

re:TH!NK Meeting: NOD Committee Date: Tuesday November 13, 2012 Location: Becket's Restaurant Minutes taken by: Brenna Root/Ellie Krueger

Attendees:						
Barb Sheldon	WCHD WIC Director/Nutritionist	Denise Krueger	WCHD			
Ellie Krueger	AmeriCorps Member, re:TH!NK	Peggy West	OASD Food Service Director			
Brenna Root	AmeriCorps Member, re:TH!NK	Colleen	Dietetic Intern			
Sarah Wright	re:TH!NK NOD Committee Chair					
Linda Werner	Affinity					

Торіс	Facilitated	Discussion	Actions
	by:		
eatsmart!	Sarah	<ul> <li>eatsmart! restaurants reported notable increased sales of eatsmart! menu items during Food Day promotion</li> <li>Each eatsmart! restaurant has been assigned a workgroup representative from their respective counties. Working on a standardized toolkit for county representatives and restaurants.</li> <li>Contacted by Agnesian HealthCare of Fond du Lac- Interested in becoming an extension of eatsmart!</li> <li>Plan is to extend pilot project through the rest of the year (through August 2013)</li> <li>State is working on development of a Wisconsin toolkit featuring eatsmart! and other local restaurant projects in the state.</li> <li>Partnering with Aurora, ThedaCare, Affinity to promote eatsmart! among employee and patient populations through distribution of brochures</li> </ul>	eatsmart! workgroup working on toolkit and marketing efforts.



Through effective community collaboration, re:TH!NK creates an environment that enables healthy lifestyle choices and deters substance abuse in order to improve the quality of life for all Winnebago County residents. This partnership would not exist without support from the Winnebago County Health Department and other local agencies, organization and community members.

P. O. Box 2080 | 112 Otter Ave | Oshkosh, WI 54903-2808 | 920.232.3000

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Торіс	Facilitated by:	Discussion	Actions
		Possible future focus: Improving kid's menus	
Farm to School	Sarah	<ul> <li>Fun Food of the Month: positive feedback from staff and students; extra jicama from FFoM was added to the high school salad bar; students loved it and have asked for it again.</li> <li>Need to assemble and distribute FFoM toolkits for each elementary school (apron, logo sign, etc)</li> <li>Plan to assemble 3 workgroups based on response from CTG/re:TH!NK mailer         <ul> <li>Nutrition Education (Fun Food, cooking demos, classroom visits, etc)</li> <li>School Gardens- Hope to plan site visits for January/February</li> <li>Connecting farmers to schools</li> <li>Email to local producers has been sent and drew some interest</li> <li>Innovation Kitchen in Mineral Point, WI used by LaCrosse County schools to process and freeze local produce; possible site visit. Steve Vickman may know more about this.</li> </ul> </li> </ul>	Assemble Fun Food Toolkit (Ellie) Contact Steve Vickman (Sarah) Assemble workgroups and schedule kick-off meetings (Ellie / Sarah)
Food Day	Ellie & Peggy	<ul> <li>Overall a success- Featured in re:TH!NK cable show, local Fox11 news, radio</li> <li>Moving forward, hope to repeat similar healthy food demos in other OASD middle schools but on a smaller scale later this school year         <ul> <li>Peggy proposed local Chefs "adopting" a school and making annual visits/presentations (ex. 3 visits per year, one each for 6<sup>th</sup>,7<sup>th</sup>,8<sup>th</sup> grade)</li> </ul> </li> </ul>	



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		<ul> <li>Nutrition Education Workgroup will plan and coordinate future middle school events</li> </ul>	
Transform		• Still leaning towards extension of eatsmart! as the secondary strategy for the	Discuss secondary
Secondary		Transform grant. Will discuss with grant administrators. Community	strategy with
Strategy		assessment using the CHANGE tool can be used to support this decision, but is	grant
		not required for confirming secondary strategy.	administrators
			(Emily)
5 County	Denise	Focus on obesity as result of Behavioral Risk Factor Survey (BRFSS) analysis	Continue to
Joint		• Subgroup working with United Way to coordinate a Weight of the Nation	participate in this
Initiative		community "plunge"	initiative and keep
			NOD informed of
			activities (Denise)
Moving	Sarah	No December meeting (instead will meet with workgroups)	
Forward		NOD committee will meet every other month to free up time for	
		workgroup collaboration	
		<ul> <li>Next meeting: Tuesday, January 8<sup>th</sup> (Becket's glass case)</li> </ul>	



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