



re:THINK Meeting: Nutrition, Obesity, Diabetes Committee

Date: Tuesday, March 12, 2013

Location: Becket's Restaurant, 2 Jackson St. Oshkosh

Minutes taken by: Ellie Krueger

Attendees:			
Sarah Wright	re:THINK, Committee Chair	Angela Berholtz	Community Member
Ellie Krueger	reTHINK, AmeriCorps	Carla Huizenga	Community Member
Kate Yonke	Community Member		
Cynthia Thorpe	Community Member		
Peggy West	OASD Food Service Director		

Topic	Facilitator:	Discussion	Actions
Introductions	Sarah	Roundtable introductions/welcome	
eatsmart!	Sarah	<p>-Preparing for "Phase II" of the eatsmart! pilot</p> <ul style="list-style-type: none"> <li>• New professional binder toolkit for all participating restaurants includes formal contract, restaurant action plan, logo options for required menu labeling, window cling for restaurant entryway</li> <li>• All establishments from Phase I will need to recommit and sign contracts committing to recipe analysis, menu labeling, in-store advertising, etc.</li> <li>• Suggestion to consider adding section to address kid's meal options</li> </ul> <p>-Need formal commitment from restaurants before healthcare agencies promote program</p> <p>-Looking to certify a few additional establishments in Winnebago, Outagamie, and Calumet counties</p> <p>-reTHINK will present the eatsmart! program at the WPHA Conference in</p>	<p>-Volunteers interested in becoming the eatsmart! spokesperson for an area restaurant contact Sarah</p> <p>-Carla Huizenga would like to contact Manila and Mahoney's</p>



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P. O. Box 2080 | 112 Otter Ave | Oshkosh, WI 54903-2808 | 920.232.3000

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		<p>May</p> <p>-In future years hope to incorporate certification into school meals program but need to allow 2-3 years for adjustment to new sodium standards</p>	
Fun Food of the Month	Ellie	<p>-Always open for volunteers: remaining dates are 4/25, 5/23 from approx. 10:30 A-12:30</p> <p>-In the process of developing program for next year</p> <ul style="list-style-type: none"> <li>• Locally grown produce whenever possible</li> <li>• Menu highlight and incorporation in school meal will replace monthly flyer and sampling</li> </ul> <p>-Provided some assistance to Lourdes Academy &amp; Davis Childcare 4K program; plan to continue to expand involvement with other schools in county that are interested. Looking for funding from additional grants.</p>	<p>-Interested volunteers contact Ellie at <a href="mailto:ekrueger@co.winnebago.wi.us">ekrueger@co.winnebago.wi.us</a></p>
Middle School Event	Ellie & Sarah	<p>-April 18<sup>th</sup> at Merrill Middle School (6<sup>th</sup> grade students)</p> <p>-Student chefs from FVTC will demonstrate a healthy, kid-friendly recipe that can be taken home and prepared by the students</p>	-Ellie will prepare press release & media advisory
School Gardens	Sarah / Committee	<p>-Reviewed garden timeline through Sept. '13 for gardens at E.Cook, Webster, and North HS</p> <p>-Curriculum and garden design meetings are underway</p> <ul style="list-style-type: none"> <li>• "Adopt-a-week" program to encourage family/community ownership</li> <li>• Suggestion to partner with nearby nursing homes, senior center, day cares, Park &amp; Rec, and YMCA for field trips/shared community</li> </ul>	-Contact Sarah if interested in attending April 13 <sup>th</sup> event at Growing Oshkosh to sow seeds



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		<p>maintenance</p> <ul style="list-style-type: none"> <li>-Health Department will work with schools to develop a food safety protocol to ensure that students can safely eat the food they grow</li> <li>-reTHINK summer intern will develop replicable school garden development toolkit</li> <li>-GO was recently awarded a \$1,000 grant and \$3,000 anonymous donation through the Community Foundation for school gardens in Oshkosh</li> <li>-NOD member Kate Yonke is attending North HS field trip to Growing Power (Milwaukee) March 24</li> </ul>	
F2S Procurement	Sarah	<ul style="list-style-type: none"> <li>-reTHINK hosted F2S Mixer January 22, including local producers and representation from food service in 5 public and 2 private Winnebago County school districts</li> <li>-reTHINK has contracted with Mary Growe, a coordinator of the Wisconsin Farm Fresh Atlas, to facilitate connection between farmers and schools</li> <li>-Discussed upcoming grant opportunities               <ul style="list-style-type: none"> <li>• AmeriCorps Farm to School, due April 27<sup>th</sup>; focus on expanding farm to school programming in Oshkosh and other districts.</li> <li>• USDA Farm to School, due April 24<sup>th</sup>; focus on procurement</li> </ul> </li> </ul>	
Fox Valley Regional Community Health Coalition:	Sarah	<p>Members of re:TH!NK and NOD attended the recent "Weight of the Fox Valley" plunge, hosted by the Fox Valley Regional Community Health Coalition and the United Way. Goals of the plunge:</p> <ul style="list-style-type: none"> <li>• Educate the community on causes, impact and the complexity of obesity in the Fox Valley</li> </ul>	re:TH!NK representatives will remain engaged with this process and report back to



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Plunge		<ul style="list-style-type: none"> <li>• Build and enhance the Fox Valley's capacity to deal with the issue of obesity by bringing people together</li> <li>• Define the initial steps that can be taken to address the issue of obesity in the Fox Valley</li> </ul> <p>re:TH!NK's projects were captured at the meeting.            Follow up meeting to the plunge is scheduled for April 17<sup>th</sup>.</p>	committee
Next Meeting	Sarah	The next NOD meeting is Tuesday, May 14 <sup>th</sup> , 1:30 – 3:00 pm at Becket's.	



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