



re:TH!NK Meeting: Healthy Lifestyles

Date: 10/21/2014

Location: WCHD 4th Floor Conference Room

Minutes taken by: Lynnsey Erickson

Attendees:			
Jenny Wesner	Debbie Peters	Lynnsey Erickson	Kristen Biese
Betsy Wandtke	Teresa Paulus	Cheryl Laabs	

Topic	Facilitated by:	Discussion	Actions
Welcome		<ul style="list-style-type: none"> Introductions – new members <ul style="list-style-type: none"> Betsy Wandtke – new Executive Director of NAMI, Oshkosh Lynnsey Erickson – new AmeriCorps member with re:TH!NK and WCHD 	
Chair Report	Kristen Biese	<ul style="list-style-type: none"> Kristen’s last meeting – she has accepted a new position closer to home with Navitus Health Solutions Cheryl will need additional assistance to cover Kristen’s position Looking for a new chair of Healthy Lifestyles committee Dec. 4th meeting will be a combined Mental Health Share Shop & Healthy Lifestyles meeting 	Decide on chair position at Dec. 4 th meeting
Re:TH!NK Cable TV Show	Cheryl	<ul style="list-style-type: none"> The re:TH!NK TV show was filmed and is available to watch on re:TH!NK’s facebook page, website, and Oshkosh’s cable access channel 2 throughout the day On the show, we talked about our support of the Connected Community Wellness Screen with Samaritan Counseling, other mental health initiatives we’re working on. We hope to get a conversation going about mental health in our community. 	
Next Steps / re-	Cheryl	<ul style="list-style-type: none"> How do we get the schools at the table? 	



Through effective community collaboration, re:TH!NK creates an environment that enables healthy lifestyle choices and deters substance abuse in order to improve the quality of life for all Winnebago County residents. This partnership would not exist without support from the Winnebago County Health Department and other local agencies, organization and community members.

P. O. Box 2080 | 112 Otter Ave | Oshkosh, WI 54903-2808 | 920.232.3000

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organization		<ul style="list-style-type: none"> Especially if we have specific agendas related to teen suicide, we need to get the schools involved What kind of help are those who have attempted suicide getting? Implementation of RAIL Sarah Bassing-Sutton started a regional collaboration team for suicide prevention, we want Oshkosh involved Do we want Healthy Lifestyles to be more involved with these other regional action groups? The Healthy Lifestyles group could be more to just meet to fill in about what's happening in other groups. We need a more unified approach rather than all of these smaller "silos" of efforts. 	
211 Helpline Poster Campaign		<ul style="list-style-type: none"> If anyone needs posters, please take some Lynnsey Erickson will be hanging some up at local bars, coffee shops, and other businesses 	
Action Plan		<ul style="list-style-type: none"> Do we include veterans' issues in Action Plan for next year? The VA has a lot of resources for mental health, but veterans just don't always know about the resources Our role may be to distribute information, make public We'll put it on the action plan with a date David Kapelle wants us to get hospitals to ask the question, "Are you a veteran?" before triaging patients in case they need mental health services 	Cheryl will put veterans issues on action plan for next year Need to do more research into issues



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