



re:TH!NK Mental Health/Substance Abuse Prevention Committee Meeting
 Date: 10-15-15
 Location: Coughlin Center, Meeting Room A, Oshkosh
 Minutes taken by: Lynnsey Erickson

Attendees:			
Lynnsey Erickson, co-chair; AmeriCorps- WCHD/re:TH!NK	Dan Hinton, co-chair; Winnebago County Human Services	Ashley Ester, AmeriCorps- WCHD/re:TH!NK	Cheryl Laabs, WCHD
Heidi Keating, WCHD/re:TH!NK	Anna Carpenter, Lakeshore Tobacco Prevention Network	Kevin Wilkinson, Neenah PD	Brenna Root, WCHD, re:TH!NK
Allison Fritz, UWO Nursing Student	Mike Norton, Winnebago County Board of Health	Fred Umland	Miranda Voss, UWO Nursing Student
Mercedes Wieseckel, UWO Student	Will Heisel, UWO Nursing Student		

Topic	Facilitated By:	Discussion	Actions
Welcome and Introductions	Dan Hinton and		



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	Lynnsey Erickson		
Public Comments		none	
Updating re:TH!NK Mission/Vission	all	<ol style="list-style-type: none">1. Current Vision: A community that engages and empowers all residents to live a safe and healthy lifestyle.2. Current Mission: Through effective community collaboration, we create an environment that enables healthy lifestyle choices and deters substance abuse in order to improve the quality of life for all Winnebago County residents.3. Leadership Council wanted each committee to discuss the current mission/vision and provide feedback if edits need to be made<ol style="list-style-type: none">a. Leadership Council consists of representation from Future Neenah, ESTHER, Winnebago County Department of Human Services, East Central WI Regional Planning Commission, University of Wisconsin-Extension, Oshkosh Area Community Foundation, Winnebago County Parks, Winneconne Police Department, Relocate Fox Cities	



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		<p>4. Do you currently use the mission/vision?</p> <ul style="list-style-type: none"> a. fits what we're currently working on b. we use it for grant writing; very high-level; formal language <p>5. How would you like to use the mission/vision?</p> <ul style="list-style-type: none"> a. tell community what we're up to, roadmap for what we're doing <p>6. Does the mission/vision represent what your committee is focused on? Does it align with what you're doing? Does it serve your committee's needs?</p> <ul style="list-style-type: none"> a. Current mission is a little bit of a mouthful; has lingo and "agency" words b. Could take out "substance abuse" and use that in this committee's specific mission, but we need to keep this as DFC requirement c. We like the wording as is, short, concise, easy to remember d. slogan for mission: "Enabling healthy lifestyle choices", "making the healthy choice the easy choice" e. we want to move more towards enabling healthy lifestyles (rather than having choices, individual choice) 	
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		<ul style="list-style-type: none">f. If you can't remember the mission, too long/wordy; then it's not really serving the organization very well7. Vision is supposed to be more "pie in the sky", big goal8. Mission is supposed to be how you get there.9. Recommendation: Keep current mission and vision, but Leadership Council could create a better slogan than the current one of "Your Life. Your Choice."	
Social Host Ordinance	Heidi Keating	<ul style="list-style-type: none">1. handed out one-pager explaining why a community should adopt a social host; put together with CHIA grant- focusing on alcohol policy<ul style="list-style-type: none">a. local ordinance that holds the property owner or renter of property accountable for serving alcohol to minorsb. used as another tool for law enforcement to ticket parentsc. for parents who serve alcohol to kids, or provide a location; turn a blind eye2. We want to work in municipalities in Winnebago County to get them to pass an ordinance	Kevin Wilkinson will pass social host ordinance information on to Neenah City Council



