



re:TH!NK Meeting: Healthy Lifestyles
 Date: 8/19/2014
 Location: WCHD 4th Floor Conference Room
 Minutes taken by: Cheryl Laabs

Attendees:			
Teresa Paulus	Kristen Biese	Leona Whitman	Mari Krueger
Kris LeCompte	Sara Matuszak	Kate Pfaendtner	
Mary Lepinski	Cheryl Laabs	Shelley Lee	
Davied Kapelle	Jamie Orr	Debbie Peters	

Topic	Facilitated by:	Discussion	Actions
	Kristen Biese	<ul style="list-style-type: none"> Welcome 	
Public Comments	Kristen Biese	<ul style="list-style-type: none"> None 	
Presentation	David Kapelle, LCSW Suicide Prevention Coordinator Veterans Affairs	<ul style="list-style-type: none"> Handouts given to all in attendance; including local stats. Winnebago County has a higher rate of Veteran suicide than Wisconsin or the U.S. average. Nationally, 22 Veterans die every day by suicide. 20% of the nation's suicides are veterans. VA Mental Health Care is better than the public sector. All treatments are evidence based. VA – treats Depression with Cognitive Behavioral Therapy. Presented Safety Plan – works well for any emotional crisis. Goal is to have a routine suicide screening every VA visit. 	Re:TH!NK HL committee can help assist with identifying veterans. 1. Local Hospitals are not always identifying when a veteran is hospitalized. (Need to ask the



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PublicHealth
 Winnebago County
 Health Department

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			question) 2. Assist with getting the veteran's Crisis Line out. 3. Assist with family outreach
Youth Risk Behavior Survey Results	Teresa Paulus	<ul style="list-style-type: none"> Discussion / YRBS results will be posted on re:THINK webpage 	
Adult Suicide Death Review	Teresa Paulus	<ul style="list-style-type: none"> Have not yet met to discuss. Will be discussing the possibility of reviewing adult suicides at the Child-Death Review Team. 	
Friendship Place (expansion project in Oshkosh)	Kate Pfaendtner	<ul style="list-style-type: none"> Daytime Outreach Program. History of Friendship Place in Neenah explained. All participants must be under the care of a Medical Professional. "Blend in versus Stand out." New opening: Pop-up Place – 240 Algoma Blvd, Oshkosh. 3-month trial program. Open: Tues, Wed, Thurs. – 52 people attended 1st day opened. Will need funding to continue: by Jan 1st 2015. 	HL Committee members to promote "Pop-Up" place in Oshkosh
Upcoming Events	Kristen Biese	<ul style="list-style-type: none"> Sept. 6th – Center for Suicide Awareness "Ride for Suicide Awareness" Sept. 13th – Center for Suicide Awareness 5K Walk Sept. 24th - Grief in Youth Suicide Webinar Sept. 22nd – Living Mentally Well with Kevin Hines 	HL Committee members to attend if able



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No Wrong Door Training, Rail, 211 Poster Campaign	Cheryl Laabs	<ul style="list-style-type: none"> Update given on No Wrong Door Training and RAIL. Pilot taking place this fall. Agencies in pilot have been trained in No Wrong Door. Need to finish distribution of approximately 200 211 posters (No Health without Mental Health) 	HL Committee to continue to hang 211 posters in local establishments. Kate took posters to put at Friendship Place(s)
Review Action Items / Next Steps	Kristen Biese	Committee members agreed to add items for assisting Veterans to HL Action Plan. Consider working with ER staff and Discharge Planners to identify Veterans who are being serviced.	Kristin / Cheryl to update Action Plan to include Veteran initiatives
Adjournment	Kristen Biese	Next meeting scheduled for October 21, 2014 at 8:30 a.m.	Attend



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