

CHIP Healthy Lifestyles Minutes

Date: June 4, 2013

Location: WCHD, 4th floor

Minutes taken by: Linda Baeten

Attendees:		Agency:		Attendees:		Agency:	
Paulette Stoltzmann		WCHD		Molly Butz		YMCA	
Cheryl Laabs		Re:TH!NK		Linda Werner		Affinity Health Foundation	
Teresa Paulus		WCHD		Jenny Wesner		Community of Hope-GO	
Kristen Biese		Well Woman		Mary Jo Turner		WCHD	
Heidi Keating		WCHD/re:TH!NK					

Topic	Discussion	Action Item(s)	Who?
Welcome / Introductions	<p>Introductions were made around the table.</p> <p>New today:</p> <p>Jenny Wesner is filling in for Doug Bisbee from the Community of Hope.</p> <p>Molly Butz is from the YMCA.</p> <p>Linda Werner is filling in today for Vicki Schorse from the Affinity Foundation. We learned that Vicky's position has been eliminated due to budget cuts. She will be greatly missed!</p>		
Public Comment	None		
Committee Chair Report / Updates	<p>Kristen shared the background of the Healthy Lifestyles Committee.</p> <p>Topics that have been addressed include:</p> <ul style="list-style-type: none"> • Dental Health – worked with Tri-County Dental Clinic • Mental Health – formed a workgroup (Mental Health Shreshop) <ul style="list-style-type: none"> ○ Addressed stigma and Navigation of the Mental Health System <p>More information is available on www.rethinkwinnebago.org</p> <p>Cheryl explained how the work of the Healthy Lifestyles Committee is a result of the CHIP community collaboration process and serves the entire Winnebago County area.</p>	Healthy Lifestyles Committee will be looking for a new topic to address.	
Committee Activities / Projects	<p><u>Mental Health Share Shop – Cheryl</u></p> <ul style="list-style-type: none"> • 30-40 people attend • Address navigation of the Mental Health Care System. 		

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	<ul style="list-style-type: none"> • Has since partnered with the NEW Mental Health Consortium (Amanda Matthews is the contact) to learn <u>No Wrong Door</u> practices and participate in a pilot program for an electronic referral system of patients. (Originally known as PACE, now called RAIL – <u>Referral Access Information Link</u>. – see handouts. <ul style="list-style-type: none"> ○ Other partners include Catalpa, Affinity, Samaritan, Reach, NAMI, Emergency Shelter, CHAPS, Winnebago and Outagamie Counties ○ The pilot program will be working with providers, schools, agencies. ○ \$10,000 in funding is from Affinity’s Community Benefit fund. • Our purpose is to collaborate and make access to Mental Health services easier to obtain: provide the right service at the right time in the right place. <p><u>Suicide Prevention – Teresa Paulus (representing CDRT)</u></p> <ul style="list-style-type: none"> • CDRT (Child Death Review Team) is a State and National program to review and prevent child death by making recommendations to the community. • A letter and recommendations from the Suicide Subcommittee of the Winnebago County CDRT was handed out. Teresa explained the Problem Statement and Recommendations. • YRBS (Youth Risk Behavior Survey) data from Winnebago County was used. Protective Factors and Strategies are from the State and National CDRT. Recommendations were explained. Much discussion took place. <ul style="list-style-type: none"> ○ Teen Screen would be a good option to consider – would need funding. • Teresa asked the Healthy Lifestyles Committee of re:TH!NK to take on the task of addressing prevention of suicide among 	<p>The next No Wrong Door Training is June 21st – an action meeting.</p> <p>The Mental Health Shareshop will be meeting June 13th and continue to meet every other month – a networking meeting.</p> <p>The next meeting of the Healthy Lifestyles Committee will identify how we can address youth suicide.</p>	

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	<p>Winnebago County's youth.</p> <p><u>STI Workgroup Update – Paulette</u></p> <ul style="list-style-type: none"> • WCHD participated in an STI Taskforce funded by HWLI • Identified high incidence of Chlamydia and Gonorrhea in 15 to 24 year olds. Initiatives to address the problem: <ul style="list-style-type: none"> ○ Sessions held for Parents interested in learning how to “talk” to their teenagers at the Boys and Girls Club ○ Promote the use of condoms: made available for free at some Main St. businesses, providing education in Freshman Health Classes, “Condom Board” located at Health Depts and WIC, Planned Parenthood. ○ Developed a Power Point for PHNs to get the word out to Doctors, NP’s, PA’s about EPT (Expedited Patient Therapy) where a prescription may be written out for a sexual partner. ○ Need to inform people where to go to get tested and treated. (Film developed by UWO Students) ○ Have an Oshkosh School partnership grant to look at the sexual health curriculum and compare it to the National evidence-based curriculum. Plan to do a pilot program for 7th Graders. <p><u>Dental Health Project – Teresa</u></p> <ul style="list-style-type: none"> • Teresa worked with UWO Nursing Students to develop resource materials. Presented findings to Housing Authority residents. <ul style="list-style-type: none"> ○ Details options for Dental Care if you have no insurance, are underinsured or on Medicare/Medical Assistance. ○ Discussion on who else could best use this information. 	<p>Need to update the Healthy Lifestyles Action Plan to include STI initiatives.</p> <p>Need to get school nurses the ability to hand out condoms.</p> <p>Have WCHD clerical staff send information out to those who may need it.</p> <p>Do a project with Nursing Students.</p>	

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Moving Forward / Next Steps	<p><u>Next Steps:</u></p> <ul style="list-style-type: none"> • Dissemination of Dental information • Establish work plan for Teen Screen - youth suicide prevention. <p>Next Meeting:</p> <ul style="list-style-type: none"> • Plan to continue meeting at the County Admin Building, 4th floor conference room. <ul style="list-style-type: none"> ○ Participation at Healthy Lifestyle meetings has been small. Will invite more partners who may be interested in new objectives, mention at Mental Health Shareshop. • Meet again next month, continue monthly meetings for now. TBA 	<p>Invite new members.</p> <p>Look for a Meeting Wizard from Kristen.</p>	