daycares 4. Meals on Wheels or other senior meal programs. 5. Expand eatsmart to more restaurants and other venues: <ul style="list-style-type: none"> ○ System-wide change ○ Needs to be a consistent, recognizable message ("kid friendly") 	Is the daycare/child care population included in Farm to School?



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		<ul style="list-style-type: none"> - possibly use MARC?) o Could be expanded to livesmart and movesmart 	
Other grant information CTG	Sarah	Meet and Greet webinar with state of WI will occur sometime next week, SHOW surveys will be a part of data collection, need to start to gather people who are interested and garner support of initiatives. Still in planning stages, more to come in September.	
Coord. Reg. Resp.	Denise	Still working out the structure with the 5 counties and agencies. Next meeting is Thursday; will begin working on informational hand out and discuss screening of Weight of the Nation video.	
Farmers Market Update	Denise	Foodshare usage at farmers market (It doesn't seem like a lot of people are taking advantage of this) WIC farm stand at the Health Department (how is this going?)	Create supporter sheet with signatures collected at farmers market
E. Cook Garden	Sarah/Group	Spoke with PTO members from E. Cook school; they are very interested in concept of using their garden to expand the kids' experiences with fresh vegetables. Ideas for maintenance of school garden: <ul style="list-style-type: none"> o Neighborhood group – church group or master gardeners involved o Different groups in schools each take 1 week o Partner with retirement community for assistance Jenny Weston at Traeger also interested in a greenhouse or garden there.	



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Next Mtg	Sarah	September 11, 2012. 1:30 – 3:00. Becket's. <ul style="list-style-type: none">o Discussed possibility of committee meetings every other month; with alternate months being workgroup sessions.	Discuss Food Day and alternate meeting schedule at next meeting.



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