



re:TH!NK Meeting: Nutrition, Obesity & Diabetes Committee

Date: Tuesday, January 8 2013

Location: Becket's Restaurant, 2 Jackson St. Oshkosh

Minutes taken by: Ellie Krueger

Attendees:			
Sarah Wright, Committee Chair	Olivia Trabbold	Matt Muelling, UWO Student	Devon Lor, RN
Ellie Krueger, re:TH!NK	Carla Huizenga	Kris Weitz Rammer	Kate Yonke, RD
Peggy West, OASD	Cynthia Thorpe	Barb Sheldon, WCHD/WIC	

Topic	Facilitated by:	Discussion	Actions
Welcome	Sarah	<ul style="list-style-type: none"> Welcome and re:TH!NK into/overview for new attendees Re:TH!NK Partner Agreement Form will be distributed via email within the next month and will allow each individual to confirm/select his/her area and level of involvement <ul style="list-style-type: none"> Explanation of 4 levels of involvement: <ol style="list-style-type: none"> Committee Member: Attends meetings and actively participates in the progress of coalition/committee objectives Workgroup Member: Actively participates in a specific initiative or project (i.e. school gardens, middle school cooking demo event, etc) Committee Affiliate: Not involved at the Member or Workgroup level, but interested in a specific initiative and future involvement General re:TH!NK Affiliate: Community members who support our healthy living objectives but are not actively involved at the present time. Roundtable introductions 	



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Through effective community collaboration, re:TH!NK creates an environment that enables healthy lifestyle choices and deters substance abuse in order to improve the quality of life for all Winnebago County residents. This partnership would not exist without support from the Winnebago County Health Department and other local agencies, organization and community members.

P. O. Box 2080 | 112 Otter Ave | Oshkosh, WI 54903-2808 | 920.232.3000

www.rethinkwinnebago.org | rethink@co.winnebago.wi.us



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Overview of Projects	Sarah	<ul style="list-style-type: none"> • eatsmart! (pilot scheduled through Sept. 2013) <ul style="list-style-type: none"> -Discussion of current barriers and need for restaurant participation criteria (e.g. display eatsmart! in restaurant, menu advertising, education of serving staff, etc) • Farm 2 School <ul style="list-style-type: none"> -Nutrition Education <ul style="list-style-type: none"> ○ Planning another middle school healthy cooking demo (target March 2013) -Fun Food of the Month continuing through May at all OASD elementary schools -School Gardens <ul style="list-style-type: none"> ○ Starting with Webster, Emmeline Cook, and North High School; plan to develop an easily reproducible product to expand to other schools in subsequent years. ○ Kick-off meeting: Tuesday Jan. 15th 6:30PM at Becket's Restaurant -Connecting Farmers to Schools <ul style="list-style-type: none"> • Luncheon on Tuesday Jan. 22 to connect local farmers with Food Service Directors from Winnebago County School Districts 	<p>Invite Sleepy Hollow Farms and Flyte Produce to F2S Meeting (Ellie)</p>
Other Events	Sarah	<ul style="list-style-type: none"> • Fox Valley Community Health Improvement Coalition will host a Healthy Weight "Plunge" (tentative dates 3/1, 3/8) 	



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		<ul style="list-style-type: none"> Goals: <ul style="list-style-type: none"> -Educate community leaders -Build community capacity to deal with the obesity epidemic 	
Involvement Opportunities	Sarah	<ul style="list-style-type: none"> eatsmart! team member contact for restaurants Planning of middle school healthy cooking event School gardens (building, planting, maintaining, harvesting, education, fundraising and community outreach) Fun Food of the Month Volunteer once per month on a Thursday from 10:30 am to 12:30 pm (can do once or many times) 	
Contacts		<p>Sarah Wright (NOD Committee Chair) swright@co.winnebago.wi.us</p> <p>Ellie Krueger (re:TH!NK) ekrueger@co.winnebago.wi.us</p>	
Next Meeting		<p>Tuesday, March 12, 2013 1:30 PM at Becket's Restaurant</p> <p>(2nd Tuesday of every odd month)</p>	



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