

CHIP Healthy Lifestyles Minutes

Date: July 16, 2013

Location: WCHD, 4th floor

Minutes taken by: Linda Baeten

Attendees:	Agency:	Attendees:	Agency:
Teresa Paulus	WCHD	Tekla Winarski	WCHD
Kristen Biese	Well Woman	Carolyn Slavik	Affinity Health System
Doug Bisbee	Community of Hope-GO	Linda Werner	Affinity Health Foundation
Alecia Raschke	WCHD		

Topic	Discussion	Action Item(s)
Welcome / Introductions	Introductions were made around the table. Welcome Alecia Rascke and Tekla Winarski, students from UWO in the accelerated BSN program doing their clinical experience with Public Health. Welcome Carolyn Slavik from Affinity Health System.	
Public Comment	None	
Committee Chair Report / Updates	<ul style="list-style-type: none"> Kristen reported the Mental Health Shreshop is now meeting quarterly with an emphasis on networking within the group. Members of the Shreshop are now involved with the NEW Mental Health Connection studying No Wrong Door and RAIL. CDRT funded a poster project modeled after the Outagamie 211 poster for mental health. Teresa provided an example. It needs a little tweaking and will have tear-offs with numbers and websites. <ul style="list-style-type: none"> There is a need to develop a plan of distribution. A list was brainstormed: Providers, Housing, Neenah/Menasha, Libraries, Hospitals, Winneconne and Omro, Affinity Clinics, Sr. Centers, Samaritan, UW Fox Valley, ThedaCare, Father Carr, Aurora, Living Healthy, Food Pantries. Need to switch out the Outagamie posters with Winnebago County posters at Neenah Human Services. 	<p>Carolyn will provide a list of clinics and a count of how many posters would be needed at Affinity.</p> <p>Kristen will contact Aurora and Thedacare from the Committee contact list.</p>

CHIP Healthy Lifestyles Minutes

Date: July 16, 2013

Location: WCHD, 4th floor

Minutes taken by: Linda Baeten

Topic	Discussion	Action Item(s)
	<ul style="list-style-type: none"> • No Wrong Door – Kristen explained the initiatives with NEWMHC. <ul style="list-style-type: none"> ○ RAIL is a software system/data base designed to allow access for providers and agencies to send and receive mental health referrals. They are looking at a 3-year implementation plan and hope to have the first module by September. ○ No Wrong Door is working on community education involving training Providers and “front line” staff with No Wrong Door procedures. They meet on third Thursdays (next meeting July 19) at 8:30 at ThedaCare on Midway Rd. All are welcome. <ul style="list-style-type: none"> ▪ Some interest in funding has been found. • Catalpa wants to be active in southern Winnebago County although it will take time. Timeline unknown. • Community Foundation of the Fox Valley has a Women’s Fund. They will be holding a conference on Depression in Older Women at Liberty Hall. • Kristen will ask Amanda from NEWMHC about the recent National Webinar and future opportunities to collaborate on suicide prevention strategies based on recommendations from Outagamie/Winnebago CDRTs. 	<p>Carolyn will send Kristen information regarding the Older Women Conference.</p>
Committee Activities / Projects	<p>Healthy Living Committee will address suicide prevention strategies as their next project. Teresa provided a handout of CDRT recommendations that were presented at the last meeting and gave some background:</p> <ul style="list-style-type: none"> • CDRT meets monthly – all is confidential • There is a recent trend for suicide death for children up to age 18. • YRBS (Youth Risk Behavior Survey) shows Winnebago County has a higher rate than the rest of the state for suicide thoughts and attempts. • CDRT looked at data and developed recommendations. <ul style="list-style-type: none"> ○ Community education ○ Teen Screen ○ Train Primary Care Providers 	

CHIP Healthy Lifestyles Minutes

Date: July 16, 2013

Location: WCHD, 4th floor

Minutes taken by: Linda Baeten

Topic	Discussion	Action Item(s)
	<ul style="list-style-type: none">○ Decrease access to lethal means<ul style="list-style-type: none">▪ Gun locks will be available at events▪ Teresa has a contact for “Means Matters”▪ Establish a local task force – now being addressed by the Healthy Lifestyles Committee▪ Support Groups – however this may lead to ideation.● Particularly interested in getting Teen Screen started in the Oshkosh Schools. It is a Best Practice used by Fond du Lac (for 10 years), Kaukauna (2 years) and Appleton (1 year). Neenah is talking about it.<ul style="list-style-type: none">○ All High School Freshman are screened with their consent and their parents’ consent.○ The first year is managed by Samaritan Counseling for free. The second year the school will begin to fund the program.○ 20% of those screened in Kaukauna were referred.○ Teen Screen will follow a child for 3-4 sessions.○ Need to have an appropriate conversation with key people in the Oshkosh School District and Teen Screen representatives.<ul style="list-style-type: none">▪ Community pressure helps▪ Funding is often a barrier▪ May be able to get letters of recommendation from other School Districts.○ Doug suggested getting Sarah, Teen Screen coordinator from Samaritan, to come to a meeting for input on how to get Oshkosh enthused about Teen Screen.<ul style="list-style-type: none">▪ We may need to target 2014 for implementation in the schools. This gives us time to put together funding.▪ Other programs address Middle School. Could possibly see if Teen Screen could expand to younger grades.● Another area of interest for Healthy Lifestyles would be Supporting Healthy Relationships, especially teen/parent.	

CHIP Healthy Lifestyles Minutes

Date: July 16, 2013

Location: WCHD, 4th floor

Minutes taken by: Linda Baeten

Topic	Discussion	Action Item(s)
	<ul style="list-style-type: none">○ Need to define Healthy Relationships○ Discussed suicide risk factors	
Moving Forward / Next Steps	<ul style="list-style-type: none">● QPR trainings are available from Community of Hope<ul style="list-style-type: none">○ Training takes 1.5 hours○ Doctors, RNs, NPs, would benefit as well as others○ Training for County employees at the end of the month– all welcome○ Could arrange for CEUs○ HL Committee could promote QPR training● Sarah from Samaritan will be invited to the next HL Committee meeting for information on Teen Screen.● Dental Health Resource Guide for the underinsured and those with no insurance has been developed. We may be able to have Americorps members or students develop a distribution plan to proceed.<ul style="list-style-type: none">○ Have already connected with ADRC, HA, 211, and the Health Dept front office.○ Could go to ERs○ To be posted on the re:THINK website under Health Lifestyles○ Tri-County Dental has a bus that travels to Oshkosh, Omro and Winneconne Schools● Doug Bisbee had posters and brochures available regarding help for suicide survivors.	Kristen will contact Sarah from Samaritan to come to a meeting.
Next Meeting/ adjournment	Meeting adjourned 9:50 am. Kristen will send a meeting wizard to determine the next meeting date.	