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		<ol style="list-style-type: none">3. Starting with Oshkosh, though issue with off-campus housing<ol style="list-style-type: none">a. City Council member Ben Stepanek wants to move it forward; we're providing him with resources4. Winnebago County does not have a social host ordinance; they have a state statute 125.07, a general underage drinking statute, which is not technically a social host ordinance, very similar<ol style="list-style-type: none">a. has to do with location piece; 125.07 is who serves the alcohol; social host is who owns or rents the location where it's served to minorsb. best to have both 125.07 and social hostc. not critical at this point to have the county add social host because no one has challenged the current 125.07d. 125.07 however does not cover specific cities or villages (if someone lives within city)5. Biggest issue in Oshkosh: most visibility is on campus; smaller groups of kids in house parties; no longer huge house parties (harder to catch)6. Met with two Oshkosh City Council members	
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Marijuana Education	Dan Hinton and Heidi Keating	<ol style="list-style-type: none">1. Jason Weber forwarded report from Colorado- interesting findings<ol style="list-style-type: none">a. will take time to tellb. a lot of citizens voted for change because they believed extra funds would go to schools, but that's proving not to be the case - didn't collect as much taxes as they thought they would, a lot of it is going back to maintaining the program; easier for suppliers to supply medicinal marijuana to avoid taxation; number of communities not allowing it in their communitiesc. at least 4 deaths this year due to ediblesd. Moving more toward edibles for medicinal (shouldn't be smoking medicine)e. Not in gas stations yet, has to be in a licensed facility (which a gas station could get)2. Coalition in NY put postcards together providing education to parents about marijuana; Neenah school district will be doing the same (wrote for an AODA grant with CESA6), re:TH!NK is helping with postage, to send out monthly to parents - 6 different messages about marijuana: strength of THC, brain	
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		<p>effects; perception of risk among parents increased in NY</p> <p>3. Might want to consider doing a parent survey, like YRBS to gauge parent perception, what they think their kids are doing</p>	
Fox Valley/Tri-County Zero Suicide Initiative	Cheryl Laabs and Lynnsey Erickson	<ol style="list-style-type: none"> 1. Last meeting, Beth Clay from N.E.W. Mental Health Connection attended, which is an “umbrella” organization that the Zero Suicide initiative falls under 2. Tri County effort (Outagamie, Calumet, and Winnebago), systems change that zero suicides is possible in our community 3. meets monthly, 20-30 providers from area attend 4. first step- get mental health providers and health systems to ask questions “Are you feeling depressed?”, “Have you had thoughts of suicide?” for any doctor’s appointment 5. applying for a \$500,000 grant from Mental Health America; to hire coordinator for this area 6. 13.9% Winnebago County high school students responded that they’ve attempted suicide at least once in the 12 months (2014 YRBS) 	If interested in getting involved with Zero Suicide, contact Cheryl Laabs at claabs@co.winnebago.wi.us



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Connected Community Wellness Screening	Lynnsey Erickson	<ol style="list-style-type: none"> 1. Emotional wellness questionnaire, assessing for suicide risk 2. Screening is going well at Oshkosh North and West High Schools 3. Over 300 students are signed up to participate, great increase from last year 4. Omro High School is set to start in spring semester 	
Mental Health Share Shop	Lynnsey Erickson	<ol style="list-style-type: none"> 1. Mental Health Share Shop is a education/networking meeting for mental health providers 2. Next meeting is Thursday, December 10 at 8:30am-10:30am at 4th floor meeting room - Beth Clay from N.E.W. Mental Health Connection will be providing overview of initiatives 	
Real Happy Hour	Heidi Keating	<ol style="list-style-type: none"> 1. Moving forward with creating web resources; we're on social media (Facebook, Twitter, Pinterest) 2. campaign to promote mealtime as a way to build family connections and protective factors; reduce risk factors for substance use, child obesity, mental illness 3. Broad campaign- doesn't define "family", whatever your family is; mealtime is one hour out of the day 4. Resources are trying to be inclusive of barriers 	



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		<ul style="list-style-type: none">5. "Talk. Listen. Connect."6. lots of partners: WIC, Parent Connection, UW-Extension, Outagamie, Winnebago, Calumet7. trying to collect and evaluate data	
Announcements		<p>Heroin Taskforce: Harm Reduction pillar has worked with a treatment provider, and there is now a methadone clinic on Washburn in Oshkosh, opened this week</p> <p>Party at the PAC is Nov. 4 and 5, the night of the 5th, there will be an emergency procedures training for someone who has had a drug overdose (not just a Narcan training) at Neenah Police Department at 7:00pm (11/5)</p> <p>Treatment pillar of Heroin Taskforce put together a treatment guide</p> <p>re:TH!NK Soiree Dec. 3, 4:30pm at LaSure's in Oshkosh</p>	
Next Meeting		December 17 1:00pm; details will be sent out week before	



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